



Genetic Potential Through Nutrition

# Metagenics Product Catalogue 2019

# The Amipro Difference

*Innovative. Forward thinking. Trail Blazing.*

Amipro Advanced Development Products is an importer and distributor of a leading global-brand of state-of-the-art supplements from Metagenics, that delivers profound health benefits, through the Nutrigenomic, Lifestyle and Functional Medicine lenses.

Metagenics is committed to supporting practitioners with the tools they need in the latest advances in clinical nutrition and novel solutions, helping to improve patient outcomes. It partners with global institutions, pioneering ongoing research and clinical studies, culminating in groundbreaking results. It is distributed globally in over 25 countries.

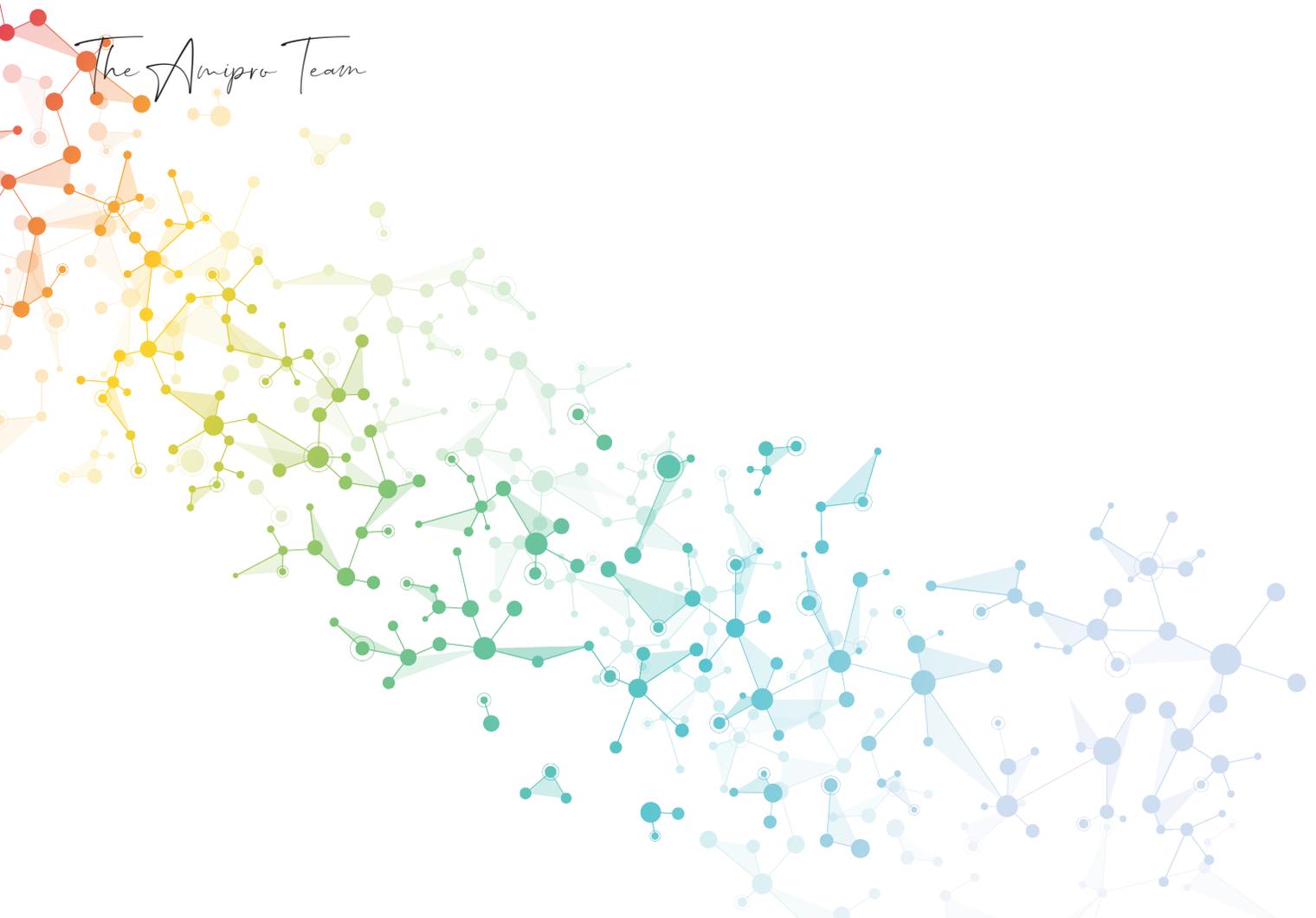
Its unparalleled quality, safety and triple GMP certified manufacturing facility is a leader in the health industry. It offers clearly labelled formulas that are non-GMO, gluten-free and vegetarian to meet every patient's health needs.

High on the list of Metagenics' priorities, is advanced Educational Strategies. We are committed to offer these educational platforms to healthcare providers in every sphere of the industry, to enable patients to receive the benefits of these unique programs, via their Practitioners.

Amipro offers unmatched service delivery as well as accurately researched technical recommendations from its technical team, comprising of graduates in Homeopathy, Pharmacy, Dietetics, Chiropractics, Business and Communication, Marketing and other Professional Bodies. Amipro's employees have an unequivocal passion for customer care, whether interacting face-to-face with healthcare providers or enabling and supporting customers with various advanced online offerings.

Together with all medical professionals, Amipro and Metagenics are leading the way in helping to influence healthy approaches to lifestyle medicine worldwide.

*Yours in Health,*



# Contents

Adrenogen	1	Intrinsi B12-Folate	35	SPM Active	71
Adreset	1	Kaprex	35	SulforaClear	71
AdvaClear	1	Kaprex AI	36	Testralin	73
Andrographis Plus	2	Ketogenic Shake	36	Thyrosol	73
Arginine Plus	3	Ketogenic Soup	37	Trancor	74
Attencia	3	L-Carnitine with Chromium	39	Tran-Q	74
Axis Endo	4	Licorice Plus	39	Ultra CLA	75
Benesom	5	Lipo-Gen	39	Ultra Glucose Control	75
BioPure Protein	5	Lipotain	40	Ultra Potent-C 1000	76
BioPure Collagen Protein	7	Mag Citrate	40	Ultra Potent-C Chewable	77
Black Cohosh Plus	8	Mag Glycinate	40	Ultra Potent-C Powder	78
Blisphora	8	Mag L-Threonate	42	UltraClear Plus	79
Bone Builder Forte	8	MCT Oil	42	UltraClear Plus pH	80
Bone Builder Chewable	9	MCT Powder	42	UltraClear RENEW	81
Bone Builder Prime	9	Meta I-3-C	43	UltraFlora Acute Care	82
Bone Builder with Magnesium	10	Meta Lipoate 300	43	UltraFlora Balance	84
CandiBactin-AR	10	MetaFiber	44	UltraFlora Control	84
CandiBactin-BR	10	MetaGlycemX	44	UltraFlora IB	84
Cardiogenics Intensive Care	12	MetaKids Baby DHA & D3	46	UltraFlora Immune Booster	85
Celapro	12	MetaKids Baby Probiotic	46	UltraFlora Integrity	85
Cenitol	13	MetaKids D3 Liquid	46	UltraFlora Intensive Care	85
Ceralin Forte	13	MetaKids DHA	47	UltraFlora Restore	86
Ceriva	14	MetaKids Multi Soft Chew	47	UltraFlora Spectrum	86
Chasteberry Plus	14	MetaKids Nutrition Powder	48	UltraFlora Synergy	87
ChondroCare	15	MetaKids Probiotic	49	UltraFlora Women's	87
Collagenics	15	MetalloClear	49	UltraGI Replenish	89
Concentrated Ultra Prostagren	16	MetaRelax	49	UltraInflamX Plus 360	90
CoQ10 ST-100	16	Meta-Sitosterol 2.0	50	UltraMeal Original	91
CoQ10 ST-200	16	Methyl Care	50	UltraMeal Advanced Protein	92
Coratin	17	Mg/K Aspartate	51	UltraMeal Cardio 360	93
Cortico-B5B6	17	MitoVive	51	UltraMeal Daily Support	95
D3 1000	19	Multigenics	52	UltraMeal Rice	96
D3 2000 Complex	19	Multigenics Chewable	52	Vasotensin	97
D3 5000	19	Multigenics without Iron	53	VenaPlex	97
D3 5000 +K	20	MyoCalm	54	Wellness Essentials Active	98
D3 Liquid	20	MyoCalm Plus	54	Wellness Essentials Healthy Balance	99
E Complex-1:1	20	Niatain	54	Wellness Essentials Men's Vitality	100
E-400 Selenium	21	NuSera	55	Wellness Essentials Pregnancy	102
EC Matrixx	21	NutraGems CoQ10 300	55	Wellness Essentials Women	103
Echinacea Synergy	22	OmegaGenics EPA-DHA 1000	57	Wellness Essentials Women's Prime	104
Endura	22	OmegaGenics DHA 600	57	Zinc A.G	105
Endefen	24	OmegaGenics EPA-DHA 2400	57	Zinc Drink	105
Essential Defense	24	OmegaGenics EPA-DHA 300 Algae	58	Zinc Tally	105
EstroFactors	25	OmegaGenics EPA-DHA 500 EC	58	Zinlori 75	106
Estrovera	25	OmegaGenics EPA-DHA 720	59	Product Ingredient Index	107-116
Exhilarin	27	OmegaGenics Mega 10	59		
Exogenous Ketones	27	OsteoVantiv	61		
Fenugreek Plus	27	Ostera	61		
Fibroplex	28	Perimine	61		
FolaPro	28	Phytoganix	62		
GinkgoRose	29	PhytoMulti	64		
GI Sustain	29	PhytoMulti Capsules	64		
Golden Fusion	30	PhytoMulti with Iron	65		
GlutaClear	31	Protrypsin	66		
Glutagenics	31	Renagen DTX	66		
Glycogenics	31	Serenagen	67		
Hemagenics	32	SeroSyn	67		
HerSynergy	32	Sinuplex	68		
HisSynergy	33	SpectraZyme Complete	68		
ImmuCore	33	SpectraZyme Gluten Digest	70		
Inflavonoid	34	SpectraZyme Metagest	70		
Inflavonoid Intensive care	34	SpectraZyme Pan 9x	70		
Insinase	35	SpectraZyme Pan 9x ES	71		



# Product Category Index



## Body Composition

An unhealthy body composition (or excess body fat) can lead to the development of serious medical concerns. Metagenics offers products to support a favourable ratio of health-promoting lean body mass (e.g., muscle) to unhealthy fat—referred to as a "healthy" body composition.

- BioPure Collagen Protein
- Ultra CLA
- UltraFlora Control
- UltraMeal Advanced Protein
- UltraMeal Daily Support
- UltraMeal Original
- UltraMeal Rice



## Cardiometabolic Support

Cardiometabolic health is a growing concern. To help support healthy blood lipid levels, circulatory and blood vessel function, and overall heart health, we offer a selection of formulas created with cardiometabolic wellbeing in mind.

- Arginine Plus
- Cardiogenics Intensive Care
- CoQ10 ST-100
- CoQ10 ST-200
- Coratin
- FolaPro
- Intrinsic B12-Folate
- Lipotain
- Mag Glycinate
- Meta-Sitosterol 2.0
- Methyl Care
- Niatain
- NutraGems CoQ10 300
- OmegaGenics EPA-DHA 1000
- OmegaGenics EPA-DHA 2400
- OmegaGenics EPA-DHA 300 Algae
- OmegaGenics EPA-DHA 500 EC
- OmegaGenics EPA-DHA 720
- OmegaGenics Mega 10
- UltraMeal Cardio 360
- Vasotensin
- VenaPlex



## Children's Formulas

For babies and young children, balanced nutrition is especially important for healthy growth and development. With Metagenics, children can get the extra help they might need to fit these important building blocks into a busy day of growing, learning, and playing.

- D3 Liquid
- Daily D3 Liquid
- Bone Builder Chewable
- MetaKids Baby Probiotic
- MetaKids Baby DHA & D3
- MetaKids D3 Liquid
- MetaKids DHA
- MetaKids Multi Soft Chew
- MetaKids Nutrition Powder
- MetaKids Probiotic
- Multigenics Chewable
- UltraCare for Kids
- UltraFlora Synergy
- Ultra Potent-C Chewable
- Zinc Drink



## Gastrointestinal Health

It all starts in the GUT. The gastrointestinal (GI) tract does more than simply digest food—it contributes to many body systems and functions. Our formulas have been created to help support not only GI health and function, but also other targeted areas, as well as promote microbial balance.

- CandiBactin-AR
- CandiBactin-BR
- Endefen
- GI Sustain
- Glutagenics
- Glutamine Complex
- Lipo-Gen
- Mag Citrate
- Magnozone



## General Wellness

A good nutritional support program starts with the intake of essential vitamins and minerals and essential fatty acids. We offer a variety of foundation nutritional formulas to address individual health needs.

- MetaFiber
- MetaKids Baby Probiotic
- MetaKids Nutrition Powder
- MetaKids Probiotic
- SpectraZyme Complete
- SpectraZyme Gluten Digest
- SpectraZyme Metagest
- SpectraZyme Pan 9x
- SpectraZyme Pan 9x ES
- UltraFlora Acute Care
- UltraFlora Balance
- UltraFlora IB
- UltraFlora Integrity
- UltraFlora Intensive Care
- UltraFlora Restore
- UltraFlora Spectrum
- UltraFlora Synergy
- Ultra GI Replenish
- UltraInflamX Plus 360
- Zinlori 75

- BioPure Collagen Protein
- Celapro
- CoQ10 ST-100
- CoQ10 ST-200
- D3 1000
- D3 2000 Complex
- D3 5000
- D3 Liquid
- E Complex-1:1
- E-400 Selenium
- Glycogenics
- Hemagenics
- Intrinsic B12-Folate
- Mag Citrate
- MetaKids D3 Liquid
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- NutraGems CoQ10 300
- Phytoganix
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Ultra Potent-C 1000
- Ultra Potent-C Chewable
- Ultra Potent-C Powder
- UltraMeal Daily Support
- UltraMeal Original
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime
- Zinc A.G
- Zinc Drink
- Zinc Tally
- UltraMeal Rice
- Golden Fusion



## Healthy Blood Glucose Support

Blood glucose levels are maintained at a healthy range by a consistent release of glucose into the blood stream. Individuals with glucose control conditions usually experience blood sugar spikes and crashes due to the body's inability to maintain its glucose baseline. A healthy diet, exercise, weight management, and nutritional support can help maintain healthy blood sugar.

- Biopure Protein
- Fenugreek Plus
- Insinase
- L-Carnitine with Chromium
- Meta Lipoate 300
- MetaGlycemX

- Ultra Glucose Control
- Wellness Essentials Healthy Balance

### Immune Health and Function

A healthy immune system provides multiple response layers against environmental influences. The strength of this barrier is influenced by lifestyle habits that can deplete the body's reserves, such as stress, fast food, and lack of exercise. Replenishing nutrients essential to healthy immune function can help, as well as ensuring adequate rest, relaxation, recreation, and social ties—all associated with greater vitality and longevity.



- Andrographis Plus
- Biopure Protein
- Celapro
- D3 1000
- D3 5000
- D3 Liquid
- Echinacea Synergy
- Essential Defense
- Kaprex AI
- ImmuCore
- MetaKids Baby DHA & D3
- MetaKids D3 Liquid
- Perimine
- Phytoganix
- Sinuplex
- SPM Active
- UltraFlora Balance
- UltraFlora Immune Booster
- Ultra Potent-C 1000
- Ultra Potent-C Chewable
- Ultra Potent-C Powder
- Zinc A.G
- Zinc Drink
- Zinc Tally

### Ketogenic

Ketosis is a natural metabolic state that occurs when there is an absence or shortage of dietary carbohydrates (sources of glucose) consumed as the main energy source for the body. While in ketosis, the body shifts towards the use of fat as the primary energy source. Metagenics can help those committed to a ketogenic lifestyle to ensure they continue to supply their bodies with adequate nutrition.



- Exogenous Ketones
- Ketogenic Shake
- Ketogenic Soup
- MCT Oil
- MCT Powder

### Men's Health

Metagenics offers science-based, formulas to help men stay at the top of their game for a lifetime of healthy, vibrant living. Including powerful support for healthy testosterone balance. Plus formulas to support prostate and urinary health, as well as libido and healthy sexual function.



- Arginine Plus
- Axis Endo
- Concentrated Ultra Prostagren
- HisSynergy
- Testralin
- Wellness Essentials Men's Vitality
- Zinc A.G
- Zinc Drink

### Metabolic Detoxification

Exposure to environmental toxins has been associated with many types of cancers and syndromes characterised by fatigue, muscle weakness, and cognitive dysfunction. One of the most important biochemical processes attending to toxicant removal in our bodies is the biotransformation process, also called the detoxification system, which is comprised of Phase I, Phase II, and Phase III pathways. The detoxification system is highly dependent on nutrient support for optimal functioning.



- AdvaClear
- GlutaClear
- MetalloClear
- Renagen DTX

- SulforaClear
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW

### Multivitamins

Multivitamins are supplemental sources of vitamins and minerals designed to promote healthy functioning in multiple systems and to help ensure your body gets the nutrition it needs but may not get from diet alone.



- MetaKids Multi Soft Chew
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron

### Muscle, Bone & Joint Health

Inflammation is an essential biological response that may be triggered by a variety of stimuli, including tissue injury, pathogens, toxins, and oxidative stress. Inflammation underlies many normal physiologic processes, yet it also underlies many pathologic states—especially when inflammatory responses become excessive or chronic. Staying active requires healthy, strong bones and muscles. We provide science-based formulas to relieve muscle discomfort, tension, and minor pain, as well as to promote bone density and integrity



- Bone Builder Forte
- Bone Builder Prime
- Bone Builder with Magnesium
- Bone Builder Chewable
- ChondroCare
- Collagenics
- D3 1000
- D3 2000 Complex
- D3 5000
- D3 Liquid
- EC Matrixx
- Fibroplex
- Inflanovoid
- Inflanovoid Intensive Care
- Kaprex
- Mag Citrate
- Mag Glycinate
- MetaKids D3 Liquid
- MetaKids Baby DHA & D3
- MitoVive
- MyoCalm
- MyoCalm Plus
- OmegaGenics EPA-DHA 1000
- OmegaGenics EPA-DHA 2400
- OmegaGenics EPA-DHA 720
- OsteoVantiv
- Ostera
- Protrypsin
- SPM Active
- UltraInflamX Plus 360

### Neurological Health

Cognitive and emotional health can have a powerful impact on holistic wellness. We offer a variety of formulas designed to support neuroprotection, stress tolerance, cognitive performance and a positive mood



- Adrenogen
- Attencia
- Blisphora
- Cenitol
- Ceralin Forte
- Ceriva
- FolaPro
- GABA 500
- GinkgoRose
- Mag L - Threonate
- MetaKids Baby DHA & D3
- MetaKids DHA
- MetaRelax
- MitoVive
- NuSera
- OmegaGenics DHA 600

- SeroSyn
- Trancor

## Omega 3s

Quality and purity should come first when selecting a fish oil supplement to ensure they are free of impurities and contaminants. OmegaGenics represents the industry's most comprehensive professional line of omega oil formulas, with precision dosing and multiple delivery options to satisfy a broad range of health needs and personal preferences.

- MetaKids Baby DHA & D3
- MetaKids DHA
- OmegaGenics EPA-DHA 1000
- OmegaGenics DHA 600
- OmegaGenics EPA-DHA 2400
- OmegaGenics EPA-DHA 300 Algae
- OmegaGenics EPA-DHA 720
- OmegaGenics EPA-DHA 500 EC
- OmegaGenics Mega 10

## Probiotics

Probiotics can vary significantly in potency, efficacy, and safety, and specific strains can have different effects on health. We offer scientifically supported probiotic formulas backed by clinically researched strains. All Metagenics probiotics are extensively tested for potential contaminants and stored at carefully controlled temperature and humidity conditions to protect the live organisms from exposure to heat and excessive moisture. To ensure potency, CFU count is always guaranteed through the date of expiration. Our formulas have also been scientifically tested and assayed to assure strain identity, purity, and potency.

- MetaKids Baby Probiotic
- MetaKids Probiotic
- UltraFlora Acute Care
- UltraFlora Balance
- UltraFlora Control
- UltraFlora IB
- UltraFlora Immune Booster
- UltraFlora Integrity
- UltraFlora Restore
- UltraFlora Spectrum
- UltraFlora Synergy
- UltraFlora Women's
- UltraFlora Intensive Care

## Sports Nutrition

An active, competitive life places significant demands on your body. Whether you're a serious athlete or a weekend warrior, make sure your diet is up to the challenge with our science-based, targeted formulas

- ChondroCare
- Biopure Protein
- BioPure Collagen Protein
- Collagenics
- EC Matrixx
- Endura
- Fibroplex
- Glutagenics
- Inflammation
- Inflammation Intensive Care
- L-Carnitine with Chromium
- Mag Glycinate
- MitoVive
- Protrypsin
- Wellness Essentials Active

## Stress Management

Signs of stress are often the most common presenting complaints. Helping patients manage stress can be difficult because there are different types of stress—including momentary and prolonged stress. Each with its own intensity, symptoms, and characteristics. Metagenics can help relieve each patient's unique type of stress manifestation with a complete line of targeted nutritional support formulas

- Adrenogen
- Adreset
- Cortico-B5B6
- Exhilarin



- Glycogenics
- Licorice Plus
- MetaRelax
- NuSera
- Serenagen
- SeroSyn
- Thyrosol
- Tran-Q

## Women's Health

Because specialised support is often needed to compensate for modern lifestyles, Metagenics has formulated a complete line of nutritional formulas to promote—in an age- and stage-appropriate way—healthy hormone balance, vitality, and overall health.

- Axis Endo
- Black Cohosh Plus
- Cenitol
- Chasteberry Plus
- D3 2000 Complex
- E Complex-1:1
- EstroFactors
- Estrovera
- Fem Premenstrual
- FolaPro
- HerSynergy
- Intrinsic B12-Folate
- Meta I 3 C
- Oстера
- Remifemin
- UltraFlora Women's
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime



## Gluten Free

Metagenics has long been committed to supporting gluten-free lifestyles. We have received official certification from the Gluten-Free Certification Organisation (GFCO), the largest and fastest-growing gluten-free certification organisation in North America. For the growing number of people with gluten sensitivity, intolerance, or allergies, this GFCO certification provides an added confidence in Metagenics offerings. All of our products with a gluten-free label go through a rigorous process to ensure that they fully meet industry leading standards and requirements.



## Non GMO

We are proudly certified by The Non-GMO Project, the most trusted source for GMO avoidance. This means you can trust all formulas with a non-GMO label have been tested to ensure they are free of genetically modified organisms, even those containing ingredients that are often known to come from genetically modified sources. From the start of production, these high-risk ingredients are stored and processed separately and must undergo third-party verification before they are considered safe and ready for use. We care about health and safety and remain committed to delivering nutritional formulas that suit a variety of lifestyles and preferences. To eliminate guesswork, non-GMO status is always indicated on the label. That's transparency you can trust.



## Vegetarian

We offer over 100 vegetarian supplements that are also suitable for a vegan diet. From the start of development to manufacturing and production, we follow a strict quality assurance program to confirm that anything with our vegetarian label has zero ingredients derived from animals. It's just one more way we're always working to create the best products suitable for all lifestyles. What does this mean for you? Peace of mind that the reputable product you're choosing fully lives up to its label.





## Adrenogen

### Nutritional Support for Adrenal Function

**Adrenogen** provides nutritional support for healthy adrenal function.

**Patient benefits:**

- Delivers a select blend of B vitamins involved in adrenal hormone production
- Features a freeze-dried adrenal concentrate so natural constituents remain intact

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	<b>1 Tablet</b>	
<b>Servings Per Container:</b>	90	
Riboflavin	10 mg	588%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Raw Adrenal Concentrate (bovine)	80 mg	*
Para-Aminobenzoic Acid (PABA)	25 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, calcium silicate, croscarmellose sodium, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

**Directions:** Take 1 tablet 3 times daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** Keep out of the reach of children.



## Adreset

### Relief for Stress-Related Fatigue

**Adreset** is designed to build resilience and enhance stamina in individuals who are feeling weak and fatigued due to stress.

**Patient benefits:**

- Helps address feelings of physical fatigue associated with prolonged stress
- Features herbs that support an adaptive response to stress through their influence on the HPA axis
- Features concentrated adaptogens, including ginseng root, cordyceps, and rhodiola extracts, used to address multiple body systems involved in the stress response

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	<b>2 Capsules†</b>	
<b>Servings Per Container:</b>	30	
Cordyceps Mycelium ( Paecilomyces hepiali Chent†) Extract [standardised to 4% (32 mg) cordycepic acid and 0.25% (2 mg) adenosine]	800 mg	*
Asian Ginseng ( Panax ginseng)	400 mg	*
Root Extract [standardised to 8% (32 mg) ginsenosides]	400 mg	*
Rhodiola ( Rhodiola rosea L.)		
Rhizome Extract [standardised to 1% (1 mg) salidroside and 3% (3 mg) rosavins]	100 mg	*

**Other Ingredients:** Capsule (hydroxy-propylmethylcellulose), microcrystalline cellulose, silica, and magnesium stearate (vegetable).

**Directions:** Take 2 capsules 2 times daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Consult your healthcare practitioner before use. If taking heart medications or have a chronic health condition, please inform your healthcare practitioner.

*†Capsules are composed of plant-derived ingredients.*



## AdvaClear

### Daily Support for Detoxification

**AdvaClear** provides daily support for balanced activity of the Phase I and Phase II detoxification pathways.

**Patient benefits:**

- Promotes overall well-being by supporting balanced hepatic detoxification
- Features enhanced bifunctional detoxification support with key phytonutrients, methylated vitamin B12, and calcium L-5-methyltetrahydrofolate, a bioavailable folate
- Provides antioxidant protection against reactive oxygen intermediates produced during the detoxification process

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	<b>2 Capsules†</b>	
<b>Servings Per Container:</b>	30	
Vitamin A [67% (1,667 IU) as beta-carotenet†† and 33% (834 IU) as retinyl palmitate]	2,500 IU	50%
Vitamin C (as ascorbic acid)	133 mg	222%
Vitamin D (as cholecalciferol)	33 IU	8%
Vitamin E (as d-alpha tocopheryl succinate)	67 IU	223%
Thiamin (as thiamin mononitrate)	10 mg	667%

Riboflavin	5 mg	294%
Niacin (as niacinamide and niacin)	23 mg	115%
Vitamin B6 (as pyridoxine HCl)	17 mg	850%
Folate (as calcium L-5-methyl-tetrahydrofolate†††)	268 mcg	67%
Vitamin B12 (as methylcobalamin)	33 mcg	550%
Biotin	66 mcg	22%
Pantothenic Acid (as d-calcium pantothenate)	33 mg	330%
Zinc (as zinc citrate)	6.5 mg	43%
Selenium (as selenomethionine)	50 mcg	71%
Copper (as copper citrate)	0.65 mg	33%
Manganese (as manganese citrate)	1.65 mg	83%
Molybdenum (as molybdenum aspartate)	66 mcg	88%
Silymarin (from milk thistle seed extract, Silybum marianum)	50 mg	*
Decaffeinated‡ Green Tea (Camellia sinensis)		
Leaf Extract [standardised to 60% (33.6 mg) catechins and 40% (22.4 mg) epigallocatechin gallate (EGCG)]	56 mg	*
Artichoke (Cynara scolymus) Leaf Extract (containing cynarin and chlorogenic acid)	167 mg	*
Watercress (Nasturtium officinale)		
Aerial Parts 4:1 Extract	133 mg	*
Pomegranate (Punica granatum L.)		
Whole Fruit Extract [standardised to 45.8 mg gallic acid equivalent (GAE)]	87.5mg	*
N-Acetyl-L-Cysteine	67 mg	*
Sodium Sulfate	100 mg	*
Taurine	117 mg	*

**Other Ingredients:** Capsule (hydroxy-propylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

**Directions:** Take 2 capsules once daily or as directed.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, taking other nutritional supplements, or taking medications, consult your healthcare practitioner before use.

\*Capsules are composed of plant-derived ingredients.

††Betatene mixed carotenoids.

‡Contains no more than 4% caffeine.

## Andrographis Plus

### Herbal Immune Support

**Andrographis Plus** is a concentrated blend of Ayurvedic and Chinese herbs designed to enhance immune health and support healthy respiratory function.

**Patient benefits:**

- Features Andrographis paniculata, a herb traditionally used in Ayurvedic formulas for supporting upper respiratory, liver, and immune system health
- Delivers (Embllica officinalis), a vitamin C-rich fruit, which supplies antioxidant and revitalising properties
- Includes a specialised preparation of herbs, including mulberry leaf and apricot seed extracts, to support lung health



Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	30	
Andrographis (Andrographis paniculata)		
Leaf Extract [standardised to 5% (10 mg) andrographolides]	200 mg	*
Amla (Embllica officinalis) Fruit 3:1 Extract (containing tannins)	200 mg	*
A 5:1† Proprietary Herbal Extract Blend of:	200 mg	*
Glehnia (Glehnia littoralis) Root		
Apricot (Prunus armeniaca) Seed White Mulberry (Morus alba) Leaf		
Gardenia (Gardenia jasminoides) Fruit		
Soybean (Glycine max)		
Zhejiang Fritillary (Fritillaria thunbergii) Bulb,		
Pear (Pyrus pyrifolia) Fruit		
Taurine	117 mg	*

**Ingredients:** Microcrystalline cellulose, andrographis leaf extract, amla fruit extract, glehnia root extract, apricot seed extract, white mulberry leaf extract, gardenia fruit extract, Soybean (Soy), zhejiang fritillary bulb extract, pear fruit extract, cellulose, croscarmellose sodium, calcium silicate, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Soy.**

**Directions:** Take as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Consult your healthcare practitioner before use. If taking heart medications or have a chronic health condition, please inform your healthcare practitioner.



## Arginine Plus

### Support for Healthy Cardiovascular Function

**Arginine Plus** delivers high quality L-arginine with calcium L-5-methyltetrahydrofolate—a body-ready form of folate—to support healthy blood flow, homocysteine levels, and overall cardiovascular health. Providing L-5-methyltetrahydrofolate helps to ensure improved folate nutrition, even in those with genetic variations in folate metabolism.

#### Patient benefits:

- Good support for patients that want to maintain a healthy blood flow, homocysteine levels and overall cardiovascular health

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Folate (as calcium  
L-5-methyltetrahydrofolate)  
L-Arginine  
Glycine

#### Amt Per Serving

2 Tablets  
60

#### % Daily Value

400 mcg 100%  
1.5 g \*  
10 mg \*

**Other Ingredients:** Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, calcium silicate, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets 2 times daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If taking medications, consult your healthcare practitioner before use. If you have had a myocardial infarction (heart attack), have history of renal (kidney) impairment or electrolyte imbalance, consult your cardiologist or physician before use. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

**Do not refrigerate.**



## Attencia

### Supports Focus & Cognitive Performance

**Attencia** is scientifically formulated to promote attention and focus with caffeine from phytonutrient-rich green coffee bean extract and guarana extract—combined with L-theanine, omega fatty acids, and zinc to support alertness and cognitive performance.

#### Patient benefits:

- L-theanine and caffeine, in combination have been shown to promote alertness, focus, and cognitive performance
- Preliminary research suggests that L-theanine in combination with caffeine enhances alertness more than caffeine alone
- Caffeine acts as an excitatory neurostimulant and has been shown to possess beneficial effects on psychomotor function and mood
- Contains 100 mg caffeine per softgel
- Guarana is a herb traditionally used for supporting cognitive performance
- Features the combined supportive benefits of omega-3s and omega-6s
- Delivers zinc, which plays a role in the metabolism of neurotransmitters

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Calories 10  
Total Fat 1 g  
Zinc (as zinc citrate) 7.5 mg  
Marine Lipid Concentrate 400 mg  
Eicosapentaenoic Acid (EPA) 60 mg  
Docosahexaenoic Acid (DHA) 156 mg  
Other Omega-3 Fatty Acids 120 mg  
Borage Seed Oil (providing 60 mg gamma-linolenic acid) 300 mg  
A Proprietary Blend of:  
Caffeine [from green coffee bean (Coffea canephora)], Green Coffee (Coffea canephora) Bean Extract, and Guarana (Paullina cupana) Seed Extract [providing 100 mg total caffeine, 16.5 mg polyphenols, and 13 mg chlorogenic acid]  
L-Theanine 175 mg

#### Amt Per Serving

1 Softgel  
60

#### % Daily Value

2%\*  
50%  
\*  
\*  
\*  
\*  
\*

**Other Ingredients:** Gelatin, glycerin, water, beeswax, sunflower lecithin, caramel (colour), zinc oxide (colour), and annatto extract (colour).

**Contains: Fish (anchovy, sardine, tuna, and mackerel).**

**Directions:** Take 1 softgel twice daily with food or as directed by your healthcare practitioner.

**This product is gluten free.**

**Warning:** Do not use if pregnant or nursing, or if sensitive to caffeine.

**Not recommended for use by children under 18 years of age.**

**Caution:** Contains 100 mg of caffeine per serving comparable to 120ml of coffee. Limit caffeine products to avoid nervousness, sleeplessness, and occasional rapid heartbeat. If taking medication—including blood thinning medication—consult your healthcare practitioner before use. **Do not use before surgery.**



## Axis Endo

### Specialised Support for Hormone Metabolism in Men & Women

**Axis Endo** is a phytonutrient nutrition powder designed for men and women to help support healthy estrogen and testosterone metabolism and to help support bone, cardiovascular, and neurological function. Axis Endo features key vitamins, minerals, and phytochemicals that influence pathways of estrogen and testosterone metabolism and may help reduce oxidative stress in sensitive tissues. This multidimensional formula features flaxseed lignans, calcium D-glucarate and zinc.

#### Patient benefits:

- Zinc to help reduce oxidative stress and contribute to healthy testosterone levels
- Nutrients and phytonutrients that show antioxidative activity and may help reduce oxidative stress in sensitive tissues and may also help support the functions of enzymes involved in estrogen detoxification

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Scoops (40 g)	
<b>Servings Per Container:</b>	14	
Calories	130	
Calories From Fat	45	
Total Fat	5 g	8%*
Total Carbohydrate	15 g	5%*
Dietary Fibre	7 g	28%*
Sugars	2 g	
Protein	13 g	
Vitamin A (as mixed carotenoids)	2,500 IU	50%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D (as cholecalciferol)	1,000 IU	
Vitamin E (as d-alpha tocopheryl succinate)	300 IU	1,000%
Vitamin K (as menaquinone and phyloquinone)	90 mcg	113%
Thiamin (as thiamin HCl)	0.75 mg	50%
Riboflavin	1 mg	59%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine HCl)	50 mg	2,500%
Folate (as calcium L-5-methyltetrahydrofolate)†	400 mcg	100%
Vitamin B12 (as methylcobalamin)	300 mcg	5,000%
Biotin	150 mcg	50%
Pantothenic Acid (as calcium D-pantothenate)	5 mg	50%
Calcium (as calcium D-glucarate and calcium citrate)	500 mg	50%
Iron (as ferrous fumarate)	13.5 mg	75%
Phosphorous	350 mg	35%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium citrate)	200 mg	50%
Zinc (as zinc citrate)	12 mg	80%
Manganese (as manganese sulfate)	1 mg	50%
Chromium (as chromium picolinate)	100 mcg	83%
Sodium	120 mg	5%
Potassium (as dipotassium phosphate and potassium iodide)	400 mg	11%
Flaxseed Hull (containing lignans)	1.84 g	*
Calcium D-Glucarate	1.5 g	*
Milk Thistle (Silybum marianum) Seed Extract providing 140 mg silymarin†† (containing silybin, isosilybin, silydianin, silychristin)	280 mg	*
Proprietary Mix of Curcumin [from Curcuma longa L. rhizome extract standardised to 40% (40 mg) curcuminoids] and Fenugreek		
Galactomannans (from Trigonella foenum-graecum seed extract)	100 mg	*
N-Acetyl-L-Cysteine	100 mg	*
Rosemary (Rosmarinus officinalis) Leaf Extract (standardised to 7.6% min sum of carnosol+carnosic acid)	100 mg	*
Dried Melon (Cucumis melo L.) Pulp Juice Concentrate [standardised to 140 IU superoxide dismutase (SOD)]	10.2 mg	*
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	1.5 mg	*

**Other Ingredients:** Pea protein isolate, rice protein concentrate, apple fibre, partially hydrolysed guar gum, high oleic sunflower oil, medium-chain triglycerides, natural flavours,<sup>^</sup> tapioca flour, silica, mono and diglycerides, Luo Han Guo fruit (monk fruit) extract, and hydrogenated palm oil.<sup>^^</sup>

**Directions:** Blend or shake 2 level scoops (40 grams) of Axis Endo into 240 ml of water, juice, soy, almond, rice, coconut or organic cow's milk once or twice daily as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to 1/2 to 1 scoop with 120 ml of chilled water or recommended fluid twice daily during the first 3-4 days before starting a full daily dose.

**This product is non-GMO and gluten-free.**

**Caution:** Do not use if pregnant or nursing. Consult your healthcare practitioner prior to use if taking medications or other nutritional supplements. Keep out of the reach of children.

**Storage:** Keep closed in a cool, dry place.

††As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany ††By HPLC analysis

^No MSG ^^RSPO certified (Roundtable on Sustainable Palm Oil)



## Benesom

### Relief for Occasional Sleeplessness

**Benesom** is a sleep and relaxation formula featuring melatonin, key herbs, and minerals for more powerful support. This novel formula delivers 3 mg of melatonin per serving to relieve occasional sleeplessness, complemented by 5 key concentrated plant extracts to promote a sense of calm and key minerals to target muscle relaxation.

#### Patient benefits:

- Features melatonin, a hormone naturally produced in the brain that helps regulate sleep, waking, and the body's circadian rhythm (or time clock)
- Includes extracts of passionflower, hops, valerian, and Chinese skullcap for added support for relaxation and a sense of calm
- Chinese skullcap may promote relaxation
- Delivers bioavailable calcium and magnesium that play a role in muscle relaxation
- Magnesium may help relieve muscle tension related to stress

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Calcium (as calcium lactate)	70 mg	7%
Magnesium (as magnesium citrate)	140 mg	35%
Chinese Skullcap ( Scutellaria baicalensis) Root Extract [standardised to 30% (120 mg) flavones]	400 mg	*
Passionflower ( Passiflora incarnata L.) Flower Extract [standardised to 1.6% (3.2 mg) flavonoids]	200 mg	*
Melissa Lemon Balm ( Melissa officinalis L.) Leaf Extract [standardised to 3% (4.5 mg) rosmarinic acid]	150 mg	*
Valerian ( Valeriana officinalis L.) Root Extract [standardised to 0.8% (0.8 mg) valerenic acid]	100 mg	*
Hops ( Humulus lupulus L.) Cone 7.5:1 Extract	50 mg	*
Melatonin	3 mg	*

#### Amt Per Serving

2 Tablets

#### % Daily Value

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1-2 tablets approximately 30 minutes prior to sleep or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** For adult use only. Avoid use with history of seizures or depression, if taking benzodiazepines or sedating medications, or if consuming alcohol. If taking medications, including anticoagulants, or experiencing long term sleep difficulties, consult your healthcare practitioner before use. Use caution if driving or operating machinery. Keep out of the reach of children.



## BioPure Protein

### Bioactive Pure Whey Protein with Natural Immunoglobulins

**BioPure Protein** is a bioactive pure whey protein concentrate with naturally occurring immunoglobulins.

#### Patient benefits:

- Ideal nutritional support for individuals who wish to add a high quality protein to their diet
- Supports lean body mass
- Naturally occurring immunoglobulins promote healthy immune system function

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Calories	100	
Calories from Fat	25	
Total Fat	3 g	5%*
Saturated Fat	2 g	10%*
Cholesterol	75 mg	25%
Total Carbohydrate	2 g	<1%*
Sugars	1 g	
Protein	16 g	32%*
Vitamin A	130 IU	3%
Calcium	170 mg	17%
Phosphorus	150 mg	15%
Magnesium	16 mg	4%
Sodium	45 mg	2%
Potassium	95 mg	3%
Whey Protein Concentrate (containing immunoglobulins)	23 g	*
Alanine	750 mg	
Arginine*	476 mg	
Aspartic Acid	1,861 mg	
Cysteine*	346 mg	
Glutamic Acid	2,698 mg	
Glycine*	332 mg	
Histidine*	303 mg	
Isoleucine (BCAA)*	837 mg	
Leucine (BCAA)*	1,573 mg	
Lysine*	1,342 mg	
Methionine*	332 mg	
Phenylalanine*	519 mg	

#### Amt Per Serving

About 2 Scoops (23 g)

15 (by weight)

#### % Daily Value

Proline*	938 mg
Serine*	938 mg
Threonine*	1,125 mg
Tryptophan*	289 mg
Tyrosine*	476 mg
Valine (BCAA)*	866 mg

**Ingredients:** Whey protein concentrate (milk, soy). **Contains: Milk, Soy.**

**Directions:** Mix about 2 scoops with a cold beverage or add to your favourite recipe once daily or as recommended by your healthcare practitioner. To prevent protein denaturation, do not mix in hot drinks or recipes that require baking or boiling. Also, do not mix with pineapples or papayas because their enzymes may denature the protein.

**This product is non-GMO and gluten free.**

**Storage:** Keep tightly closed in a cool, dry place.

**Notice:** Use this product as a food supplement only.

**Do not use for weight reduction.**

\*Essential amino acid. \*Conditionally essential amino acid.

# Introducing BioPure Collagen Protein



- 99% Type 1 Collagen
- Less than 1g of carbohydrate, low reactive and low-allergenic protein source.
- Collagen peptides are rich in hydroxyproline and Type I and Type III collagen.
- Neutral Flavour
- 17.3 g of protein of which 95.26% is pure collagen
- Bovine based protein



## BioPure Collagen Protein

### Naturally Sourced Collagen Protein

**BioPure Collagen Protein** is a bovine-based protein, obtained by enzymatic hydrolysis of collagen-rich material. The collagen used in BioPure Collagen Protein is 99% type I and contains traces of type III.

#### Patient benefits:

- Nutritional protein supplement for tissue repair, growth, development and satiety.
- Low carbohydrate, low reactive and low-allergenic protein source.
- Collagen peptides are rich in hydroxyproline, Type I and Type III collagen.
- Neutral Flavour

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 scoop	
<b>Servings Per Container:</b>	20.0 g	100 g
Quantity per	341 kJ (82 Cal)	1707 kJ (408 Cal)
Energy	17.3 g	86.5 g
Protein		
Fat		
- total	< 1.0 g	< 1.0 g
- saturated	< 1.0 g	< 1.0 g
- monounsaturated	< 1.0 g	< 1.0 g
- polyunsaturated	< 1.0 g	< 1.0 g
- trans	< 0.1 g	< 0.1 g
Carbohydrates		
- total	< 1.0 g	1.1 g
- sugars	< 1.0 g	1.1 g
Sodium	75.4 mg	377 mg
Potassium	< 5.0 mg	2.4 mg
Alanine	1.65	
Arginine	1.51	
Aspartic acid	0.88	
Cysteine	0.00	
Glutamic acid / Glutamine	1.97	
Glycine	4.58	
Histidine	0.18	
Hydroxylysine	0.29	
Hydroxyproline	2.42	
Isoleucine*	0.24	
Leucine*	0.51	
Lysine*	0.65	
Methionine	0.18	
Phenylalanine	0.31	
Proline	2.69	
Serine	0.67	
Threonine	0.37	
Tryptophan	0.00	
Tyrosine	0.12	
Valine	0.43	

**Other Ingredients:** Collagen peptides (95.26%), natural and nature identical flavours, steviol glycosides.

Free from dairy protein, lactose, eggs, gluten, wheat, nuts, yeast, soy protein and salt. Free from artificial colours, flavours and preservatives.

**Directions:** Adults: Add 1 serving (20.0 g) (2 metric tablespoons) into your choice of beverage, allowing 30 seconds for collagen to dissolve. Or add 1 serving (20.0 g) (2 metric tablespoons) into your choice of food.

**Children and adolescents aged 4 years and over:** Add ½ serving (10.0 g) (1 metric tablespoon) into your choice of beverage, allowing 30 seconds for collagen to dissolve. Or add ½ serving (10.0 g) (1 metric tablespoon) into your choice of food.

**This product is gluten-free.**

**Caution:** Keep out of the reach of children.

## Benefits of BioPure Collagen Protein

### Healthy Aging:

- Maintains healthy joints
- Improves bone strength and density
- Improves muscle mass
- Reduces inflammation
- Speeds up recovery of connective tissue
- Supports weight control

### Skin Beauty:

- Improves skin collagen density and structure
- Enhances skin hydration
- Supports the maintenance of firm skin
- Counteracts visible signs of aging
- Enhances hair strength
- Antioxidant that protects against damage caused by free radicals



## Black Cohosh Plus

### Relief for Menopausal Mood Changes

**Black Cohosh Plus** is a unique herbal formula designed to support women during the menopausal phase of life.

#### Patient benefits:

- Features black cohosh, a herb traditionally used by women during menopause for relief of menopausal symptoms, such as hot flashes/night sweats, short menstrual cycles, occasional irritability, mild mood swings, and occasional sleep disturbances
- Delivers lemon balm and motherwort, herbs traditionally used to ease tension and support relaxation

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Black Cohosh ( *Actaea racemosa*) Root & Rhizome  
Extract [standardised to 2.5% (2 mg) total triterpene glycosides expressed as 27-deoxyactein]  
Motherwort ( *Leonurus cardiaca*) Aerial Parts 6.5:1 Extract  
Lemon Balm ( *Melissa officinalis*) Leaf 5:1 Extract

#### Amt Per Serving

1 Tablet

60

#### % Daily Value

80 mg \*  
100 mg \*  
50 mg \*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), sodium starch glycolate, silica, and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet twice daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Consult your healthcare practitioner before use if you are taking medication, have breast cancer or a history of breast cancer, or have a liver disorder or develop symptoms of liver trouble.

†Also known as *Cimicifuga racemosa*.

## Blisphora

### Healthy Mood & Methylation Support

**Blisphora** is a revolutionary, proprietary formula featuring clinically effective levels of SAME, a compound that is a critical component of many biochemical reactions and plays an important role in supporting positive emotions. This powerful formula combines significant levels of body-ready folate and easy-to-absorb vitamin B12 to support healthy SAME metabolism, methylation, and neurotransmitter synthesis for a balanced mood.

#### Patient benefits:

- SAME transfers its S-methyl group to the brain and nerve sheaths to support neurotransmitters, such as serotonin and dopamine
- Promotes healthy neurological function with targeted B vitamins
- Includes support for a healthy life cycle of neurons and healthy metabolism of neurotransmitters, such as serotonin

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Folate [from (6S)-5-methyltetrahydrofolic acid, glucosamine salt†]  
Vitamin B12 (as methylcobalamin)  
S-Adenosyl-L-Methionine (SAME) (as SAME disulfate p-toluensulfonate)

#### Amt Per Serving

1 Tablet

30

#### % Daily Value

1000 mcg 250%  
1000 mcg 16,667%  
400 mg \*

**Other Ingredients:** Microcrystalline cellulose, magnesium stearate (vegetable), stearic acid (vegetable), silica, mannitol, carboxymethylstarch sodium salt, and coating (methacrylic acid copolymer, triethyl citrate, titanium dioxide, and silica).

**Directions:** Take 1 tablet daily 30 minutes before a meal on an empty stomach with water or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If you have a history of psychiatric disorders or if you are taking medications, please consult your healthcare practitioner prior to use.

## Bone Builder Forte

### Premium Quality MCHC with Vitamin D

**Bone Builder Forte** is an excellent bone support formula that features extra MCHC (1.9 g per serving). This comprehensive formulation also supplies beneficial levels of vitamin D—a nutrient essential for bone health.

#### Patient benefits:

- Delivers a full spectrum of macro and trace minerals that naturally comprise healthy bone
- Includes vitamin D to support bone mineralisation and quality
- MCHC provides bioactive bone growth factors, type 1 collagen protein, and the intact organic portion of bone for enhanced bone nourishment

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Vitamin D (as cholecalciferol)  
Calcium (as MCHC)  
Phosphorus (as MCHC)  
Microcrystalline Hydroxyapatite Concentrate (MCHC)

#### Amt Per Serving

2 Capsules†

45

#### % Daily Value

2,000 mg 500%  
428 mg 43%  
168 mg 17%  
1.9 g \*



**Other Ingredients:** Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, stearic acid (vegetable), and magnesium stearate (vegetable).

**Directions:** Take 2 capsules once daily. Do not exceed recommended dosage unless directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** Inform your healthcare practitioner if taking supplements or medications for blood pressure or heart disease. †Vegetarian capsule.



## Bone Builder Chewable

### Enhanced Bone Support

**Bone Builder Chewable** provides bone health support with microcrystalline hydroxyapatite concentrate (MCHC), a highly absorbable crystalline compound that provides naturally occurring components of bone and is backed by more than 30 years of research. MCHC contains naturally occurring calcium, phosphorus, and trace amounts of other minerals, bone growth factors, collagen and other vital bone proteins. This well-rounded formula is designed to support bone mineral density and also features vitamin D and additional magnesium for enhanced bone health support. Ideal for those who prefer chewable tablets.

#### Patient benefits:

- Chewable tablets for patients who prefer to not swallow tablets or capsules
- Suitable for children

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	3 Chewable Tablets	
<b>Servings Per Container:</b>	30	
<b>% Daily Value for Children Under 4 Years of Age</b>		
Calories	25	*
Total Carbohydrate	6 g	8%*
Sugar Alcohol	3 g	*
Vitamin D (as cholecalciferol)	75 IU	19%
Calcium (as MCHC and dicalcium phosphate)	300 mg	38%
Phosphorus (as MCHC and dicalcium phosphate)	167 mg	21%
Magnesium (as magnesium carbonate and magnesium glycinate)	75 mg	38%
Zinc (as zinc citrate)	6 mg	75%
Copper (as copper lysinate HCl)	0.75 mg	75%
Manganese (as manganese citrate)	0.75 mg	*
Microcrystalline Hydroxyapatite Concentrate (MCHC)	750 mg	*

#### % Daily Value for Adults and Children 4 or more Years of Age

Calories	25	*
Total Carbohydrate	6 g	8%*
Sugar Alcohol	3 g	*
Vitamin D (as cholecalciferol)	75 IU	19%
Calcium (as MCHC and dicalcium phosphate)	300 mg	30%
Phosphorus (as MCHC and dicalcium phosphate)	167 mg	17%
Magnesium (as magnesium carbonate and magnesium glycinate)	75 mg	19%
Zinc (as zinc citrate)	6 mg	40%
Copper (as copper lysinate HCl)	0.75 mg	38%
Manganese (as manganese citrate)	0.75 mg	38%
Microcrystalline Hydroxyapatite Concentrate (MCHC)	750 mg	*

**Other Ingredients:** Sorbitol, fructose, natural flavours, ^ organic cocoa powder (processed with alkali), ^^ stearic acid (vegetable), silica, and guar gum.

**Directions:** Children age 2 to adults take 1 to 3 tablets once daily or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

**This product is non-GMO and gluten free.**

**Cautions:** Excess consumption of sorbitol may cause gastrointestinal upset. Children age 12 and under should not exceed the recommended serving size. If pregnant, nursing or taking antibiotics or cardiovascular medication, consult your healthcare practitioner before use. Keep out of reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

^No MSG ^^FLO Fair Trade Certified



## Bone Builder Prime

### MCHC with Ipriflavone & Vitamin D

**Bone Builder Prime** provides a unique combination of calcium-rich MCHC with key nutritional factors added to help maintain healthy bone density.

#### Patient benefits:

- Features ipriflavone, a unique isoflavone derivative that helps support healthy bone metabolism
- Includes vitamin D, an essential nutrient for the maintenance of healthy bones that stimulates intestinal calcium absorption and helps to regulate calcium and phosphorus homeostasis in the body

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	3 Tablets	
<b>Servings Per Container:</b>	30	
Vitamin D (as cholecalciferol)	600 IU	150%
Calcium (as MCHC and dicalcium phosphate)	660 mg	66%
Phosphorus (as MCHC and dicalcium phosphate)	380 mg	38%
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1.5 g	*
Ipriflavone	150 mg	*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 3 tablets once daily or as directed.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant, nursing or taking antibiotics or cardiovascular medication, consult your healthcare practitioner before use.

**Storage:** Keep tightly closed in a cool, dry place.



## Bone Builder with Magnesium

### Premium Quality MCHC with Magnesium & Vitamin D

**Bone Builder with Magnesium** provides bone health support with microcrystalline hydroxyapatite concentrate (MCHC), a highly absorbable crystalline compound comprised of naturally-occurring organic components of bone which is backed by over 30 years of research. MCHC contains naturally occurring calcium, phosphorus, and trace amounts of other minerals, bone growth factors, collagen and other vital bone proteins. This well-rounded formula is designed to support bone mineral density and also features vitamin D and magnesium for enhanced bone support and healthy muscle function

#### Patient benefits:

- Features 300 mg per serving of magnesium—an important mineral found primarily in bone tissue and essential for musculoskeletal health
- Delivers a 2:1 calcium to magnesium ratio

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 3 Tablets		
<b>Servings Per Container:</b> 30		
Vitamin D (as cholecalciferol)	600 IU	150%
Calcium (as MCHC and dicalcium phosphate)	624 mg	62%
Phosphorus (as MCHC and dicalcium phosphate)	351 mg	35%
Magnesium (as magnesium citrate, magnesium aspartate, and magnesium bis-glycinate)	300 mg	75%
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1.5 g	*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 3 tablets once daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Caution:** If pregnant, nursing or taking antibiotics or cardiovascular medication, consult your healthcare practitioner before use.

**Storage:** Keep tightly closed in a cool, dry place.



## CandiBactin-AR

### Concentrated Aromatic Essential Oils

**CandiBactin-AR** is a blend of concentrated essential oils and herbal extracts from the aromatic mint family in a formula designed to support intestinal microbial balance and healthy digestion.

#### Patient benefits:

- Helps encourage a healthy environment in the intestinal tract and supports healthy digestive function
- Unique softgel encapsulation technology allows the essential oils to be blended with dry leaf extracts of sage and lemon balm—herbs that complement and stabilise the fragrant essential oils

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Softgel		
<b>Servings Per Container:</b> 60		
Thyme (Thymus vulgaris) Oil [provides 55 mg thymo]	183 mg	*
Oregano (Origanum vulgare) Oil [provides 55 mg carvacrol]	100 mg	*
Sage (Salvia officinalis) Leaf 5.5:1 Extract		
Lemon Balm (Melissa officinalis) Leaf 5:1 Extract	50 mg	*

**Ingredients:** Rice bran oil, gelatin, thyme oil, glycerin, oregano oil, sage leaf extract powder, lemon balm leaf extract, water, silica, annatto extract (colour), and lecithin (soy). **Contains: Soy.**

**Directions:** Take 1 softgel 3 times daily before or with meals or as directed by your healthcare practitioner.

**This product is gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.



## CandiBactin-BR

### Concentrated Berberine Formula for Intestinal Support

**CandiBactin-BR** is formulated to support a healthy microbial balance and the removal of unwanted compounds from the body.

#### Patient benefits:

- Supports a healthy intestinal environment
- Encourages the body to purge unwanted compounds
- 400 mg per serving of berberine hydrochloride derived from Phellodendron amurense species, along with premium extracts of coptis
- Includes a proprietary extract of Chinese herbs that includes ginger, licorice, and rhubarb to harmonise the action of other herbs within the formula

# Calcium alone isn't enough to build strong bones

- ⊕ Your bones need much more than just calcium. That's why Bone Builder formulas provide a unique microcrystalline hydroxyapatite concentrate (MCHC), a complex crystalline compound with all the elements naturally found in strong, healthy bones, including:
- ⊕ A full spectrum of minerals to support healthy bone density - calcium, magnesium, phosphorus, zinc, selenium, and more
- ⊕ Intact, bioactive bone growth factors that may play a role in bone health
- ⊕ Collagen and other proteins to support the bone matrix. Bone Builder formulas provide complete bone health support
- ⊕ Personalised formulas with additional ingredients to meet individual needs
- ⊕ Over 30 years of MCHC research demonstrating effectiveness
- ⊕ Lab analysis verifying the presence of bone growth factors
- ⊕ Well tolerated and designed to be easy to absorb
- ⊕ Purity tested and GMP certified manufacturing



Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Tablets	
<b>Servings Per Container:</b>	45	
Coptis (Coptis chinensis) Root & Rhizome 12:1 Extract (containing berberine)	30 mg	*
Oregon Grape (Berberis aquifolium) Root 4:1 Extract	70 mg	*
Berberine HCl†	400 mg	*
A 4:1†† Proprietary Extract of:	300 mg	*
Coptis (Coptis chinensis) Root & Rhizome		
Chinese Skullcap (Scutellaria baicalensis) Root		
Phellodendron (Phellodendron chinense) Bark		
Ginger (Zingiber officinale) Rhizome		
Chinese Licorice (Glycyrrhiza uralensis) Root		
Chinese Rhubarb (Rheum officinale) Root & Rhizome		

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets 2 to 3 times daily or as directed

**This product non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If taking medication including cyclosporine, consult your healthcare practitioner before use.

†Berberine from *Phellodendron amurense* bark extract.

††Equivalent to 1200 mg raw, dried, unprocessed herbs.

## Cardiogenics Intensive Care

### Heart Muscle Support

**Cardiogenics Intensive Care** is a well-rounded heart muscle support formula that features extracts of hawthorn and arjuna, herbs with a history of traditional use in supporting healthy heart function. Complementing these herbs is a blend of L-taurine and minerals—including magnesium, potassium, and calcium—that play important roles in healthy heart muscle function.

**Patient benefits:**

- Delivers minerals that play important roles in healthy heart muscle function through their involvement in nerve conduction and contraction and relaxation of the heart muscle
- Promotes healthy blood flow, helps maintain healthy blood pressure levels already within normal range, and supports overall cardiovascular health
- Delivers powerful plant and nutrient support with taurine, selenium, and phytonutrients from arjuna and hawthorn

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	90	
Calcium (as calcium citrate)	33 mg	3%
Magnesium (as magnesium citrate)	67 mg	24%
Selenium (as selenium aspartate)	17 mcg	24%
Potassium (as potassium aspartate)	33 mg	<2%
L-Taurine	200 mg	*
Hawthorn (Crataegus monogyna) Leaf and Flower 4:1 Extract (contains hyperosides)	133 mg	*
Arjuna (Terminalia arjuna) Bark 5:1 Extract (contains tannins)	67 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet 3 times daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.

## Celapro

### Support for Healthy Cellular Aging

**Celapro** is a combination of herbal extracts and phytochemicals that provide targeted cellular protection against free radicals.

**Patient benefits:**

- Helps promote the healthy function and aging of cells to support the tissue health of organs and systems throughout life
- Research suggests that green tea and curcumin may beneficially influence the body's metabolism of substances, such as nitrosamines and estrogenic compounds
- Features generous levels of standardised green tea, as well as 1 of the market's highest concentrations of D-limonene
- Lycopene is delivered in an oil suspension, enhancing absorption

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Softgel	
<b>Servings Per Container:</b>	60	
Green Tea Leaf Extract† (Camellia sinensis) (provides 180 mg total polyphenols)	300 mg	*
D-Limonene [from sweet orange peel oil extract (Citrus sinensis)]	500 mg	*
Lycopene	2.5 mg	*
Turmeric Rhizome Extract (Curcuma longa) [standardised to 95% (47 mg) curcuminoids]	50 mg	*



**Ingredients:** D-Limonene, green tea extract, gelatin, sorbitol, lecithin (soy), glycerin, turmeric powder, lycopene, purified water, silica, annatto extract (colour), riboflavin (colour), and caramel (colour). **Contains: Soy.**

**Directions:** Take 1 softgel daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.

*†Contains less than 30 mg of caffeine per serving.*



## Cenitol

### Nervous System Support

**Cenitol** supports a healthy mood and overall nervous system function by featuring inositol—an important, naturally occurring component of cell membranes. Also delivers magnesium in the form of a fully reacted amino acid chelate designed for enhanced support.

**Patient benefits:**

- Provides excellent support for healthy brain and nervous system function
- May support a positive mood
- Supplied in powder form for ease of delivery and enhanced dosing flexibility

**Ingredients**

**Serving Size:**

**Servings Per Container:**

Magnesium (as magnesium bis-glycinatet)

Inositol (as myo-inositol)

Citric Acid

**Amt Per Serving**

About 1 Scoop (7.4 g)

30 (by weight)

200 mg

4 g

800 mg

**% Daily Value**

50%

\*

\*

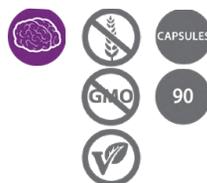
**Other Ingredients:** Cellulose.

**Directions:** Mix about 1 scoop (7.4 g) in water or juice 1 to 3 times daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication—including lithium—consult your healthcare practitioner before use.

*†Fully reacted magnesium amino acid chelate*



## Ceralin Forte

### Foundation Neuroprotection Formula

**Ceralin Forte** is formulated to provide multidimensional support for brain and nerve health by protecting against oxidative stress, as well as providing nutrients to support healthy mitochondrial function, methylation, homocysteine metabolism, and circulatory function. Designed to act within the brain and nervous system, this advanced formula features calcium L-5-methyltetrahydrofolate, N-acetylcysteine, and acetyl-L-carnitine, along with concentrated grape seed extract.

**Patient benefits:**

- Designed to support healthy cognitive function and central nervous system health
- May help protect the brain and nervous system from oxidative stress
- May help maintain overall neurological health by supporting healthy mitochondrial function, methylation, homocysteine metabolism, and circulatory function
- Features calcium L-5-methyl-tetrahydrofolate, which research suggests may be able to cross the blood-brain barrier

**Ingredients**

**Serving Size:**

**Servings Per Container:**

Thiamin (as thiamin mononitrate)

Riboflavin

Niacin (as niacinamide)

Vitamin B6 (as pyridoxine HCl)

Folate (as calcium L-5-methyltetrahydrofolatet)

Vitamin B12 (as methylcobalamin)

N-Acetylcysteine

Acetyl-L-Carnitine HCl

Grape Seed Extract (Vitis vinifera) [standardised to 90% (180 mg)

polyphenols]

**Amt Per Serving**

3 Capsules

30

30 mg

30 mg

250 mg

25 mg

500 mcg

500 mcg

600 mg

600 mg

204 mg

**% Daily Value**

2,000%

1,764%

1,250%

1,250%

125%

8,333%

\*

\*

\*

**Other Ingredients:** Capsule (hypromellose), microcrystalline cellulose, silica, and magnesium stearate (vegetable).

**Directions:** Take 3 capsules daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** Do not use if pregnant or nursing. If you have a history of kidney stones or seizures, or are taking medication, consult your healthcare practitioner before use. Maintain adequate fluid intake while taking this product.



## Ceriva Cognitive & Memory Support

**Ceriva** is a proprietary formula designed to support healthy brain aging, cognition and memory by providing ingredients that may beneficially modulate the metabolism of the neurotransmitter acetylcholine and provide neuroprotection. This advanced formula features clinically effective levels of huperzine A (HupA) from toothed club moss and a proline-rich-polypeptide (PRP) complex known as Colostrinin from colostrum for multi-dimensional support for neurological health. The brain supportive benefits of HupA and PRP are individually backed by extensive research.

### Patient benefits:

- Designed to help support healthy mental function during the aging process, and may help maintain brain cell health
- Designed to support the healthy metabolism of acetylcholine, the primary neurotransmitter associated with cognitive function and memory
- HupA may support nerve cell health
- Research suggests that HupA may be able to cross the blood-brain barrier to beneficially influence acetylcholine metabolism

Ingredients	Amt Per Serving	% Daily Value
Serving Size:	1 Tablet	
Servings Per Container:	30	
Huperzine A [from toothed clubmoss ( <i>Huperzia serrata</i> ) whole plant extract]	200 mcg	*
Polypeptide Complex (from colostrum)	100 mcg	*

**Ingredients:** Microcrystalline cellulose, toothed clubmoss (*Huperzia serrata*) powder extract, croscarmellose sodium, proline-rich polypeptide complex (milk), stearic acid (vegetable), and silica. **Contains: Milk.**

**Directions:** Take 1 tablet once daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** For adult use only. Avoid use if taking acetylcholinesterase inhibitors or cholinergic medications, or if you have a seizure disorder, cardiac arrhythmia, benign prostatic hypertrophy, asthma, chronic respiratory condition, peptic ulcer, inflammatory bowel disease, or malabsorption syndrome. If you have suppressed immune function or are taking medication, including blood thinning medications and immunomodulators, consult your healthcare practitioner before use. Rare but mild and temporary anxiety, mood change, sleep disturbance, dizziness, or fatigue may be experienced. Do not exceed 2 tablets daily. Use caution when driving or operating machinery. Keep out of the reach of children.



## Chasteberry Plus Supports Menstrual Regularity & Relieves Menstrual Symptoms

**Chasteberry Plus** is designed for premenopausal women to help maintain reproductive health and relieve premenstrual syndrome (PMS) related symptoms.

### Patient benefits:

- May help support the metabolism of progesterone, a hormone that is important to ovarian function and overall reproductive health
- Helps relieve PMS-related water retention, cramping, breast tenderness, and mild mood swings
- Supports a regular menstrual cycle
- Promotes relaxation and a healthy stress response

Ingredients	Amt Per Serving	% Daily Value
Serving Size:	1 Tablet	
Servings Per Container:	60	
Chasteberry ( <i>Vitex agnus-castus</i> ) 10:1 Fruit Extract	100 mg	*
Black Cohosh ( <i>Actaea racemosa</i> ) Root & Rhizome Extract [standardised to 2.5% (1mg) total triterpene glycosides expressed as 27-deoxyactein]	40	*
Ashwagandha ( <i>Withania somnifera</i> ) 15:1 Root Extract [containing withanolides]	60 mg	*

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet twice daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Consult your healthcare practitioner before use if you are taking medication or have a liver disorder or develop symptoms of liver trouble.

*†Also known as *Cimicifuga racemosa*.*



## ChondroCare

### Advanced Joint Support & Protection

**ChondroCare** is designed to provide broad support for healthy joints by providing high quality glucosamine sulfate and chondroitin sulfate, nutritional factors known to support cartilage health and soft tissue formation.

#### Patient benefits:

- Features methylsulfonylmethane for cartilage health as well as zinc, copper, manganese, and selenium to support antioxidant enzymes that may help protect joint tissues

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 2 Tablet		
<b>Servings Per Container:</b> 60		
Zinc (as zinc citrate)	5 mg	33%
Selenium (as selenomethionine)	100 mcg	143%
Copper (as copper citrate)	0.5 mg	25%
Manganese (as manganese citrate)	0.5 mg	25%
Methylsulfonylmethane (MSM)	333 mg	*
D-Glucosamine Sulfate (as D-glucosamine sulfate KCl)	500 mg	*
Chondroitin Sulfate	400 mg	*

**Ingredients:** Glucosamine sulfate potassium chloride [crustacean shellfish (crabshells, shrimp)], microcrystalline cellulose, chondroitin sulfate, methylsulfonylmethane, cellulose, croscarmellose sodium, stearic acid (vegetable), selenomethionine, zinc citrate, silica, copper citrate, manganese citrate, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Crustacean shellfish (crabshells, shrimp).**

**Directions:** Take 2 tablets once daily or as directed.

**This product is non-GMO and gluten free.**

**Caution:** This product is not suitable for individuals with shellfish allergies



## Collagenics

### Support for Connective Tissue & Collagen

**Collagenics** is a comprehensive, proprietary blend of important vitamins, minerals, free form amino acids, and other important nutrients that support connective tissue health.

#### Patient benefits:

- Provides targeted nutritional components known to be involved in the biochemical processes that support healthy connective tissue present in the skin, tendons, ligaments, cartilage, joints, and bones

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 3 Tablets		
<b>Servings Per Container:</b> 20		
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin B6 (as pyridoxine HCl)	30 mg	1,500%
Pantothenic Acid (as D-calcium pantothenate)	30 mg	300%
Iron (as iron glycinate)	6 mg	33%
Magnesium (as magnesium bis-glycinate)	75 mg	19%
Zinc (as zinc citrate)	15 mg	100%
Copper (as copper citrate)	3 mg	150%
Manganese (as manganese citrate)	5.1 mg	255%
Horsetail (Equisetum arvense†) 4:1 Aerial Parts	75 mg	*
L-Proline	150 mg	*
L-Cystine	150 mg	*
L-Taurine	30 mg	*
MSM (methylsulfonylmethane)	150 mg	*
L-Lysine (as L-lysine HCl)	150 mg	*
D-Xylose	75 mg	*
Alpha-Ketoglutaric Acid	15 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 3 tablets once daily or as directed.

**This product is non-GMO and gluten Free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.

†Contains silica.



## Concentrated Ultra Prostagin Saw Palmetto & Nettle Complex for Men

**Concentrated Ultra Prostagin** features concentrated extracts of saw palmetto and nettle combined with other select nutrients to support healthy prostate and urinary function.

### Patient benefits:

- Promotes healthy urinary function in men by featuring saw palmetto
- Helps maintain prostate health with the addition of nettles, a herb widely recognised for this use
- Delivers nourishment for maintaining reproductive health with amino acids, vitamin D, vitamin B6, and zinc

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet		
<b>Servings Per Container:</b> 30		
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Calcium	83 mg	8%
Phosphorus	63 mg	6%
Zinc (as zinc citrate)	7.5 mg	50%
Saw Palmetto ( <i>Serenoa repens</i> ) Berry Extract [standardised to 45% (144 mg) fatty acids and sterols]	320 mg	*
Stinging Nettle ( <i>Urtica dioica</i> ) Root 10:1 Extract†	100 mg	*
Lycopene	2 mg	*
Glycine	50 mg	*
L-Alanine	50 mg	*
L-Glutamic Acid	50 mg	*

**Other Ingredients:** Dicalcium phosphate, calcium silicate, microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), cellulose, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Use as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If taking medication, consult your healthcare practitioner before use.

†Equivalent to 1000 mg raw, dried, unprocessed herb.



## CoQ10 ST-100 Highly Absorbable Coenzyme Q10

**CoQ10 ST-100** features a stabilised encapsulation of coenzyme Q10 (CoQ10) manufactured specifically for stability, purity, and bioavailability.

### Patient benefits:

- Features a D-limonene (citrus) base—a nonpolar, organic solvent to help maintain CoQ10 structure for easier absorption
- Supports overall wellness and healthy aging
- Includes general support for cardiovascular health, energy production, and antioxidant protection
- Adjunct protocol for patients taking a statin medication to prevent CoQ10 deficiency

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Softgel		
<b>Servings Per Container:</b> 60		
Vitamin E (as d-alpha tocopherol and mixed tocopherols)	100 IU	333%
Zinc (as zinc oxide)	9 mg	60%
Coenzyme Q10 (ubiquinone)	100 mg	*

**Other Ingredients:** D-limonene oil, gelatin, glycerin, medium chain triglycerides, water, turmeric powder (colour), and zinc oxide (colour).

**Directions:** Take 1 softgel daily or as directed.

**This product is gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.



## CoQ10 ST-200 Highly Absorbable CoQ10 in Concentrated Softgels

**CoQ10 ST-200** features a stabilised encapsulation of coenzyme Q10 (CoQ10) manufactured specifically for stability, purity, and bioavailability.

### Patient benefits:

- Features a D-limonene (citrus) base—a nonpolar, organic solvent to help maintain CoQ10 structure for easier absorption
- Supports overall wellness and healthy aging
- Provides general support for cardiovascular health, energy production, and antioxidant protection
- Adjunct protocol for patients taking a statin medication to prevent CoQ10 deficiency

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Softgel		
<b>Servings Per Container:</b> 60		
Vitamin E (as d-alpha tocopherol and mixed tocopherols)	200 IU	667%
Zinc (as zinc oxide)	20 mg	133%
Coenzyme Q10 (ubiquinone)	200 mg	*

**Other Ingredients:** D-limonene oil, gelatin, glycerin, medium chain triglycerides, water, turmeric powder (colour), and zinc oxide (colour).

**Directions:** Take 1 softgel daily or as directed by your healthcare practitioner.

**This product is gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.



## Coratin Red Yeast Rice & Plant Sterol Combination

**Coratin** provides a balanced combination of plant sterols, effective forms of vitamin K2, and red yeast rice.

**Patient benefits:**

- Supports healthy lipid metabolism
- Plant sterols help to maintain healthy cholesterol levels already within a normal range
- Red yeast rice is used in traditional Chinese medicine to support healthy heart function
- Features a balanced combination of plant sterols for optimal activity and effectiveness

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet		
<b>Servings Per Container:</b> 60		
Vitamin K (as MK-4 and MK-7)	60 mcg	75%
Calcium (as dicalcium phosphate)	23 mg	2%
Phosphorus (as dicalcium phosphate)	18 mg	2%
Red Yeast Rice ( <i>Monascus purpureus</i> )	600 mg	*
Plant Sterols (including beta-sitosterol campesterol, stigmasterol, and other plant sterols)	400 mg	*

**Other Ingredients:** Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Contains: Soy.**

**Directions:** Take 1 tablet twice daily with food or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** Avoid use in pregnancy and breastfeeding. Avoid consuming grapefruit or grapefruit juice while taking this product.

**Caution:** If you have a history of liver disease or are taking any other medication including any anticoagulants or statins, consult your healthcare practitioner before use.



## Cortico-B5B6 Supports Production of Adrenal Hormones

**Cortico-B5B6** supplies significant amounts of pantothenic acid and pyridoxine—water-soluble B vitamins important for many functions.

**Patient benefits:**

- Formulated to support healthy adrenal hormone production
- Designed to support the body's production of energy by supplying pantothenic acid, a precursor to coenzyme A
- Delivers a full spectrum of bioflavonoids and vitamin C for antioxidant protection

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet		
<b>Servings Per Container:</b> 60		
Vitamin C (as ascorbic acid)	240 mg	400%
Vitamin B6 (as pyridoxine HCl)	100 mg	5,000%
Pantothenic Acid (as calcium D-pantothenate)(vitamin B5)	500 mg	5,000%
Calcium	50 mg	5%
Magnesium (as magnesium oxide)	75 mg	19%
Citrus Bioflavonoid Complex [standardised to 45% (45 mg) bioflavonoids: hesperidin and other naturally occurring phenolic compounds]	100 mg	*

**Directions:** Take 1 tablet daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian**

**Caution:** Consult your healthcare practitioner if pregnant, nursing, taking other nutritional supplements or medications.

# How confident are you with the quality of the vitamin D your patients are taking?

- Metagenics uses only vitamin D<sub>3</sub>, expertly formulated to the industry's highest standards.
- Discover the D<sub>3</sub> absorption advantage - in liquid, tablets & softgels
- Get the vitamin D you may be missing - and in the form your body prefers.
- Available from 1000 IU to 5000 IU to meet individual dosage and delivery needs





## D3 1000

### Bioactive Vitamin D in Microtablet Delivery Form

**D3 1000** features high potency vitamin D3—the most bioactive form of supplemental vitamin D—in easy-to-swallow microtablets.

**Patient benefits:**

- Supports bone, cardiovascular, and immune health
- Delivers high levels of vitamin D to replenish vitamin D status
- Available in easy-to-swallow microtablet delivery form

**Ingredients**

**Serving Size:**  
**Servings Per Container:**  
 Vitamin D (as cholecalciferol)

Amt Per Serving	% Daily Value
1 Tablet	
60	
1,000 IU	250%

**Other Ingredients:** Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), and silica.

**Directions:** Take 1 tablet daily with food or as directed by your healthcare practitioner. Do not exceed the recommended dosage unless directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.



## D3 2000 Complex

### Isoflavone Activated Support Formula

**D3 2000 Complex** delivers 2000 IU of the preferred form of vitamin D, as vitamin D3, in each tablet. The inclusion of isoflavones may help facilitate the body's utilisation of vitamin D3.

**Patient benefits:**

- Supports healthy immune function, bone density, and overall health
- Delivers soy isoflavones—genistin may help facilitate the body's utilisation of vitamin D3

**Ingredients**

**Serving Size:**  
**Servings Per Container:**  
 Vitamin D (as cholecalciferol)  
 Soybean Concentrate†  
 Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)

Amt Per Serving	% Daily Value
1 Tablet	
90	
2,000 IU	500%
64 mg	*
25 mg	*

**Ingredients:** Microcrystalline cellulose, soy isoflavones (soy), cholecalciferol, stearic acid (vegetable), sodium starch glycolate, and silica. **Contains: Soy.**

**Directions:** Take 1 tablet daily with food. Do not exceed recommended dosage unless directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, taking other nutritional supplements or taking medication, consult your healthcare practitioner before use.



## D3 5000

### High Potency, Bioavailable Vitamin D

**D3 5000** features 5000 IU of vitamin D3—the most bioactive form of supplemental vitamin D.

**Patient benefits:**

- Supports bone, cardiovascular, and immune health
- Provides high dose vitamin D3 (5000 IU) to quickly replenish vitamin D status
- Solubilised in oil for better absorption in the digestive tract
- Available in easy-to-swallow softgels

**Ingredients**

**Serving Size:**  
**Servings Per Container:**  
 Vitamin D (as cholecalciferol)

Amt Per Serving	% Daily Value
1 Softgel	
60/120	
5,000 IU	1,250%

**Other Ingredients:** Safflower oil, gelatin, glycerin, and water.

**Directions:** Take 1 softgel daily or as directed by your healthcare practitioner. Do not exceed recommended dosage unless directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use. Do not exceed the recommended dosage unless directed by your healthcare practitioner. This product contains vitamin D at a level that exceeds the adult tolerable upper intake level\*, the maximum daily intake unlikely to result in adverse effects in the most sensitive individuals.

*\*Level established by the Institute of Medicine of the U.S. National Academy of Sciences.*

**Notice:** It is highly recommended that serum 25(OH) and 1,25(OH)<sub>2</sub>-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.



## D3 5000 + K

### High Potency, Bioactive Vitamin D with Vitamin K

**D3 5000 + K** provides 5,000 IU per softgel of vitamin D (as D<sub>3</sub>), designed for greater absorption. This high potency formula also includes bioavailable forms of vitamin K2 (menaquinone-7) to complement vitamin D.

#### Patient benefits:

- High-potency bioactive form of vitamin D (as D<sub>3</sub>) with the optimal form of vitamin K (K<sub>2</sub>)
- Activates proteins in the body that are involved in bone and soft tissue mineralization

#### Ingredients

Serving Size:

Servings Per Container:

Vitamin D (as cholecalciferol)

Vitamin K

[90 mcg as menaquinone-7 (MK-7) and 20 mcg as phytonadione]

**Amt Per Serving**

1 Softgel

60

5,000 IU

110 mcg

**% Daily Value**

1,250%

138%

**Directions:** Take one softgel daily or as directed by your healthcare practitioner. Do not exceed recommended dosage unless directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Warning:** If pregnant or nursing, taking other nutritional supplements or medications, or if taking anticoagulants, consult your healthcare provider before use. Keep out of the reach of children.

**Notice:** This product contains vitamin D at a level that exceeds the adult tolerable upper intake level. It is highly recommended that serum 25(OH)- and 1,25(OH)<sub>2</sub>-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.

**Storage:** Keep tightly closed in a cool, dry place.

## D3 Liquid

### Designed for Enhanced Absorption

**D3 Liquid** features 1000 IU per drop of vitamin D<sub>3</sub>—the most bioactive form of supplemental vitamin D—in a convenient bottle for easy dosing.

#### Patient benefits:

- Supports bone, cardiovascular, and immune health
- Delivers vitamin D<sub>3</sub> solubilised in oil to support absorption in the intestinal tract
- Features a pleasant, natural mint flavour for improved patient compliance
- Ideal for kids and those who prefer not to swallow tablets or capsules



#### Ingredients

Serving Size:

Servings Per Container:

Vitamin D (as cholecalciferol)

**Amt Per Serving**

1 Drop

>700

1,000 IU

**% Daily Value**

250%

**Other Ingredients:** Medium chain triglycerides, peppermint oil, spearmint oil, rosemary (antioxidant), and ascorbic acid (antioxidant).

**Directions:** Adults take 1 drop up to 5 times daily and for children age 4 and above give 1 drop daily as recommended.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, taking other nutritional supplements or taking medication, consult your healthcare practitioner before use.

**Notice:** It is highly recommended that serum 25(OH) and 1,25(OH)<sub>2</sub>-vitamin D be monitored every 60-90 days while consuming this product to ensure that levels remain in an acceptable range.

## E Complex-1:1

### 1:1 Ratio of Alpha & Gamma-Tocopherols

**E Complex-1:1** is a unique, natural vitamin E supplement that features a 1:1 ratio of alpha to gamma-tocopherols. This ratio more closely resembles the tocopherol profile found naturally in vitamin E-rich plants.

#### Patient benefits:

- Vitamin E supports cellular health
- Features an especially powerful blend of different tocopherols for a broader range of antioxidant protection against the ravages of free radicals
- Delivers balanced levels of gamma and alpha-tocopherols that are more closely associated with consumption of vitamin E-rich foods
- Delivers gamma-tocopherol for unique antioxidant protection



#### Ingredients

Serving Size:

Servings Per Container:

Vitamin E (d-alpha-tocopherol)

gamma-Tocopherol

delta-Tocopherol

beta-Tocopherol

**Amt Per Serving**

2 Softgels

30

400 IU†

270 mg

98 mg

6 mg

**% Daily Value**

1,333%

\*

\*

\*

**Ingredients:** Mixed tocopherols, d-alpha-tocopherol, gelatin, glycerin, soybean oil, and water. **Contains: Soy.**

**Directions:** Take 2 softgels daily with a meal or as directed by your healthcare practitioner.

**This product is gluten free.**

**Caution:** If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.

*†400 IU is equivalent to 270 mg of alpha-tocopherol. This provides a 1:1 ratio of alpha to gamma-tocopherols.*

## E-400 Selenium

### Antioxidant Formula

**E-400 Selenium** features selenium and vitamin E.

**Patient benefits:**

- Offers antioxidant protection & supports cellular health
- Helps protect tissues against oxidative damage
- Features selenium, a trace mineral that functions in the body as a component of the antioxidant enzyme glutathione peroxidase

**Ingredients**

**Serving Size:**

**Servings Per Container:**

Vitamin E (as d-alpha tocopheryl succinate)  
Calcium  
Phosphorus  
Selenium (as selenium L-aspartate)

**Amt Per Serving**

1 Tablet

60

400 IU

97 mg

74 mg

50 mcg

**% Daily Value**

1,333%

10%

7%

71%

**Other Ingredients:** Dicalcium phosphate, microcrystalline cellulose, silica, stearic acid (vegetable), magnesium stearate (vegetable), croscarmellose sodium, and coating hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet up to twice daily with meals or as directed by your healthcare practitioner.

**This product is gluten free and vegetarian.**



## EC Matrixx

### Support for Healthy Connective Tissue

**EC Matrixx** is designed to support healthy connective tissues by supporting the extracellular matrix, a key structural component of connective tissues such as tendons, ligaments, and cartilage.

**Patient benefits:**

- Features berberine and tetrahydro iso-alpha acids (THIAA), which have been shown in laboratory research to influence MMP-13, an enzyme involved in the maintenance of connective tissue structure
- THIAA has also been shown to beneficially influence multiple cellular signaling processes related to connective tissue health
- Supports biochemical processes that influence the health of the extracellular matrix

**Ingredients**

**Serving Size:**

**Servings Per Container:**

Niacin (as niacinamide)  
Vitamin B6 (as pyridoxine HCl)  
Folate (as calcium L-5-methyltetrahydrofolate†)  
Vitamin B12 (as methylcobalamin)  
Biotin  
Magnesium (as magnesium oxide)  
Zinc (as zinc citrate)  
Selenium (as selenomethionine)  
Tetrahydro-iso-alpha acids complex [from hops (Humulus lupulus L.) cone extract]††  
Berberine HCl (from Phellodendron amurense bark extract)

**Amt Per Serving**

1 Tablet

90

20 mg

2 mg

80 mcg

83 mcg

200 mcg

12 mg

2 mg

40 mcg

100 mg

100 mg

**% Daily Value**

100%

100%

20%

1383%

67%

3%

13%

57%

\*

\*

**Other Ingredients:** Microcrystalline cellulose, maltodextrin, cellulose, stearic acid (vegetable), silica, calcium silicate, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets initially, followed by 1 tablet 3 times daily with food, or as recommended by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Consult your healthcare practitioner if taking other nutritional supplements or medications.



## Echinacea Synergy Herbal Immune Support

**Echinacea Synergy** is a botanical blend of selected extracts traditionally used to support healthy respiratory function and general immunity.

### Patient benefits:

- Features a patented extract of perilla seed, a herb traditionally used to provide ongoing support for healthy immune function
- Offers a complementary blend of perilla, licorice, and ginger, which have been traditionally used to support healthy respiratory function
- Delivers a unique combination of herbs that support healthy immune function and may be particularly helpful during times of stress

### Ingredients

#### Serving Size:

#### Servings Per Container:

Vitamin C (as Ultra Potent-C)	100 mg	167%
Niacin (as niacinamide ascorbate)	7 mg	35%
Echinacea ( <i>Echinacea purpurea</i> ) Aerial Parts 3:1 Extract [standardised to 4% (12 mg) total phenols]	300 mg	*
Perilla ( <i>Perilla frutescens</i> ) Seed Extract† (containing rosmarinic acid and luteolin)	25 mg	*
Ginger ( <i>Zingiber officinale</i> ) Rhizome Extract (containing gingerols and shogaols)	25 mg	*
Licorice ( <i>Glycyrrhiza glabra</i> ) Root Extract [standardised to 25% (12.5 mg) glycyrrhizic acid]	50 mg	*

### Amt Per Serving

1 Tablet

### % Daily Value

**Other Ingredients:** Microcrystalline cellulose, Ultra Potent-C†† (calcium ascorbate, niacinamide ascorbate, ascorbic acid, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, xylitol, and L-glutathione), cellulose, silica, stearic acid (vegetable), croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet twice daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.

## Endura Hydrate & Replenish

Staying properly hydrated is essential to the athlete, whose exercise endurance and performance can depend on both fluid balance and key electrolytes. Hydrate with Endura, a naturally flavoured hydration powder containing a well-designed electrolyte profile to help support hydration and replenish electrolytes lost during exercise. Endura is formulated without artificial sweeteners or colours because we know what you put into your body—and what you don't—matters to you.

### Patient benefits:

- Formulated to help support fluid balance
- When used as directed, delivers key electrolytes such as sodium and potassium to help replace those lost through sweating during exercise, activity, or hot weather conditions
- Helps support hydration during exercise.
- When used as directed, supplies 100 mg potassium and 150 mg of Sustamine® per serving to help support exercise performance

### Ingredients

#### Serving Size:

#### Servings Per Container:

Calories	10	
Total Carbohydrate	2 g	1%
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin E (as d-alpha tocopheryl acetate)	30IU	100%
Thiamin (as thiamin mononitrate)	2 mg	133%
Riboflavin	5 mg	294%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Pantothenic Acid (as calcium D-pantothenate)	28 mg	280%
Calcium (as calcium citrate)	50 mg	5%
Phosphorous (as dipotassium phosphate)	20 mg	2%
Magnesium (as magnesium bis-glycinate)	150 mg	38%
Chromium (as chromium picolinate)	83 mcg	69%
Chloride (as sodium chloride)	270 mg	8%
Sodium (as sodium chloride)	180 mg	8%
Potassium (as dipotassium phosphate)	100 mg	3%
Malic Acid	500 mg	**
Taurine	500 mg	**
L-Alanyl-L-Glutamine†	150 mg	**

### Amt Per Serving

1 Packet

### % Daily Value



**Other Ingredients:** Citric acid, natural flavours,†† and rebaudioside A (from Stevia rebaudiana leaf extract).

**Directions:** Mix 1 packet into 250ml of water 10-15 minutes before exercise and every 15 minutes when exercising or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

**Tamper Evident:** Do not use if package is torn or open.

**Storage:** Keep in a cool, dry place.

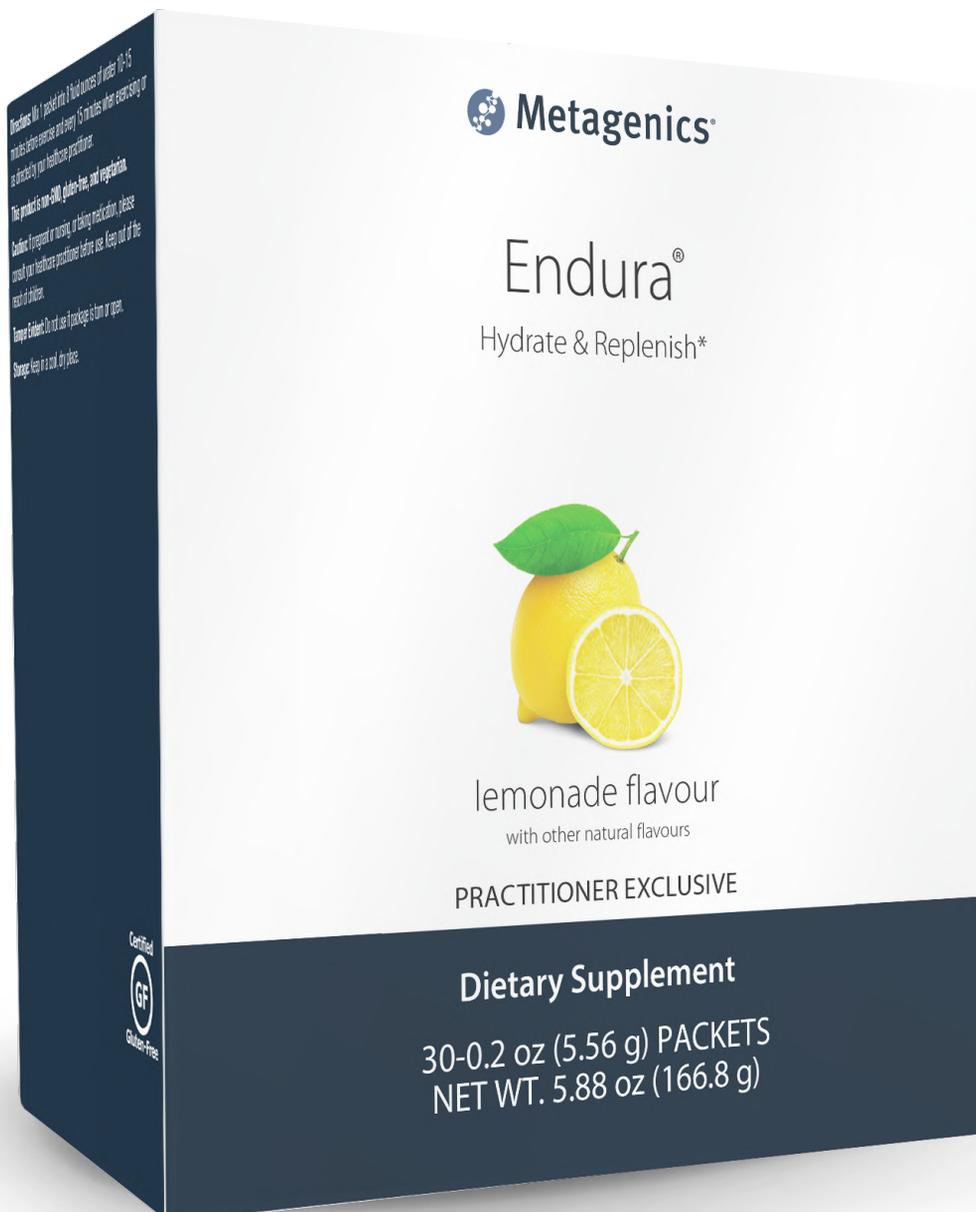
\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

†Sustamine® is a registered trademark of KYOWA HAKKO BIO CO., LTD. ††No MSG

# Endura

## Ultra Endurance Support





# Endefen

## Multi-dimensional GI Support & Protection

Endefen is formulated to support numerous aspects of GI health, particularly the gastric lining.

### Patient benefits:

- Features plantain, astaxanthin, and phosphatidyl-choline to help support a healthy gastric environment
- Delivers green tea and arabinogalactans to support healthy microflora
- Includes arabinogalactans to support healthy GI immune function

### Ingredients

#### Serving Size:

#### Servings Per Container:

Calories  
Calories from Fat  
Total Fat  
Total Carbohydrate  
Dietary Fibre  
Sugars  
Protein  
Vitamin C (as calcium ascorbate)  
Calcium (as calcium ascorbate)  
Sodium  
Potassium  
Arabinogalactans (from larch gum)  
Soy Lecithin  
Phosphatidest  
Decaffeinated†† Green Tea (Camellia sinensis) Leaf Extract [standardised to 60% (75 mg) catechins and 40% (50 mg) epigallocatechingallate (EGCG)]  
Chinese Cinnamon (Cinnamomum cassia) Bark Powder  
Plantain (Musa paradisiaca) Fruit  
Apple Fruit Powder  
Astaxanthin  
D-Mannose

### Amt Per Serving

About 1 Tbsp (7.5 grams)

56 (by weight)

25  
10  
1 g 2%\*  
5.5 g 2%\*  
1.5 g 6%\*  
2 g  
0.5 g  
150 mg 250%  
17 mg 2%  
6 mg <1%  
65 mg 2%  
750 mg \*  
500 mg \*  
485 mg \*  
125 mg \*  
350 mg \*  
1000 mg \*  
1000 mg \*  
250 mcg \*  
125 mg \*

**Other Ingredients:** Rice bran, xylitol, rice syrup solids, and natural flavour. **Contains: Soy.**

**Directions:** Mix about 1 level tablespoon (7.5 g) in 80ml of juice or water once daily, or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.

†Typical analysis reveals 115 mg phosphatidylcholine.

††Contains no more than 4% caffeine.

# Essential Defense

## Immune Support

**Essential Defense** is an enhanced classic Chinese formula, known as yin qiao san, traditionally used to provide immediate immune support, especially following a sudden temperature change.

### Patient benefits:

- Delivers the warming properites of ginger
- Immune health support enhanced with isatis

### Ingredients

#### Serving Size

#### Serving Per Container:

A 5:1† Proprietary Extract of:

Forsythia Fruit (Forsythia suspensa),  
Japanese Honeysuckle Flower (Lonicera japonica), Platycodon Root (Platycodon grandiflorum), Burdock Fruit (Arctium lappa), Chinese Mint Leaf (Mentha haplocalyx), Chinese Licorice Root (Glycyrrhiza uralensis), Fermented Soybean (Glycine max), Schizonepeta Herb (Schizonepeta tenuifolia), Lophatherum Leaf (Lophatherum gracile), Dyer's Woad Root (Isatis tinctoria), Ginger Rhizome (Zingiber officinale)

### Amt Per Serving

2 Tablets

15

1 g

\*



**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose). **Contains: Soy.**

**Directions:** Take 2 tablets as needed or as directed

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If taking medication, please consult your healthcare practitioner before use.

†Equivalent to 5000 mg raw, dried, unprocessed herbs.



## EstroFactors

### Supports Healthy Estrogen Balance & Relieves Hormone-Related Symptoms

**EstroFactors** promotes healthy estrogen metabolism by addressing multiple aspects, including excretion.

#### Patient benefits:

- Designed to relieve common symptoms related to PMS, such as cramping, irritability, and breast tenderness
- May support breast health by promoting the hydroxylation and methylation of estrogen
- Features natural selective estrogen receptor modulators (SERMs) to lessen the impact of the more potent forms of estrogen
- Delivers calcium L-5-methyl-tetrahydrofolate, providing an advantage for those with genetic variations in folate metabolism

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Vitamin A (50% from mixed carotenoids and 50% as retinyl palmitate)	833 IU	17%
Vitamin D (as cholecalciferol)	66.7 IU	17%
Vitamin E (as d-alpha tocopheryl succinate)	66.7 IU	222%
Vitamin K (as phytonadione)	13 mcg	16%
Vitamin B6 (as pyridoxine HCl)	16.7 mg	835%
Folate (as calcium L-5-methyltetrahydrofolate†)	266 mcg	67%
Vitamin B12 (as methylcobalamin)	10 mcg	167%
Isoflavones [from a proprietary blend of red clover (Trifolium pratense) aerial part extract and kudzu (Pueraria lobata) root extract]	33 mg	*
Turmeric (Curcuma longa) Rhizome Extract [standardised to 95% (66.7 mg) curcuminoids]	70 mg	*
Rosemary (Rosmarinus officinalis) Leaf Extract [standardised to 7.6% min sum of carnosol + carnosic acid]	66.7 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	0.67 mg	*
Trimethylglycine (as betaine HCl)	66.7 mg	*
Chrysin	30 mg	*

#### Amt Per Serving

1 Tablets

90

#### % Daily Value

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), calcium silicate, croscarmellose sodium, silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet daily with a meal or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** This product was not evaluated by Metagenics for use in women with known, or history of, hormone sensitive cancers.

**Warning:** Consult your healthcare practitioner before use if you are taking medications for birth control, or if you have a history of, or are being treated for cancer, liver disease or heart disease or if you develop symptoms of liver or kidney disease.



## Estrovera

### Menopausal Hot Flash Relief

**Estrovera** provides ERr 731, a natural option demonstrated in clinical studies to significantly reduce menopausal hot flashes compared to placebo. These results are comparable to low-dose hormone therapies.

#### Patient benefits:

- Clinically shown to reduce the number of daily menopausal hot flashes
- Clinically demonstrated to relieve a wide range of other menopausal symptoms including:
  - Sleep disturbances
  - Depressive mood, irritability, and anxiety
  - Physical and emotional exhaustion
  - Joint and muscle complaints
  - Urinary tract symptoms
  - Vaginal dryness
- Excellent safety profile
- Clinically effective dose in just 1 tablet daily

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Rhapontic Rhubarb (Rheum rhaponticum L.) Root† Extract (ERr 731*)	4 mg	*
[Providing 2.2 mg rhaponticin and 1 mg desoxy-rhaponticin]		

#### Amt Per Serving

1 Tablet

30

#### % Daily Value

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (cellulose acetate phthalate, glycerol triacetate, ammonium hydroxide, hypromellose, maltodextrin, and polyethylene glycol).

**Directions:** Take 1 tablet daily with breakfast with 240 ml of water or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Caution:** Do not use if pregnant or nursing. This product is contraindicated for individuals with any known or suspected estrogen-dependent cancer. If taking medication, consult your healthcare practitioner before use.

†Also known as Siberian rhubarb root.

# The Gold Standard in Menopausal Hot Flash Relief

- Extensively researched, all-natural, and safer approach to relief
- Significantly reduced hot flashes in perimenopausal women by 83%
- Significantly relieved 10 other common menopausal symptoms including sleep disturbances, poor mood, and anxiety





## Exhilarin

### Mental Clarity Support

**Exhilarin** is a classic blend of adaptogenic herbs traditionally used in Ayurvedic medicine to increase stress tolerance and help maintain mental acuity.

#### Patient benefits:

- Ayurvedic medicine traditionally used to address mental fatigue associated with stress
- For individuals who are susceptible to becoming run down due to a hectic lifestyle and poor diet
- Herbs to address multiple body systems involved in the stress response
- Ideal for those who are “stressed and tired”

#### Ingredients

**Serving Size:**

**Servings Per Container:**

A Proprietary Blend of Herbal Extracts:

- Holy Basil (*Ocimum sanctum*) Leaf 8:1 Extract (containing ursolic acid)
- Ashwagandha (*Withania somnifera*) Root 15:1 Extract (containing withanolides)
- Amla (*Embllica officinalis*) Fruit 5:1 Extract (containing tannins)
- Bacopa (*Bacopa monniera*) whole plant 8:1 Extract (containing bacosides A & B)

#### Amt Per Serving

2 Tablets

30

1.2 g

#### % Daily Value

\*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets daily or as directed

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** Do not use if pregnant or nursing.



## Exogenous Ketones

### Induces acute ketosis within 15 minutes<sup>†</sup>

**Exogenous Ketones**, in the form of beta-hydroxybutyrate (BHB) salts, rapidly induce acute ketosis within 15 minutes<sup>†</sup> and supports ketogenic program goals

#### Patient benefits:

- Allows the body to burn fat for energy rather than glucose

#### Ingredients

**Serving Size:**

**Servings Per Container:**

Calories

Total Carbohydrate

Calcium (from calcium beta-hydroxybutyrate)

Sodium (from sodium beta-hydroxybutyrate)

beta-Hydroxybutyrate (bHB) (from a blend of calcium beta-hydroxybutyrate and sodium beta-hydroxybutyrate)

#### Amt Per Serving

1 Scoop (18.8 g)

About 14

60

1 g

1,260 mg

1,160 mg

11.7 g

#### % Daily Value

<1%\*

126%

48%

\*

**Other Ingredients:** Citric acid, gum acacia, rebaudioside A (from *Stevia rebaudiana* leaf extract), silica, natural flavours,<sup>^</sup> and beet powder (colour).

**Directions:** Dissolve 1 scoop (18.8 g) in 350ml. Take 1 serving per day or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Warning:** Take only as directed under the direction of a licensed healthcare practitioner. Do not exceed 2 servings per day. Not for use in patients with severe or chronic kidney disease, hypothyroidism, hyperparathyroidism, hyper or hypophosphatemia. Do not take if currently taking certain antibiotics, cardiovascular or thyroid medications.

**Caution:** Not to be taken if pregnant or nursing. Keep out of the reach of children. Each serving provides 1,160 mg of sodium and 1,260 mg of calcium. Take only as directed by your healthcare practitioner to avoid excess sodium and calcium intake.

**Storage:** Keep tightly closed in a cool, dry place.

<sup>^</sup>No MSG <sup>†</sup> Acute ketosis occurs when blood ketone levels temporarily rise above 0.5 millimoles per liter.



## Fenugreek Plus

### Herbal Support for Healthy Glucose Metabolism

**Fenugreek Plus** features concentrates of fenugreek, gymnema, and bitter melon, 3 highly valued herbs that support blood glucose

#### Patient benefits:

- Helps to support healthy blood sugar levels already in the normal range when used as part of a healthy diet by modulating intestinal glucose uptake
- The unique, odourless extract of fenugreek provides a highly concentrated source of galactomannan
- Features 700 mg of soluble fibre in 2 capsules

#### Ingredients

**Serving Size:**

**Servings Per Container:**

Total Carbohydrate

Dietary Fibre

Soluble Fibre

Fenugreek Seed 6.5:1 Extract<sup>†</sup>

(*Trigonella foenum-graecum*) [standardised to 70% soluble fibre]

Bitter Melon Fruit 10:1 Extract (*Momordica charantia*)

#### Amt Per Serving

2 Capsules

30

1 g

1 g

<1 g

1 g

152 mg

#### % Daily Value

1%\*

4%\*

\*

\*

Gymnema Leaf Extract (*Gymnema sylvestre*)  
[standardised to 25% (25 mg) gymnemic acids]

100 mg

\*

**Other Ingredients:** Capsule (hypromellose), microcrystalline cellulose, silica, magnesium stearate (vegetable), and croscarmellose sodium.

**Directions:** Take 2 capsules twice daily with 100-120ml of water before meals, or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Caution:** If you are being treated for heart disease, diabetic, taking medication, or if pregnant or nursing, consult your healthcare practitioner before use. Keep out of the reach of children.

*†Equivalent to 6500 mg raw, dried, unprocessed herbs.*



## Fibroplex

### Support for Soft Tissue Tenderness

**Fibroplex** is a specialised formula that provides nutritional support for energy metabolism and neuromuscular health.

**Patient benefits:**

- Offers intensive, targeted nutrition for muscles to support well-being in patients with muscle tenderness and discomfort
- Supports cellular energy production
- Features bioavailable, well-tolerated magnesium in the form of an amino acid chelate
- Includes the trace mineral manganese to support the endogenous formation of the enzyme superoxide dismutase (SOD)

#### Ingredients

**Serving Size:**

**Servings Per Container:**

Thiamin (as thiamin mononitrate)  
Vitamin B6 (as pyridoxine HCl)  
Magnesium (as magnesium bis-glycinate)  
Manganese (as manganese citrate)  
Malic Acid

#### Amt Per Serving

2 Tablets

60

50 mg

50 mg

150 mg

5 mg

600 mg

#### % Daily Value

3333%

2500%

38%

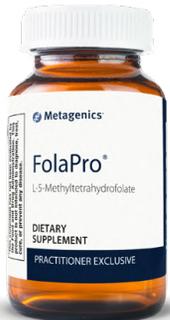
250%

\*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, sodium starch glycolate, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets daily or as directed by your healthcare practitioner.

**This product is gluten free and vegetarian.**



## FolaPro

### L-5-Methyl-tetrahydrofolate

**FolaPro** features Metafolin, the active, preferred form of folate called calcium L-5-methyl-tetrahydrofolate

**Patient benefits:**

- Features calcium L-5-methyl-tetrahydrofolate—a body-ready form of folate, helping to ensure all of the critical benefits of folate nutrition are realised
- Requires no additional metabolic steps to be utilised by the body, making it a preferred choice for many individuals
- Nutritionally supports many metabolic processes
- Folate is an essential nutrient for many body processes including DNA synthesis

#### Ingredients

**Serving Size:**

**Servings Per Container:**

Folate (as calcium L-5-methyltetrahydrofolate†)

#### Amt Per Serving

1 Tablet

60/120

800 mcg

#### % Daily Value

200%

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), and silica.

**Directions:** Take 1 tablet daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use.



## GinkgoRose

### Support for Healthy Mental Function

**GinkgoRose** is designed to support healthy brain function by combining Ginkgo biloba with rosemary leaf extract.

#### Patient benefits:

- Designed to support memory
- Studies suggest ginkgo promotes healthy cerebral circulation, which is important for the delivery of oxygen and vital nutrients
- Features a premium extract of Ginkgo biloba standardised to levels of active constituents consistent with clinical trials

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Rosemary (*Rosmarinus officinalis*) Leaf Extract [standardised to 7.6% min sum of carnosol+carosolic acid]  
Ginkgo (*Ginkgo biloba*) Leaf Extract [standardised to 24% (19.2 mg) 80 mg ginkgo flavonglycosides and 6% (4.8 mg) terpene lactones]

#### Amt Per Serving

1 Tablet  
60

250 mg

\*

#### % Daily Value

\*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet 2 to 3 times daily between meals or as directed.

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant, or nursing, or if you have a history of seizure disorder.

**Caution:** If taking medication, especially blood thinning agents, consult your healthcare practitioner before use.

Do not use before surgery.



## GI Sustain

### Nutritional Support for the Management of Compromised Gut Function

**GI Sustain** is designed to provide gastrointestinal nutritional support. The formula is uniquely designed to aid in promoting the growth of beneficial bacteria by including prebiotic nutrients, combined with readily digestible macronutrients.

#### Patient benefits:

- Nourishes the cells of the intestinal mucosa
- Features rice protein concentrate supplemented with L-lysine and L-threonine for an improved amino acid profile
- Rice syrup solids for a natural energy source
- Features medium chain triglycerides, a readily absorbed and metabolised lipid source
- Features prebiotic IMO's to selectively nourish beneficial bacteria, including lactobacilli and bifidobacteria
- Formulated with zinc and L-glutamine to nutritionally support gastrointestinal mucosa integrity
- Features methylated vitamin B12 and calcium L-5 methyltetrahydrofolate

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Calories 220  
Calories From Fat 45  
Total Fat 5 g  
Saturated Fat 1.5 g  
Total Carbohydrate 32 g  
Dietary Fibre 3 g  
Sugars 9 g  
Protein 13 g  
Vitamin A (2,500 IU as beta-carotene and 1,500 IU as retinyl palmitate) 4,000 IU  
Vitamin C (as ascorbic acid) 102 mg  
Vitamin D (as cholecalciferol) 50 IU  
Vitamin E (as d-alpha tocopheryl acetate) 50 IU  
Thiamin (as thiamin HCl) 0.525 mg  
Riboflavin 0.595 mg  
Niacin (as niacinamide) 7 mg  
Vitamin B6 (as pyridoxine HCl) 0.7 mg  
Folate (as calcium L-5-methyltetrahydrofolate†) 140 mcg  
Vitamin B12 (as methylcobalamin) 2.1 mcg  
Biotin 105 mcg  
Pantothenic Acid (as D-calcium pantothenate) 100 mg  
Calcium (as calcium citrate and dicalcium phosphate) 300 mg  
Iron (as ferrous fumarate) 3.6 mg  
Phosphorus (as dipotassium phosphate and dicalcium phosphate) 175 mg  
Magnesium (as magnesium citrate) 121 mg  
Zinc (as zinc gluconate) 7.5 mg  
Copper (as copper gluconate) 0.5 mg  
Manganese 1.3 mg  
Chromium (as chromium picolinate) 75 mcg  
Sodium 20 mg  
Potassium (as dipotassium phosphate) 300 mg  
Isomalto-oligosaccharides 3.4 g  
L-Glutamine 500 mg  
Glycine 100 mg  
DL-Methionine 100 mg

#### Amt Per Serving

About 2 Scoops (60 g)  
7/14/28

220

45

5 g

1.5 g

32 g

3 g

9 g

13 g

4,000 IU

102 mg

50 IU

50 IU

0.525 mg

0.595 mg

7 mg

0.7 mg

140 mcg

2.1 mcg

105 mcg

100 mg

300 mg

3.6 mg

175 mg

121 mg

7.5 mg

0.5 mg

1.3 mg

75 mcg

20 mg

300 mg

3.4 g

500 mg

100 mg

100 mg

#### % Daily Value

8%\*

8%\*

11%\*

12%\*

80%

170%

13%

167%

35%

35%

35%

35%

35%

35%

35%

1,000%

30%

20%

18%

30%

50%

25%

65%

63%

<1%

9%

\*

\*

\*

\*

L-Lysine (as L-lysine HCl)	35 mg	*
L-Threonine	34 mg	*
L-Cysteine (as L-cysteine HCl)	25 mg	*

**Other Ingredients:** Rice protein concentrate, rice syrup solids, rice flour, olive oil, medium chain triglycerides, natural flavours, silica, and rice maltodextrin

**Directions:** Blend, shake, or briskly stir about 2 level scoops (60 grams) of GI Sustain into 120ml of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to ½ to 1 scoop with 120ml of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

**This product is non-GMO and gluten free.**

**Warning:** Excess vitamin A intake may be toxic, may increase the risk of birth defects, and may contribute to osteoporosis. Pregnant women and women who may become pregnant should not exceed 10,000 IU of preformed vitamin A (retinyl palmitate) per day unless instructed to do so by a healthcare practitioner.

**Storage:** Keep tightly closed in a cool, dry place.

†As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

††No MSG.



## Golden Fusion

### Highly Bioavailable Curcumin & Grass-Fed<sup>†</sup> Collagen Peptides

**Golden Fusion** is a modern take on a centuries old golden milk recipe that is both great tasting and convenient. Golden Fusion features CurQfen, a highly bioavailable form of curcumin with fenugreek along with grass-fed<sup>†</sup> collagen peptides. Organic herbs turmeric, ginger, cinnamon, pepper, Indian cardamom, and moringa in an organic coconut milk powder base round out this innovative formula.

**Patient benefits:**

- Supports inflammation management, immune health, skin & nail health, cognitive function, and connective tissues



**Ingredients**

**Serving Size:**

**Servings Per Container:**

Calories

Calories from Fat

Total Fat

Saturated Fat

Total Carbohydrate

Sugars

Protein

Sodium

Proprietary Mix of:

Organic coconut milk powder, hydrolysed collagen, organic turmeric rhizome powder, organic cinnamon bark powder, organic horseradish tree (Moringa oleifera) leaf powder, organic ginger rhizome powder, organic Indian cardamom fruit powder, and organic black pepper fruit powder

Proprietary Mix of Curcumin

[from Curcuma longa L. rhizome extract standardised to 40% (20 mg) curcuminoids] and Fenugreek Galactomannans (from Trigonella foenum-graecum seed extract)††

**Amt Per Serving**

1 Scoop

30

50

25

3 g

2.5 g

3 g

1 g

3 g

10 mg

7.95 g

**% Daily Value**

5%\*

13%\*

1%\*

<1%

\*

\*

**Other Ingredients:** Organic cane sugar and Luo Han Guo fruit (monk fruit) extract.

**Contains: Tree nuts (coconut).**

**Directions:** Mix 1 scoop (9 g) with 160 ml of hot water, warm milk, or warm almond or coconut milk and drink.

**This product is non-GMO and gluten-free.**

**Caution:** Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications.

**Storage:** Keep tightly closed in a cool, dry place.

† Predominantly grass-fed

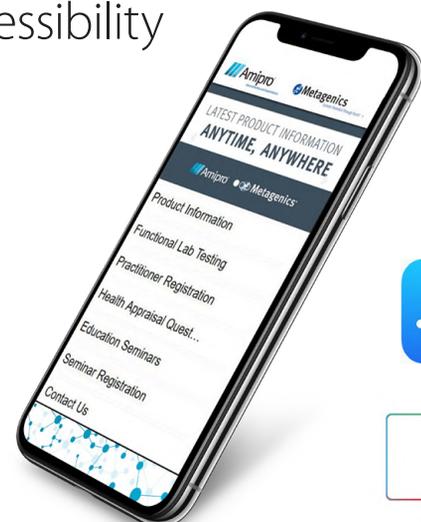
††CurQfen® is a registered trademark of Akay Flavours & Aromatics Pvt Ltd

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## GlutaClear

### Advanced Glutathione Support

**GlutaClear** provides a blend of key ingredients designed to support healthy glutathione metabolism and antioxidant systems in the body. Glutathione plays an important role in protecting the body against oxidative stress and detoxifying harmful compounds. Research suggests glutathione may also help protect mitochondria—the principle source of cellular energy—from damaging pro-oxidant influences.

#### Patient benefits:

- Helps protect cells throughout the body from oxidative damage that may influence cellular aging
- Supports hepatic detoxification function

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 2 Tablets		
<b>Servings Per Container:</b> 30/60		
Vitamin C (as ascorbic acid)	500 mg	833%
Niacin (as niacinamide)	750 mg	3,750%
Selenium (as selenomethionine)	75 mcg	107%
N-Acetylcysteine	750 mg	*
Broccoli (Brassica oleracea L.var. italica) Seed Extract (providing 5 mg glucoraphanin)	38.5 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxy-propylcellulose).

**Directions:** Take 2 tablets twice daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If you are pregnant or nursing, consult your healthcare practitioner before use.



## Glutagenics

### Powerful Gastrointestinal Lining Support

**Glutagenics** features 3 key ingredients—glutamine, deglycyrrhized licorice (DGL), and aloe vera gel that comprehensively supports the integrity and healthy function of the gastrointestinal lining.

#### Patient benefits:

- Supports a healthy intestinal lining, which is essential for healthy digestion, healthy immune function, and overall health
- Features the amino acid glutamine, which provides both a source of fuel and precursors for growth to the rapidly dividing cells of the intestinal lining
- Delivers a concentrated licorice extract that has been processed to remove glycyrrhizin, reducing the risk of adverse effects associated with licorice
- A premium powder of decolourised inner leaf aloe to support a healthy intestinal lining
- Powdered form for ease of use and flexible dosing

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Scoop (4.33 g)		
<b>Servings Per Container:</b> 60 (by weight)		
L-Glutamine	3.5 g	*
Deglycyrrhized Licorice (Glycyrrhiza glabra) Root 10:1 Extract	500 mg	*
Aloe (Aloe barbadensis) Decolourized Inner Leaf Gel Powder	50 mg	*

**Other Ingredients:** Natural flavours.

**Directions:** Mix 1 scoop (4.33 g) with water or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If taking medication, please consult your healthcare practitioner before use.



## Glycogenics

### Complete, Well-Balanced B-Complex Formula

**Glycogenics** is a balanced B-complex formula that features a blend of B vitamins and complementary nutrients.

#### Patient benefits:

- Promotes healthy homocysteine metabolism, energy metabolism, and a healthy stress response

Ingredients	Amt Per Serving	% Daily Value
<b>Serving size:</b> 1 Tablet		
<b>Servings Per Container:</b> 60		
Vitamin C (as ascorbic acid)	125 mg	208%
Thiamin (as thiamin mononitrate)	14 mg	933%
Riboflavin	16 mg	941%
Niacin (as niacinamide and niacin)	200 mg	1000%
Vitamin B6 (as pyridoxine HCl)	22 mg	1100%
Folate (as calcium L-5-methyltetrahydrofolate†)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	250 mcg	4167%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	75 mg	750%
Choline (as choline bitartrate)	100 mg	*
Inositol	94 mg	*

para-Aminobenzoic Acid (PABA)

15 mg

\*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet twice daily or as directed by your healthcare practitioner.

**This product is gluten free and vegetarian.**

**Caution:** If pregnant or nursing, taking other nutritional supplements or medication, consult your healthcare practitioner before use.



## Hemagenics

### Support for Red Blood Cells

**Hemagenics** is a hematinic formula comprised of iron designed to be highly absorbable, succinic acid, glycine, folate, and vitamins B6 and B12.

**Patient benefits:**

- Supports the formation and maintenance of healthy red blood cells
- Features iron as a mineral amino acid chelate that is designed to be nonconstipating in most individuals
- Features calcium L-5-methyltetrahydrofolate—a body-ready form of folate

**Ingredients**

**Serving Size:**

**Servings Per Container:**

Thiamin (as thiamin mononitrate)  
 Vitamin B6 (as pyridoxine HCl)  
 Folate (as calcium L-5-methyltetrahydrofolate)  
 Vitamin B12 (as methylcobalamin)  
 Calcium  
 Iron (as ferrous bis-glycinate)  
 Phosphorus  
 Copper (as copper lysinate HCl)  
 Succinic Acid  
 Glycine

**Amt Per Serving**

1 Tablet

60

5 mg  
 5 mg  
 600 mcg  
 350 mcg  
 25 mg  
 29 mg  
 19 mg  
 1 mg  
 100 mg  
 100 mg

**% Daily Value**

333%  
 250%  
 150%  
 5833%  
 3%  
 161%  
 2%  
 50%  
 \*  
 \*

**Other Ingredients:** Microcrystalline cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

†As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control centre immediately.



## HerSynergy

### Female Libido Support

**HerSynergy** is formulated to improve libido in women with a special, concentrated extract of fenugreek that may support multiple key markers of sexual function and arousal. This novel formula also delivers targeted vitamins and minerals to help support estrogen metabolism and address other issues related to libido, such as mood and stress.

**Patient benefits:**

- Features fenugreek, a safe and effective botanical to help improve libido in women
- Delivers a unique blend of vitamins and minerals to help address mood, stress, and overall health
- Supports healthy estrogen metabolism

**Ingredients**

**Serving Size:**

**Servings Per Container:**

Vitamin B6 (as pyridoxine HCl)  
 Folate (as calcium L-5-methyltetrahydrofolate)†  
 Vitamin B12 (as methylcobalamin)  
 Magnesium (as magnesium citrate)  
 Zinc (as zinc citrate)  
 Fenugreek (Trigonella foenum-graecum) Seed Extract††  
 [standardised to 150 mg saponin glycosides]  
 Betaine HCl

**Amt Per Serving**

1 Tablet

60

0.5 mg  
 200 mcg  
 1 mcg  
 50 mg  
 2.5 mg  
 300 mg  
 100 mg

**% Daily Value**

25%  
 50%  
 17%  
 13%  
 17%  
 \*  
 \*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, maltodextrin, and polyethylene glycol).

**Directions:** Take 1 tablet twice daily with food or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Consult your healthcare practitioner if taking other nutritional supplements or medications.



## HisSynergy Male Libido Support

**HisSynergy** provides premium botanical support for healthy male sexual function, libido, stress resilience, and vitality.

**Patient benefits:**

- Supports healthy sexual drive with tribulus fruit, a herb used to evoke a healthy male response
- Promotes male vitality and a healthy libido with tribulus, cowage, and ashwagandha—a male tonic referred to as Indian ginseng
- Features herbs traditionally used to encourage a healthy stress response

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet		
<b>Servings Per Container:</b> 60		
Tribulus (Tribulus terrestris) Fruit 10:1 Extract [standardised to 40% (100 mg) saponins]	250 mg	*
Ashwagandha (Withania somnifera)		
Root 15:1 Extract [standardised to 1% (2 mg) withanolides]	200 mg	*
Cowage (Mucuna pruriens) Seed Extract [standardised to 20% (10 mg) levodopa]	50 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If taking levodopa containing medications, consult your healthcare practitioner before use. To be taken under supervision of a healthcare provider.



## ImmuCore Multi-dimensional Support for Healthy Immune Function

**ImmuCore** is designed to provide an innovative approach to support immune system health.

**Patient benefits:**

- Offers a 3-pronged approach to wellness with Ultra Potent-C combined with zinc and a concentrated blend of mushroom extracts
- Uses a buffering delivery system to prevent potential stomach upset associated with vitamin C
- Vitamin D for long-term immune health support
- Ultra Potent-C has been shown to have 18% to 25% higher uptake in white blood cells than plain vitamin C
- Nourishing mushrooms protect a stressed immune system
- Oleanolic acid and selenium help protect cells against harmful free radicals

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet		
<b>Servings Per Container:</b> 30/90		
Vitamin C (as Ultra Potent-C®†)	333 mg	555%
Vitamin D (as cholecalciferol)	333 IU	83%
Niacin (as niacinamide ascorbate)	26 mg	130%
Zinc (as zinc citrate)	5 mg	33%
Selenium (as selenomethionine)	67 mcg	96%
Sodium	10 mg	<1%
Oleanolic Acid	60 mg	*
A Proprietary 10:1†† Water Extract of:	217 mg	*
Reishi (Ganoderma lucidum) Fruiting Body, Shiitake (Lentinus edodes) Fruiting Body, Fu-Ling (Poria cocos) Sclerotium, Turkey Tail Mushroom (Coriolus versicolor) Fruiting Body, Oyster Mushroom (Pleurotus ostreatus) Fruiting Body, Cordyceps (Paecilomyces hepiali Chen†††) Mycelia, Maitake (Grifola frondosa) Fruiting Body		

**Ingredients:** Ultra Potent-C [calcium ascorbate, niacinamide ascorbate, ascorbic acid, xylitol, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, and L-glutathione], proprietary mushroom decoction, microcrystalline cellulose, oleanolic acid, cellulose, calcium silicate, stearic acid (vegetable), croscarmellose sodium, silica, zinc citrate, selenomethionine, magnesium stearate (vegetable), cholecalciferol, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Use as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If taking medication, including anticoagulants or antihypertensive medications, consult your healthcare practitioner before use. Do not exceed recommended dosage or take for more than 3 consecutive months.



## Inflavonoid

### Advanced Nutrition to Help Influence the Body's Response to Oxidative Stress

**Inflavonoid** features highly bioavailable CurQfen (curcumin and fenugreek) and XNT ProMatrix (xanthohumol), which may help support the body's response to oxidative stress and other stressors.

#### Patient benefits:

- Curcumin and Xanthohumol have been shown to beneficially influence enzymes and signalling molecules involved in the initiation phase of the immune response

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Proprietary Mix of Curcumin [from *Curcuma longa* L. rhizome extract standardised to 40% (100 mg) curcuminoids] and Fenugreek Galactomannans (from *Trigonella foenum-graecum* seed extract)  
Rice Protein Matrix and Polyphenols from Hops (*Humulus lupulus* L.) Cone Extract (standardised to 2.5% xanthohumol)

**Amt Per Serving**  
1 Capsulet  
60

250 mg \*  
250 mg \*

#### % Daily Value

**Other Ingredients:** Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), stearic acid (vegetable), and silica.

**Directions:** Take 1 capsule daily with food or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, including blood thinners, consult your healthcare practitioner before use.



## Inflavonoid Intensive Care

### Featuring Highly Bioavailable Curcumin & Xanthohumol

**Inflavonoid Intensive Care** features highly bioavailable CurQfen (curcumin and fenugreek) and XNT ProMatrix (xanthohumol), which may help support the body's response to oxidative stress and other stressors. It also offers boswellia and ginger extracts, which may help support the body's immune response.

#### Patient benefits:

- Features highly bioavailable CurQfen (curcumin and fenugreek) and XNT ProMatrix (Xanthohumol) which may help support the body's response to oxidative stress and other stressors
- Offers Boswellia and ginger extract, which may help support the body's immune response

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Proprietary Mix of Curcumin [from *Curcuma longa* L. rhizome extract standardised to 40% (100 mg) curcuminoids] and Fenugreek Galactomannans (from *Trigonella foenum-graecum* seed extract)††  
Rice Protein Matrix and Polyphenols from Hops (*Humulus lupulus* L.) Cone Extract (standardised to 2.5% xanthohumol)  
Indian Frankincense (*Boswellia serrata*) Gum Extract [standardised to 66.5% (137 mg) organic acids]  
Ginger (*Zingiber officinale*) Rhizome Extract [standardised to 5% (5 mg) gingerols]

**Amt Per Serving**  
2 Capsulet†  
60

250 mg \*  
250 mg \*  
206 mg \*  
100 mg \*

#### % Daily Value

**Other Ingredients:** Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), stearic acid (vegetable), and silica.

**Directions:** Take 2 capsules once daily with food or as directed by your healthcare practitioner

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** If pregnant or nursing, taking medication, or taking other nutritional supplements consult your healthcare practitioner before use.

## Featuring:

- Advanced nutrition to help influence the body's response to oxidative stress.
- Highly bioavailable Curcumin and Xanthohumol





## Insinase

### Selective Kinase Response Modulators for Healthy Insulin Function

**Insinase** features selective kinase response modulators (SKRMs) designed to support healthy cellular insulin function.

#### Patient benefits:

- Proprietary formula featuring SKRMs—RIAA and acacia—which have been shown to modulate insulin function
- SKRMs modulate kinase signaling in adipocytes, which are fat-storing cells involved in glucose utilisation and insulin signaling
- Demonstrates inhibition of IL-6 cytokines—which influence insulin function

#### Ingredients

Serving Size:

Servings Per Container:

Proprietary Blend of:

Reduced Iso-Alpha Acids and Indian Gum Arabic Tree (*Acacia nilotica*) Bark and Heartwood Extract

#### Amt Per Serving

3 Tablets

30

540 mg

#### % Daily Value

\*

**Directions:** Take 3 tablets daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** Do not use if pregnant, nursing, or taking anticoagulants. If taking other medication, consult your healthcare practitioner before use.



## Intrinsic B12-Folate

### With Intrinsic Factor

**Intrinsic B12-Folate** features vitamin B12 and folate in combination with intrinsic factor for enhanced absorption and assimilation.

#### Patient benefits:

- Supports healthy cardiovascular and nervous system function
- Features high levels of vitamin B12 and folate, which play important roles in the synthesis of DNA and, therefore, the growth and function of all cells
- Delivers intrinsic factor, a natural glycoprotein that may enhance the absorption of vitamin B12
- Features calcium L-5-methyl-tetrahydrofolate—a body-ready, nature identical folate

#### Ingredients

Serving Size:

Servings Per Container:

Folate (as calcium L-5-methyltetrahydrofolate†)

Vitamin B12 (as methylcobalamin)

Intrinsic Factor

#### Amt Per Serving

1 Tablet

60

800 mcg

500 mcg

20 mg

#### % Daily Value

200%

8,333%

\*

**Other Ingredients:** Microcrystalline cellulose, cellulose, stearic acid (vegetable), and croscarmellose sodium.

**Directions:** Take 1 tablet daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

†As *Metafolin*® U.S. Patent Nos. 5,997,915; 6,254,904. *Metafolin*® is a registered trademark of Merck KGaA, Darmstadt Germany



## Kaprex

### Selective Kinase Response Modulators for Worry-Free Joint Relief

**Kaprex** is designed to provide effective joint relief. This proprietary combination of selected plant components influences kinase signaling and the formation of certain substances that are associated with minor pain.

#### Patient benefits:

- Provides effective joint relief that is worry-free
- Modulates prostaglandin E2 (PGE2) production at specific target cells
- Features selective kinase response modulators (SKRMs) in the form of tetrahydro iso-alpha acids (THIAA) to modulate kinase activity in favour of good health

#### Ingredients

Serving Size:

Servings Per Container:

A proprietary blend of:

Tetrase™ [Tetrahydro iso-alpha acids complex† (from hops, *Humulus lupulus* L.)], Rosemary (*Rosmarinus officinalis*) Leaf Extract, Oleanolic Acid (from olive leaf extract, *Olea europaea*)

#### Amt Per Serving

1 Softgel

60

350 mg

#### % Daily Value

\*

**Other Ingredients:** Olive oil, gelatin, glycerin, yellow beeswax, water, and sodium copper chlorophyllin (colour).

**Directions:** Take 1 softgel 2 times daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** Do not use if pregnant or nursing, or taking anticoagulants. If taking other medication, consult your healthcare practitioner before use.



## Kaprex AI

### Selective Kinase Response Modulators for Balanced Immune Function

**Kaprex AI** targets underlying issues—such as eicosanoid, cytokine, white blood cell activity, and vitamin D levels—that have been associated with minor pain and a healthy immune system response. Healthy immune system function and eicosanoid balance are important to maintaining healthy tissues and organ systems in the body.

#### Patient benefits:

- Provides selective kinase response modulators (SKRMs) derived from hops—reduced iso-alpha acids (RIAA)—to support healthy eicosanoid balance
- Features a specialised blend of vitamin D, zinc, and selenium for immune health support

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Vitamin D (as cholecalciferol)  
Zinc (as zinc citrate)  
Selenium (as selenomethionine)  
Reduced Iso-Alpha Acids†

#### Amt Per Serving

1 Tablet

90

500 IU

5 mg

50 mcg

225 mg

#### % Daily Value

125%

33%

71%

\*

**Directions:** Take 1 tablet 3 times daily with food, or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** Do not use if pregnant, nursing, or if taking warfarin (Coumadin). If taking other medication, consult your healthcare practitioner before use.

†*Luduxin* consists of reduced iso-alpha acids (from hops extract, *Humulus lupulus*) and magnesium salt produced via a proprietary process.



## Ketogenic Shake

### 14 Grams of Fat with 3 Grams of MCT per Serving

For those committed to a ketogenic lifestyle, Metagenics **Ketogenic Shake** offers a delicious and convenient way to get 14 grams of fat, 20 grams of protein and 5 grams of carbs per serving. Ketogenic Shake also offers 3 grams of medium-chain triglycerides (MCT) per serving and 25 essential vitamins and minerals.

#### Patient benefits:

- It's fast, easy, and ideal as a meal replacement or pre/post workout snack

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Calories  
Calories from Fat  
Total Fat  
Saturated Fat  
Trans Fat  
Polyunsaturated Fat  
Monounsaturated Fat  
Cholesterol  
Sodium  
Potassium  
Total Carbohydrate  
Dietary Fibre  
Sugars  
Protein  
Vitamin A  
Vitamin C  
Calcium  
Iron  
Vitamin D  
Vitamin E  
Thiamin  
Riboflavin  
Niacin  
Vitamin B6  
Folate  
Vitamin B12  
Biotin  
Pantothenic Acid  
Phosphorus  
Iodine  
Magnesium  
Zinc  
Selenium  
Copper  
Manganese  
Chromium  
Chloride

#### Amt Per Serving

2 Scoops (45.5g)

14

220

130

14g

4 g

0 g

1g

9g

5mg

200mg

360mg

5g

2g

2g

20g

#### % Daily Value

22%

20%

2%

8%

10%

2%

8%

40%

25%

50%

10%

0%

100%

25%

25%

25%

25%

25%

45%

25%

25%

25%

20%

25%

10%

80%

80%

80%

80%

100%

2%

**Ingredients:** Whey protein isolate (milk), high oleic sunflower oil powder [high oleic sunflower oil, buttermilk (milk), disodium phosphate, silica, natural flavour], medium-chain triglycerides powder [medium-chain triglycerides, nonfat dry milk (milk), disodium phosphate, silicon dioxide], sucrose, natural flavours,† silica, sunflower lecithin, xanthan gum, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate,

d-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine hydrochloride, riboflavin, potassium iodide, thiamin hydrochloride, calcium l-5-methyltetrahydrofolate,†† selenomethionine, and methylcobalamin), guar gum, and luo han guo fruit (monk fruit) extract.

**Contains: Milk.**

**Directions:** Blend, shake, or briskly stir 2 scoops (45.5 g) of Ketogenic Shake into 240 ml of chilled water.

**This product is non-GMO and gluten-free.**

**Caution:** This product is not intended to be used with a standard diet. For best results, should be used with a ketogenic diet and exercise program. Consult your healthcare provider before use.

## Ketogenic Soup

### 14 Grams of Fat with 3 Grams of MCT per Serving

For those committed to a ketogenic lifestyle, Metagenics **Ketogenic Soup** offers a delicious and convenient way to get 14 grams of fat, 20 grams of protein, and 4 grams of carbs per serving. Ketogenic Soup also offers 3 grams of medium-chain triglycerides (MCT) per serving. It's fast, easy, and ideal as a meal replacement or ketogenic snack.

**Patient benefits:**

- May be blended with additional ingredients to increase fat intake



**Ingredients**

**Serving Size:**

**Servings Per Container:**

Calories  
 Calories from Fat  
 Total Fat  
   Saturated Fat  
   Trans Fat  
   Polyunsaturated Fat  
   Monounsaturated Fat  
 Cholesterol  
 Sodium  
 Potassium  
 Total Carbohydrate  
   Dietary Fibre  
   Sugars  
 Protein  
 Vitamin A  
 Vitamin C  
 Calcium  
 Iron

**Amt Per Serving**

1 Packet (47.5 g)

7

220

130

14g

4g

0g

1g

9g

10 mg

900 mg

400 mg

4g

1g

3g

20g

**% Daily Value**

22%

20%

3%

40%

10%

1%

4%

40%

0%

80%

8%

0%

**Ingredients:** Whey protein isolate [whey protein isolate (milk), sunflower lecithin], high oleic sunflower oil powder [high oleic sunflower oil, buttermilk (milk), disodium phosphate, silica, natural flavour], medium-chain triglycerides powder [medium-chain triglycerides, nonfat dry milk (milk), disodium phosphate, silicon dioxide], chicken meat flavour (yeast extract, chicken stock, salt, natural flavour, torula yeast, spice, silica), silica, sodium chloride, chicken broth flavour (chicken stock, salt, yeast extract, natural flavour), xanthan gum, guar gum, parsley flakes (dried), and turmeric extract (colour).

**Contains: Milk.**

**Directions:** Add packet contents to 240 ml of hot water (not boiling) and stir until dissolved. May also add powder to cold water and microwave for 1 to 1 1/2 minutes. More water may be added for desired consistency. **DO NOT** overheat or overcook.

**DO NOT mix hot liquids in a blender or shaker bottle.**

**This product is gluten-free.**

**Caution:** This product is not intended to be used with a standard diet. For best results, must be used with a ketogenic diet and an exercise program. Consult your healthcare provider before use. If using as a ketogenic meal replacement, it is best to supplement with a multivitamin and mineral supplement.



# The Ketogenic Range

High-quality formulas featuring medium-chain triglycerides (MCT) can help increase ketone production as well as encourage several other positive effects:

- May aid reductions in body weight and body fat
- May temporarily increase satiety and reduce food intake
- May help support cognitive health and certain cognitive processes
- MCT may benefit mitochondrial function





## L-Carnitine with Chromium

### Support for Fat Metabolism

L-Carnitine with Chromium is a blend of two nutrients that play important roles in the metabolism of fats.

**Patient benefits:**

- Provides the amino acid L-carnitine, which mediates the transfer of fatty acids across the membranes of the mitochondria (the cell's energy producing organelles) where they are oxidised as fuel for energy
- Provides the trace mineral chromium, an essential component of glucose tolerance factor (GTF) that supports glucose metabolism

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	30	
Chromium (as chromium citrate)	50 mcg	42%
L-Carnitine (as L-carnitine fumarate)	250 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, sodium starch glycolate, and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet twice daily between meals or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If pregnant or nursing consult your healthcare practitioner before use.



## Licorice Plus

### Support for Cortisol Metabolism

Licorice Plus is designed for individuals who have been exposed to moderate or prolonged stress and have difficulty achieving an adaptive response, which may be due to physically exhausted reserves.

**Patient benefits:**

- Supports healthy cortisol metabolism, which is associated with a healthy physiological response to stress
- Promotes healthy adrenal function and vitality
- Provides ashwagandha, an Ayurvedic herb with adaptogenic properties—often referred to as "Indian ginseng"
- Standardised to assure controlled delivery of glycyrrhizic acid—a key active ingredient from licorice
- Ideal for those who are "stressed and hot"

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	60	
Licorice (Glycyrrhiza glabra) Root Extract [standardised to 25% (75 mg) glycyrrhizic acid]	300 mg	*
Ashwagandha (Withania somnifera) Root 15:1 Extract (containing withanolides)	50 mg	*
A 4:1† Herbal Extract Blend of: Rehmannia (Rehmannia glutinosa) Root Chinese Yam (Dioscorea oppositifolia) Root	250 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets 1 to 2 times daily or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Warnings:** Do not use if pregnant or nursing or if you have heart disease or hypertension. Do not exceed 600 mg of glycyrrhizic acid daily. Extended use at these levels may elevate blood pressure.

**Caution:** If taking medication, consult your healthcare practitioner before use.

†Equivalent to 3000 mg raw, dried, unprocessed herbs.



## Lipo-Gen

### Lipotropic Formula

Lipo-Gen is a highly specialised formula that features a broad-spectrum and unique blend of lipotropic nutrients combined with select amino acids, vitamins, and herbs to support healthy liver and gallbladder function.

**Patient benefits:**

- Provides nutrients involved in fat metabolism, including inositol, choline, and taurine
- Delivers methyl donors, folic acid, vitamins B6 and B12, and select herbs that are traditionally used to support bile flow and healthy liver function

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Tablets	
<b>Servings Per Container:</b>	45	
Vitamin C (as ascorbic acid)	100 mg	167%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Folate (as calcium L-5-methyltetrahydrofolate)†	100 mcg	25%
Vitamin B12 (as methylcobalamin)	10 mcg	167%
Magnesium (as magnesium oxide)	50 mg	13%
Choline (as choline bitartrate)	300 mg	*
Inositol	150 mg	*
Taurine	100 mg	*
L-Methionine	100 mg	*

Betaine HCl	100 mg	*
A Proprietary Blend of Herbal Extracts: Artichoke (Cynara scolymus)		
Leaf Extract (containing cynarin and chlorogenic acid), Chen Pi (Citrus reticulata) 5:1 Peel Extract [standardised to 2% total bioflavonoids]	95 mg	*

**Other Ingredients:** Cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets at mealtime 3 times daily or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.

## Lipotain

### Non-Flush Niacin & Guggul for Healthy Blood Lipid Levels

**Lipotain** is designed to support healthy blood lipids.

**Patient benefits:**

- Features 2 scientifically supported nutritional factors for promoting healthy blood lipids
- Delivers a sustained-release form of niacin that is effective without the uncomfortable side effects associated with conventional niacin, such as flushing
- Includes a clinically significant dose of guggul resin extract in just 4 tablets daily

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet		
<b>Servings Per Container:</b> 60		
Niacin (as inositol hexanicotinate)	500 mg	2,500%
Guggul (Commiphora mukul) Resin Extract (containing guggulsterones)	375 mg	*

**Directions:** Take 1 tablet 3 times daily or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication consult your healthcare practitioner before use.

## Mag Citrate

### Magnesium with Calcium

**Mag Citrate** is a blend of magnesium citrate and calcium citrate that nutritionally supports musculoskeletal health.

**Patient benefits:**

- Supports muscle contraction and relaxation responses during rest or vigorous activity, and may help to prevent nocturnal leg muscle cramps
- Supports healthy bone structure

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 3 Tablets		
<b>Servings Per Container:</b> 40		
Calcium (as calcium citrate)	60 mg	6%
Magnesium (as magnesium citrate)	300 mg	75%

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 3 tablets once daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** To be taken in the dose as prescribed by a healthcare practitioner. If loose stools occur stop use and notify your healthcare practitioner.

## Mag Glycinate

### Highly Absorbable Magnesium

**Mag Glycinate**, available exclusively from Metagenics, is a revolutionary, fully reacted amino acid chelate produced by a unique, patented process that is designed to enhance absorption and intestinal tolerance of magnesium

**Patient benefits:**

- Supports muscle relaxation and nervous system health
- May help to prevent nocturnal leg muscle cramps
- Unlike other formulations, magnesium bis-glycinate is absorbed via a mechanism similar to that used by amino acids; it is not dependent on stomach acid for absorption

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet		
<b>Servings Per Container:</b> 60/120		
Magnesium (as magnesium bis-glycinate)	100 mg	25%

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

**Directions:** Take 2 tablets twice daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Storage:** Keep tightly closed in a cool, dry place. **Do not refrigerate.**



# Magnesium, the Mighty Mineral





## Mag L-Threonate

### Designed to Help Support Cognitive Health

**Mag L-Threonate** features magnesium L-threonate as Magtein, designed to help support cognitive health. Magnesium, a divalent cation, is important for neuronal activity as it binds to neurotransmitter receptors and is a co-factor for neuronal enzymes.

#### Patient benefits:

- Supports cognitive health, memory, cognitive functions, brain and overall neurological health

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Per Serving (2 Capsules)

Magnesium (as magnesium L-threonate)

Magnesium L-Threonate††

##### Per Serving (3 Capsules)

Magnesium (as magnesium L-threonate)

Magnesium L-Threonate††

#### Amt Per Serving

2 Capsules†

60

98 mg

1.3 g

147 mg

2 g

#### % Daily Value

25%

\*

37%

\*

**Other Ingredients:** Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, stearic acid (vegetable), and silica.

**Directions:** Take 3 capsules in divided doses daily: 1 capsule in the morning and 2 capsules 2 hours before sleep as a dietary supplement, or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** Do not use if pregnant or nursing. Consult your healthcare practitioner if taking diuretics, antibiotics, or medications for osteoporosis.

†Vegetarian capsule

††Magtein™ is a trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc. Magtein® is protected under US patents 8,178,118; 8,142,803; 8,163,301; and other pending patents



## MCT Oil

### Helps to Increase Ketone Production†

### Concentrated to 90% C8 + C10

Metagenics **MCT Oil** provides over 90% caprylic (C8) and capric (C10) acid triglycerides. Emerging science suggests that medium-chain triglycerides (MCT) may benefit the body in numerous ways. MCT may help support cognitive health and certain cognitive processes, and pre-clinical research suggests that MCT may benefit mitochondrial function.

MCT supplementation temporarily increases levels of ketones, which may serve as an alternative energy source in the brain and in muscles. Supplementing with MCT at multiple meals during the day may aid reductions in body weight and body fat, especially in those with an increased body-mass index (BMI).†† MCT may also help to temporarily increase satiety and reduce food intake, and may temporarily enhance fat oxidation as compared to common long-chain fats.

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Calories

Calories from Fat

Total Fat

Saturated Fat

Medium-Chain Triglycerides (90% caprylic+capric acid triglycerides)

#### Amt Per Serving

2¼ Teaspoons (10.6 ml)

90

90

90

10 g

10 g

10 g

#### % Daily Value

15%\*

50%\*

\*

**Directions:** Take 2-3 servings per day or as recommended by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Warning:** Not to be taken if pregnant or nursing. Keep out of the reach of children.

**Caution:** Excess intake may cause increased gastrointestinal issues including diarrhea, nausea and excess gas.

**Storage:** Keep tightly closed in a cool, dry place.

†Medium-chain triglyceride supplementation may temporarily increase ketone production compared to common long-chain fats.

††Use as part of a program of diet and exercise.



## MCT Powder

### Helps to Increase Ketone Production†

### Featuring MCT Oil Concentrated to 90% C8 + C10

Metagenics **MCT Powder** features MCT oil concentrated to 90% caprylic (C8) and capric (C10) acid triglycerides. Emerging science suggests that medium-chain triglycerides (MCT) may benefit the body in numerous ways. MCT may help support cognitive health and certain cognitive processes, and pre-clinical research suggests that MCT may benefit mitochondrial function. MCT supplementation temporarily increases levels of ketones, which may serve as an alternative energy source in the brain and in muscles. Supplementing with MCT at multiple meals during the day may aid reductions in body weight and body fat, especially in those with an increased body-mass index (BMI).†† MCT may also help to temporarily increase satiety and reduce food intake, and may temporarily enhance fat oxidation as compared to common long-chain fats.

#### Patient benefits:

- MCT Powder provides the benefits of MCT in a convenient powdered form

<b>Ingredients</b>	<b>Amt Per Serving</b>	<b>% Daily Value</b>
<b>Serving Size</b>	1 Heaped Tablespoon (15 g)	
<b>Servings Per Container</b>	50	
<b>Calories</b>	100	
Calories from Fat	90	
<b>Total Fat</b>	10 g	15%*
Saturated Fat	10 g	50%*
<b>Total Carbohydrate</b>	2 g	<1%*
Sugars	2 g	*
<b>Protein</b>	1 g	
<b>Sodium</b>	88 mg	4%
Medium Chain Triglycerides (containing 90% caprylic+capric acid triglycerides)	10 g	*

**Ingredients:** Medium-chain triglycerides, nonfat dry milk (milk), disodium phosphate, silica. **Contains: Milk.**

**Directions:** Take 1 heaped tablespoon (15 g) of MCT Powder 2-3 times per day or as recommended by your healthcare practitioner. Please note that this product does not come with a tablespoon measuring scoop.

**This product is non-GMO and gluten-free.**

**Warning:** Not to be taken if pregnant or nursing.



## Meta I-3-C Estrogen-Sensitive Tissue Support

**Meta I-3-C** is a unique, highly stabilised formula designed to promote healthy estrogen metabolism and activity with indole-3-carbinol (I3C), which provides a full spectrum of beneficial metabolites—including diindolylmethane (DIM).

**Patient benefits:**

- Helps promote the health of estrogen-sensitive tissues—such as those of the breast and cervix
- Promotes the formation of “good,” protective 2-OH via its influence on hydroxylation pathways. Supports the detoxification of estrogens, and may also support healthy metabolism of other steroid hormones and xenoestrogens
- Provides rosemary extract to reduce oxidation and help ensure potency
- Shelf-life evaluations guarantee stability

<b>Ingredients</b>	<b>Amt Per Serving</b>	<b>% Daily Value</b>
<b>Serving Size:</b>	1 Capsule	
<b>Servings Per Container:</b>	60	
Indole-3-Carbinol	150 mg	*
Rosemary ( <i>Rosmarinus officinalis</i> ) Leaf Extract [standardised to 7.6% min sum of carnosol + carnosic acid]	50 mg	*

**Other Ingredients:** Capsule hydroxypropyl-methylcellulose), maltodextrin, magnesium stearate (vegetable), and silica.

**Directions:** Take 1 capsule twice daily with food or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** Not recommended for pregnant or nursing women. If taking medication, consult your healthcare practitioner before use.



## Meta Lipoate 300 High Quality Alpha-Lipoic Acid

**Meta Lipoate 300** is a premium-grade preparation of alpha-lipoic acid (ALA). This purity-controlled product delivers maximum value and effectiveness with an excellent safety profile.

**Patient benefits:**

- Provides antioxidant activity in both aqueous and fatty regions of the cell, may cross the blood brain barrier, extends the functional capacities of vitamins C and E and coenzyme Q10, and directly scavenges free radicals
- Supports glucose metabolism
- Supports the health of neurological tissue, especially peripheral nerves
- Offers clinically effective levels of alpha-lipoic acid in just 2 tablets daily

<b>Ingredients</b>	<b>Amt Per Serving</b>	<b>% Daily Value</b>
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	60	
Alpha-Lipoic Acid	300 mg	*

**Other Ingredients:** Microcrystalline cellulose, silica, stearic acid (vegetable), cellulose, and magnesium stearate.

**Directions:** Take 1 tablet daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**



## MetaFiber

### Fibre blend to support GI regularity

**MetaFiber** is a fibre blend designed to support healthy intestinal transit time and bowel regularity. 1 serving delivers approximately 83% insoluble and 17% soluble dietary fibre.

#### Patient benefits:

- Excellent support for those with occasional constipation
- Supports the structural integrity of the intestinal wall
- Provides the benefits of dietary fibre without the more allergenic or hypersensitising fibres, making it great for those who are sensitive to psyllium, corn, or citrus products

#### Ingredients

Serving Size:

Servings Per Container:

Calories

Total Fat

Total Carbohydrate

Dietary Fibre

Soluble fibre

Insoluble fibre

Amt Per Serving

About 1 Scoop (9.5 g)

38 (by weight)

10

1 g

6 g

6 g

1 g

5 g

% Daily Value

2%\*

2%\*

24%

\*

\*

**Ingredients:** Rice bran, beet fibre, oat fibre†, apple fibre, cellulose, olive oil, and d-alpha tocopheryl acetate (antioxidant).

**Directions:** Blend, shake, or briskly stir about 1 level scoop (10 grams) of MetaFiber into 240 ml of juice or other beverage 3 times a day or as directed.

**This product is non-GMO and vegetarian.**

†Oat Fibre is processed in a facility that also processes gluten containing materials.



## MetaGlycemX

### Insulin Activity & Glucose Level Support

**MetaGlycemX** features a unique combination of green tea extract, cinnamon, and alpha-lipoic acid, nutrients that support healthy insulin metabolism when used as part of a healthy diet for maintaining healthy blood sugar levels already in the normal range.

#### Patient benefits:

- Supports healthy glucose metabolism with targeted micronutrients
- Cinnamon and alpha-lipoic acid help support healthy insulin activity
- Features green tea catechins (EGCG) which may protect insulin secreting pancreatic islet cells
- Offers a unique antioxidant profile to reduce oxidative stress and promote healthy insulin metabolism

#### Ingredients

Serving Size:

Servings Per Container:

Vitamin C (as ascorbic acid)

Vitamin D (as cholecalciferol)

Vitamin E (as d-alpha tocopheryl succinate)

Thiamin (as thiamin mononitrate)

Riboflavin

Niacin (as niacinamide)

Vitamin B6 (as pyridoxine HCl)

Folate (as calcium L-5-methyltetrahydrofolate)†

Vitamin B12 (as methylcobalamin)

Biotin

Pantothenic Acid (as D-calcium pantothenate)

Zinc (as zinc citrate)

Selenium (as selenomethionine)

Copper (as copper lysinate HCl)

Manganese (as manganese citrate)

Chromium (as chromium polynicotinate)

Alpha-Lipoic Acid

Chinese Cinnamon (Cinnamomum cassia) Bark Powder

Decaffeinated†† Green Tea (Camellia sinensis)

Leaf Extract [standardised to 60% (100 mg) catechins and 40% (67 mg) epigallocatechingallate (EGCG)]

L-Carnosine

Taurine

Amt Per Serving

2 Tablets

30

300 mg

200 IU

200 IU

15 mg

9 mg

90 mg

9 mg

400 mcg

150 mcg

2 mg

30 mg

9 mg

90 mcg

0.75 mg

1.2 mg

600 mcg

100 mg

500 mg

50 mg

300 mg

% Daily Value

500%

50%

667%

1000%

529%

450%

450%

100%

2,500%

667%

300%

60%

129%

38%

60%

500%

\*

\*

\*

\*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), calcium silicate, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets once daily or as directed by your healthcare practitioner.

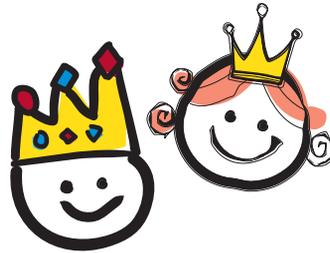
**This product is non-GMO and gluten free**

**Caution:** If pregnant or nursing, or taking medications, consult your healthcare practitioner before use.

†Contains no more than 4% caffeine.

Introducing

# MetaKids™



For babies and young children, balanced nutrition is especially important for healthy growth and development.



With MetaKids, children can get the extra help they might need to fit these important building blocks into a busy day of growing, learning, and playing.



MetaKids goes beyond your basic multivitamin— with a line of products that provides a full spectrum of nutrients, omega-3s, and probiotics to support overall health.



Kids can have ever-changing tastes, and helping them receive proper nutrition can be especially challenging. To help make your job easier, we've created formulas with chewable and liquid delivery forms



## MetaKids Baby DHA & D3

### DHA & Vitamin D Support for Infants



**MetaKids Baby DHA & D3** features DHA to help support brain, vision, and nervous system development in babies.

This formula also features vitamin D3—the most bioactive form of supplemental vitamin D, important for maintaining healthy bone structure and immune function in infancy.

#### Patient benefits

- Features DHA to help support brain, vision, and nervous system development in babies
- Features vitamin D3, an important nutrient for maintaining healthy bone structure and immune function in infancy
- Includes an easy-to-use dropper that may be applied to the nipples of nursing mothers or added to breast milk, water, or formula

#### Ingredients

Serving Size:

Servings Per Container:

Calories

Calories from Fat

Total Fat

Cholesterol

Vitamin D (as cholecalciferol)

Omega-3 Fatty Acids (as triglycerides)

DHA (Docosahexaenoic acid triglyceride)

EPA (Eicosapentaenoic acid triglyceride)

Amt Per Serving	% Daily Value
1 ml	
60	
10	
10	
1 g	*
<5 mg	*
100 IU	25%
190 mg	*
130 mg	*
45 mg	*

**Other Ingredients:** Sunflower oil, d-alpha-tocopherol, and citric acid

**Directions:** Shake well before use. Administer 6 drops of oil onto a spoon or into milk/food once daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** Keep out of the reach of children. Discard 4 weeks after opening.

## MetaKids Baby Probiotic

### Probiotic Support for Babies & Young Children



**MetaKids Baby Probiotic** features a unique blend of probiotics to help support a healthy intestinal environment. The safety and efficacy of these probiotic strains are supported by extensive laboratory research and clinical evaluation.

#### Patient benefits

- Support for a healthy intestinal environment
- Tested in numerous studies
- Backed by a long history of use
- Convenient, easy-to-use dropper bottle

#### Ingredients

Serving Size:

Servings Per Container:

A Blend of:

Bifidobacterium animalis ssp. lactis, Lactobacillus rhamnosus GG

Amt Per Serving	% Daily Value
6 Drops (0.27 ml)	
21	
1 billion live organisms*	

**Other Ingredients:** Sunflower oil, d-alpha-tocopherol, and citric acid

**Directions:** Shake well before use. Administer 6 drops of oil onto a spoon or into milk/food once daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** Keep out of the reach of children. Discard 4 weeks after opening.

## MetaKids D3 Liquid

### For Healthy Bone & Immune Support



**MetaKids D3 Liquid** features the most bioactive form of supplemental vitamin D—in a convenient bottle for easy dosing.

#### Patient benefits

- Supports bone, cardiovascular, immune, and neurological health
- Provides vitamin D3 solubilised in oil to support absorption in the intestinal tract
- Designed for easy, flexible dosing
- Features a pleasant, natural mint flavour for improved patient compliance
- Ideal for kids and those who prefer not to swallow tablets or capsules

#### Ingredients

Serving Size:

Servings Per Container:

Vitamin D3 (as cholecalciferol)

Amt Per Serving	% Daily Value
1 Drop	
>700	
1,000 IU	250%

**Other Ingredients:** Medium chain triglycerides, peppermint oil, spearmint oil, rosemary (antioxidant), and ascorbic acid (antioxidant).

**Directions:** For children ages 4 and above, give 1 drop daily as recommended by a healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Caution:** This product is intended for use under adult supervision. Do not exceed the recommended dosage unless directed by a healthcare practitioner. Keep out of the reach of children.



## MetaKids DHA

### Support for healthy brain function

**MetaKids DHA** features a concentrated, purified source of omega-3 fatty acids to support healthy brain function. Each softgel provides a total of 10 mg EPA and 50 mg DHA. This naturally fruit flavoured formula is tested for purity and quality and stabilised with antioxidants to maintain freshness.

#### Patient benefits

- Supports brain development and eye health
- Great tasting flavoured chewable softgels
- Gluten & dairy free

#### Ingredients

**Serving Size:**  
**Servings Per Container:**  
 Calamari Oil Concentrate  
 DHA (Docosahexaenoic acid)  
 EPA (Eicosapentaenoic acid)

Amt Per Serving	% Daily Value
2 Softgels	
60	
280 mg	*
100 mg	*
20 mg	*

**Ingredients:** Calamari oil concentrate, gelatin, glycerin, purified water, xylitol, natural flavour, and mixed tocopherols

**Directions:** Swallow or chew 2 softgels once daily or as directed by your healthcare practitioner. Not recommended for use by children under the age of 3.

**This product is non-GMO and gluten free.**

**Warning:** This product contains calamari, a mollusk shellfish. If you are allergic to mollusks, do not use this product. If you have allergies to crustacean shellfish you may react to this product as a subset of individuals with crustacean allergies also react to mollusks.

**Caution:** Keep out of the reach of children.



## MetaKids Multi Soft Chew

### Multidimensional Support to Promote Overall Health & Well-being

**MetaKids Multi** is a convenient, great-tasting formula kids will love. Each soft chew provides 15 essential vitamins and minerals to help meet the nutritional needs of growing, active children along with unique phytonutrients from fruit and vegetable powders.

#### Patient benefits

- 15 essential vitamins and minerals
- Meets the nutritional needs of growing, active children
- Great tasting soft chews

#### Ingredients

**Serving Size:**  
**Servings Per Container:**  
 Calories  
 Calories From Fat  
 Total Fat  
 Total Carbohydrate  
 Sugars  
 Sugar Alcohol  
 Vitamin A (as retinyl palmitate)  
 Vitamin C (as ascorbic acid)  
 Vitamin D (as cholecalciferol)  
 Vitamin E (as d-alpha tocopheryl acetate)  
 Thiamin (as thiamine mononitrate)  
 Riboflavin  
 Niacin (as niacinamide)  
 Vitamin B6 (as pyridoxine HCl)  
 Folate (from (6S)-5-methyltetrahydrofolic acid, glucosamine salt)†  
 Vitamin B12 (as methylcobalamin)  
 Biotin  
 Pantothenic Acid (as calcium D-pantothenate)  
 Calcium (as calcium citrate)  
 Iodine (as potassium iodide)  
 Zinc (as zinc citrate)  
 Sodium  
 Vegetable Blend of:  
 Beet (Beta vulgaris L.) Root, Kale (Brassica oleracea sabellica) Leaf,  
 Carrot (Daucus carota sativus) Root  
 Fruit Blend of:  
 Apple (Malus domestica) Fruit, Cranberry (Vaccinium macrocarpon) Fruit,  
 Blueberry (Vaccinium angustifolium) Fruit

Amt Per Serving	% Daily Value
1 Chew	
30	
20	
5	
0.5 g	1%*
4 g	1%*
1 g	*
1 g	*
1,900 IU	38%
60 mg	100%
300 IU	75%
15 IU	50%
1.5 mg	100%
1.7 mg	100%
7.5 mg	38%
2 mg	100%
100 mcg	25%
1.2 mcg	20%
45 mcg	15%
10 mg	100%
100 mg	10%
75 mcg	50%
6 mg	40%
10 mg	<1%
25 mg	*
25 mg	*

**Other Ingredients:** Tapioca syrup, erythritol, cane sugar, palm oil, natural flavours,^ xylitol, sunflower lecithin, citric acid, fruit and vegetable juice (colour), carnauba wax, sea salt, and rebaudioside A (from Stevia rebaudiana leaf extract).

**Directions:** For children age 4 and over, take 1 chew per day or as directed by your healthcare practitioner. Not recommended for children under 3.

**This product is non-GMO and gluten-free.**

**Caution:** Excess vitamin A intake may be toxic. Children under age nine should not exceed 3,000 IU of preformed vitamin A (retinyl palmitate) per day.

**Storage:** Keep in a cool, dry place.

† As Quatrefolic®. Quatrefolic® is a Registered Trademark of Gnosis S.p.A, U.S. Patent No. 7,947,662 ^No MSG



## MetaKids Nutrition Powder

### Foundation Nutrition to Support Young Children

**MetaKids Nutrition Powder** provides important foundation nutrition for children 4-12 years old. This comprehensive formula features breakthrough prebiotic human milk oligosaccharides‡ (PreBiome 2'-FL™)—structurally much like that found in mother's milk—along with a blend of essential nutrients such as choline, plant sourced DHA, and a proprietary vitamin and mineral blend to help support a healthy diet. With 8 grams of high-quality plant-based rice protein and added amino acids, MetaKids Nutrition Powder has a perfect children's Protein Digestibility-Corrected Amino Acid Score (PDCAAS) of 1.0—providing a complete and balanced source of protein to support children's growth.

#### Patient benefits

- Low allergy potential
- Great taste that kids love

#### Ingredients

Serving Size:

Servings Per Container:

Calories	90	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	1.5 g	8%*
Total Carbohydrate	13 g	4%*
Dietary Fibre	5 g	20%*
Sugars	4 g	*
Protein	8 g	16%*
Protein A	2,500 IU	50%
Vitamin C	25 mg	42%
Vitamin D	600 IU	150%
Vitamin E	8 IU	27%
Vitamin K	55 mcg	69%
Thiamin	0.15 mg	10%
Riboflavin	0.17 mg	10%
Niacin	8 mg	40%
Vitamin B6	0.6 mg	30%
Folate	200 mcg	50%
Vitamin B12	1.2 mcg	20%
Biotin	12 mcg	4%
Pantothenic Acid	3 mg	30%
Calcium	160 mg	16%
Iron	1 mg	6%
Phosphorus	180 mg	18%
Iodine	65 mcg	43%
Magnesium	12 mg	3%
Zinc	3 mg	20%
Selenium	17 mcg	24%
Chromium	15 mcg	13%
Chloride	80 mg	2%
Sodium	30 mg	1%
2'-Fucosyllactose (2'-FL)	500 mg	*
L-Lysine	200 mg	*
Docosahexaenoic Acid (DHA)	75 mg	*
Choline	50 mg	*

#### Amt Per Serving

1 Scoop (27 g)

14

#### % Daily Value

**Other Ingredients:** Rice protein concentrate, partially hydrolysed guar gum, organic cane sugar, medium-chain triglycerides, gum acacia, DHA algal powder (glucose syrup solids, DHA algal oil, modified corn starch, mannitol, high oleic sunflower oil, sodium ascorbate, mono and diglycerides, sodium polyphosphate, tricalcium phosphate, natural flavours, tocopherols, sunflower lecithin, and ascorbyl palmitate), 2'-fucosyllactose powder, guar gum, dicalcium phosphate, natural flavours,†† silica, xanthan gum, L-lysine HCl, choline bitartrate [hydrogenated vegetable oil encapsulate (one or more of highly refined Soybean oil, palm oil, and cottonseed oil)], vitamin/mineral premix (ascorbic acid, d-alpha tocopheryl acetate, rice flour, zinc gluconate, beta-carotene, niacinamide, retinyl acetate, cholecalciferol, d-calcium pantothenate, selenomethionine, D-biotin, phylloquinone, potassium iodide, pyridoxine HCl, calcium L-5 methyltetrahydrofolate,††† thiamin HCl, riboflavin, chromium polynicotinate, and methylcobalamin), Chinese cinnamon powder, and Luo Han Guo fruit (monk fruit) extract.

**Directions:** For children ages 4-12, blend, shake, or briskly stir about 1 scoop (27 g) into 120ml of pure, distilled, or filtered water until powder is completely dissolved.

**This product is non-GMO and gluten-free.**

**Warning:** Keep out of the reach of children.

††No MSG

†††As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

‡Not from human milk



## MetaKids Probiotic

### Chewable Daily Probiotic Support

**MetaKids Probiotic** provides a proprietary blend of highly viable, pure strains of “friendly” bacteria that have been clinically shown to support immune health. This delicious, naturally grape flavoured chewable formula is backed by the Metagenics ID Guarantee for purity, clinical reliability, and safety via scientific identification of strains with established health benefits.

#### Patient benefits:

- Helps to maintain gastrointestinal microbiota
- May facilitate the digestion of lactose

#### Ingredients

Serving Size:

Servings Per Container:

% Daily Value for Children 4 or more Years of Age

Calories

Total Carbohydrate

Sugar Alcohol

A 50:50 Blend of: Lactobacillus acidophilus NCFM Strain

Bifidobacterium lactis Bi-07

Amt Per Serving

2 Chewable Tablets

30

5

1 g

1 g

10 billion live organism† \*

% Daily Value

<1%\*

\*

**Other Ingredients:** Xylitol, natural flavours, sorbitol, microcrystalline cellulose, fruit and vegetable juice colours (carrot, hibiscus), DL-malic acid, citric acid, stearic acid (vegetable), magnesium stearate (vegetable), and silica.

**Directions:** Children age 3 and older chew 1 to 2 tablets once daily or as directed by your healthcare practitioner. Chew or crush tablets completely before swallowing. Do not swallow tablets whole.

**This product is vegetarian, gluten-free, and non-GMO.**

**Warning:** Keep out of the reach of children.

**Caution:** This product is intended for use under adult supervision.

**Storage:** Keep refrigerated.



## MetalloClear

### Support for Heavy Metal Metabolism

**MetalloClear** offers specialised nutritional support designed to enhance liver detoxification activities. Preliminary research suggests that curcumin, andrographis, and hops-derived phytonutrients up-regulate the genetic expression of enzymes involved in the metabolism of some heavy metals.

#### Patient benefits:

- Research suggests MetalloClear may up-regulate the genetic expression of an enzyme involved in the metabolism of some heavy metals
- Helps to modulate oxidative stress associated with heavy metal metabolism
- No reported serious adverse effects

#### Ingredients

Serving Size:

Servings Per Container:

Zinc (as zinc citrate)

Andrographis (Andrographis paniculata) Aerial Part Extract

Turmeric (Curcuma longa) Rhizome Extract [standardised to 95% (50 mg) curcuminoids]

Proprietary Blend of Hops (Humulus lupulus L.) and Luduxin®†

Amt Per Serving

1 Tablet

180

1.7 mg

50 mg

52.5 mg

882 mg

% Daily Value

11%

\*

\*

\*

\*

**Directions:** Use as directed by your healthcare practitioner. Take with food as recommended.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** Do not use if pregnant, nursing, or if taking anticoagulants.

**Caution:** If taking medication, consult your healthcare practitioner before use.

†Luduxin consists of reduced-iso-alpha acids (from hops extract, Humulus lupulus) and magnesium salt produced via a proprietary process.

## MetaRelax

### Designed to Help Promote Restful Sleep, Positive Mood & Relaxation

**MetaRelax** is a great tasting orange citrus flavoured magnesium powder blend.

#### Patient benefits:

- This unique formula features a magnesium amino acid chelate (bis-glycinate) designed to enhance absorption and intestinal tolerance. Also features taurine, vitamins B6, B12, and folate
- Magnesium plays an important role in calcium metabolism and acts with calcium to support many biological processes, including bone formation, muscle contraction and relaxation, and nervous system health
- Folate and vitamin B12 are cofactors in the synthesis of neurotransmitters, including serotonin. Vitamin B6 is a factor in the body's conversion of glutamate (a stimulatory neurotransmitter) into gamma-aminobutyric acid (GABA), a neurotransmitter with calming and relaxing properties

#### Ingredients

Serving Size:

Serving Per Container:

Vitamin B6 (as pyridoxine HCl)

Folate (as folic acid and calcium L-5-methyltetrahydrofolate†)

Vitamin B12 (as methylcobalamin)

Amt Per Serving

3.3 g

30

2.8 mg

200 mcg

3 mcg

% Daily Value

140%

50%

50%



Magnesium (as magnesium bis-glycinate)	150 mg	38%
Taurine	200 mg	*

**Other Ingredients:** Citric acid, natural flavours, rebaudioside A (from Stevia rebaudiana leaf extract), and silica.

**Directions:** Mix packet contents into 240 ml of water once daily or as directed.

**This product is non-GMO, gluten free, and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use.

## Meta-Sitosterol 2.0

### Plant Sterol Complex for Support of Healthy Cholesterol Levels

**Meta-Sitosterol 2.0** is a naturally derived vegetable preparation featuring plant sterols.

**Patient benefits:**

- Helps to maintain healthy cholesterol levels already within a normal range
- May help support healthy prostate function
- Provides a balanced concentrate of plant sterols for optimal activity and effectiveness
- The National Institutes of Health recommends a healthy diet, along with the consumption of 2 grams of plant sterols daily, to promote cardiovascular health
- Provides L-5-MTHF, a metabolically active form of folate, to support healthy homocysteine metabolism and cardiovascular health



Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	90	
<b>Per Serving (1 Tablet)</b>		
Folate	267 mcg	67%
Beta-sitosterol	333 mg	*
Campesterol	167 mg	*
Stigmasterol	92 mg	*
Other Plant Sterols	117 mg	*
<b>Per Day (3 Tablets)</b>		
Folate	800 mcg	200%
Beta-sitosterol	1,000 mg	*
Campesterol	500 mg	*
Stigmasterol	275 mg	*
Other Plant Sterols	350 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, stearic acid (vegetable), and croscarmellose sodium.

**Directions:** Take 2 tablets daily or as directed by your healthcare practitioner.

**This product is gluten free, and vegetarian.**

**Do not refrigerate** (Refrigeration may cause moisture condensation).

†As Metafolin® U.S. Patent Nos. 5,997,915; 6,254,904. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany

## Methyl Care

### Support for Healthy Methylation & Homocysteine Metabolism

**Methyl Care** is a comprehensive formula that features calcium L-5-methyltetrahydrofolate—a body-ready, nature identical folate—along with N-acetyl-L-cysteine, vitamins B6 and methylated B12, and betaine HCl. Together, these nutrients support methylation, which promotes healthy homocysteine metabolism.

**Patient benefits:**

- Supports healthy methylation



Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Capsules†	
<b>Servings Per Container:</b>	30	
Riboflavin	1.6 mg	94%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folate (as calcium L-5-methyltetrahydrofolate)††	800 mcg	200%
Vitamin B12 (as methylcobalamin)	1,000 mcg	16,667%
Zinc (as zinc citrate)	1.5 mg	10%
Manganese (as manganese citrate)	0.4 mg	20%
Molybdenum (as molybdenum glycinate)	15 mcg	20%
N-Acetyl-L-Cysteine	600 mg	*
Betaine HCl	500 mg	*

**Other Ingredients:** Capsule (hydroxypropylmethylcellulose), silicified microcrystalline cellulose, stearic acid (vegetable), magnesium stearate (vegetable), and silica.

**Directions:** Take 2 capsules once daily, or as directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Caution:** If pregnant or nursing, or taking medications, please consult your healthcare practitioner before use.

*Vegetarian capsules.*

††As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany



## Mg/K Aspartate

### Highly Absorbable Magnesium & Potassium

Mg/K Aspartate features magnesium and potassium in the form of true mineral aspartates designed to enhance absorption.

#### Patient benefits:

- Magnesium plays an important role in energy production
- Potassium is a key electrolyte in cellular function

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Magnesium (as magnesium aspartate)  
Potassium (as potassium aspartate)

#### Amt Per Serving

2 Tablets

30

100 mg

160 mg

#### % Daily Value

25%

5%

**Other Ingredients:** Microcrystalline cellulose, cellulose, stearic acid (vegetable), and croscarmellose sodium.

**Directions:** Take 2 tablets daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.



## MitoVive

### Mitochondria & Cell Function Support

**MitoVive** is designed to support healthy functioning of the mitochondria—the powerhouses of the cell—and overall cell activity to help relieve muscle discomfort and promote soft tissue health. This formula features targeted amino acids (i.e., L-carnitine, taurine), magnesium, and other nutrients in an easy-to-use, powdered delivery form.

#### Patient benefits:

- Features targeted support for mitochondrial function and neuromuscular health
- Provides targeted nutrition for soft tissue in those with muscle tenderness and discomfort
- Supplies magnesium as an amino acid chelate designed for easy absorption
- Provides antioxidant protection against oxidative stress that can influence healthy cell function
- Provides taurine, which research suggests may be able to cross the blood-brain barrier and play a role in supporting brain health

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Calories

Total Carbohydrate

Sugars

Vitamin C (as ascorbic acid)

Thiamin (as thiamin mononitrate)

Riboflavin

Niacin (as niacinamide)

Vitamin B6 (as pyridoxine HCl)

Folate (as calcium L-5-methyltetrahydrofolate)†

Vitamin B12 (as methylcobalamin)

Calcium (as dicalcium phosphate)

Phosphorus (as dicalcium phosphate)

Magnesium (as magnesium carbonate and magnesium glycinate)

Selenium (as selenomethionine)

Chromium (as chromium picolinate)

Potassium (as potassium chloride)

L-Carnitine (as L-carnitine fumarate)

Malic Acid

Taurine

#### Amt Per Serving

1 Scoop (16 g)

30 (by weight)

50

9 g

7 g

300 mg

30 mg

1.9 mg

50 mg

50 mg

150 mcg

150 mcg

62 mg

50 mg

300 mg

25 mcg

50 mcg

55 mg

1.5 g

760 mg

600 mg

#### % Daily Value

3%\*

500%

2,000%

112%

250%

2,500%

38%

2,500%

6%

5%

75%

36%

42%

2%

\*

\*

**Other Ingredients:** Fructose, natural flavours, silica, annatto powder (colour), and rebudioside A (Stevia rebaudiana leaf extract).

**Directions:** Blend, shake, or briskly stir 1 scoop (16 g) into 120ml of chilled water, or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.



## Multigenics

### Comprehensive Multiple Vitamin/Mineral Formula

**Multigenics** is a comprehensive multiple vitamin and mineral formula suitable for adolescents, adults, and seniors that provides a comprehensive nutritional foundation for optimal health.

#### Patient benefits:

- Supplies high potency, balanced B vitamins with extra B12 for healthy methylation and homocysteine metabolism
- Contains Caro-xan, a proprietary blend of beta-carotene and Betatene mixed carotenoids for balanced antioxidant protection
- Provides natural source vitamin E in a 1:1 ratio of alpha to gamma tocopherols (along with beta and delta tocopherols) to more closely resemble the tocopherol profile found naturally in vitamin E-rich plants
- Features mineral amino acid chelates designed for mineral absorption
- Provides a 2:1 ratio of calcium to magnesium for balanced bone support
- Delivers select nutrients to support healthy liver and adrenal function

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Vitamin A [85% (8,500 IU) as beta-carotene† and 15% (1,500 IU)

as retinyl acetate]

Vitamin C (as ascorbic acid)

Vitamin D (as cholecalciferol)

Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)

Thiamin (as thiamin mononitrate)

Riboflavin

Niacin (as niacinamide and niacin)

Vitamin B6 (as pyridoxine HCl)

Folate (as calcium L-5-methyltetrahydrofolate†)

Vitamin B12 (as methylcobalamin)

Biotin

Pantothenic Acid (as d-calcium pantothenate)

Calcium (as calcium citrate)

Iron (as iron glycinate)

Iodine (as potassium iodide)

Magnesium (as magnesium bis-glycinate and magnesium citrate)

Zinc (as zinc citrate)

Selenium (as selenium aspartate)

Copper (as copper citrate)

Manganese (as manganese citrate)

Chromium (as chromium citrate)

Molybdenum (as molybdenum aspartate)

Potassium (as potassium aspartate)

Betaine HCl

Choline (as choline bitartrate)

Inositol

Citrus Bioflavonoid Complex

para-Aminobenzoic Acid (PABA)

Quercetin

Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)

#### Amt Per Serving

6 Tablets

15

#### % Daily Value

10,000 IU	200%
1,200 mg	2,000%
20 IU	5%
100 IU	333%
30 mg	2,000%
34 mg	2,000%
420 mg	2,100%
40 mg	2,000%
800 mcg	200%
200 mcg	3,333%
300 mcg	100%
200 mg	2,000%
500 mg	50%
10 mg	55%
150 mcg	100%
250 mg	63%
20 mg	133%
200 mcg	286%
2 mg	100%
1 mg	50%
200 mcg	167%
100 mcg	133%
99 mg	3%
325 mg	*
200 mg	*
188 mg	*
100 mg	*
50 mg	*
25 mg	*
5.85 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, croscarmellose sodium, and coating (water, hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin)

**Directions:** Take six tablets daily with meals or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

† Caro-xan®, a proprietary blend of beta-carotene and Betatene® mixed carotenoids

††As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany



## Multigenics Chewable

### Comprehensive Multivitamin/Mineral Formula

**Multigenics Chewable** is a high quality multiple vitamin and mineral supplement with excellent nutrient bioavailability designed especially for children or for those adults who prefer a chewable tablet.

#### Patient benefits:

- Provides an essential, comprehensive foundation for optimal health in a delicious chewable form
- Delivers amino acid chelates designed to be highly absorbable, ratio-balanced B vitamins, and broad-spectrum antioxidant protection
- Contains Caro-xan†, a proprietary blend of beta-carotene and Betatene mixed carotenoids for balanced antioxidant protection

#### Ingredients

##### Serving Size:

##### Servings Per Container:

##### Adults and Children 4 or more Years of Age:

Calories

Total Carbohydrates

• Sugars

• Sugar Alcohols

Vitamin A [50% (1,250 IU) as retinyl acetate and 50% (1,250 IU) as

#### Amt Per Serving

2 Tablets

30

#### % Daily Value

5	
1 g	<1%*
<1 g	*
<1 g	*

beta-carotene† and mixed carotenoids]	2,500 IU	50%
Vitamin C (as magnesium ascorbate and ascorbic acid)	100 mg	167%
Vitamin D (as cholecalciferol)	100 IU	25%
Vitamin E (as d-alpha tocopheryl acetate)	20 IU	67%
Thiamin (as thiamin mononitrate)	1.4 mg	93%
Riboflavin	1.6 mg	94%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	1.4 mg	70%
Folate (as calcium L-5-methyltetrahydrofolate)	300 mcg	75%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Biotin	38 mcg	13%
Pantothenic Acid (as D-calcium pantothenate)	10 mg	100%
Calcium (as calcium citrate malate)	15 mg	2%
Iron (as iron glycinate)	2 mg	11%
Iodine (as potassium iodide)	70 mcg	47%
Magnesium (as magnesium citrate and magnesium ascorbate)	15 mg	4%
Zinc (as zinc gluconate)	2 mg	13%
Copper (as copper lysinate)	100 mcg	5%
Manganese (as manganese aspartate)	200 mcg	10%
Quercetin	2 mg	*
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	748.5 mcg	*

**Other Ingredients:** Fructose, xylitol, sorbitol, stearic acid (vegetable), natural flavours, silica, guar gum, malic acid, and citric acid. **Contains: Soy.**

**Directions:** Children 2 to 4 years: Take 1 tablet daily. Children 4 to 7 years: Take 1 tablet 1 to 2 times daily. Children over 7 and adults: Take 1 tablet 3 times daily or as directed.

**This product is non-GMO and gluten free.**

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control centre immediately.**

†Caro-xan®, a proprietary blend of beta-carotene and Betatene® mixed carotenoids



## Multigenics without Iron

### Comprehensive Multivitamin/Mineral Formula

**Multigenics without Iron** is the same comprehensive multiple vitamin and mineral formula as Multigenics, but without added iron. Designed for individuals who may already be receiving adequate levels of dietary iron.

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	6 Tablets	
<b>Servings Per Container:</b>	15	
Vitamin A [85% (8,500 IU) as beta-carotene† and 15% (1,500 IU) as retinyl acetate]	10,000 IU	200%
Vitamin C (as ascorbic acid)	1,200 mg	2,000%
Vitamin D (as cholecalciferol)	20 IU	5%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	100 IU	333%
Thiamin (as thiamin mononitrate)	30 mg	2,000%
Riboflavin	34 mg	2,000%
Niacin (as niacinamide and niacin)	420 mg	2,100%
Vitamin B6 (as pyridoxine HCl)	40 mg	2,000%
Folate (as calcium L-5-methyltetrahydrofolate††)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	200 mcg	3,333%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	200 mg	2,000%
Calcium (as calcium citrate)	500 mg	50%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium bis-glycinate and magnesium citrate)	250 mg	63%
Zinc (as zinc citrate)	20 mg	133%
Selenium (as selenium aspartate)	200 mcg	286%
Copper (as copper citrate)	2 mg	100%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium citrate)	200 mcg	167%
Molybdenum (as molybdenum aspartate)	100 mcg	133%
Potassium (as potassium aspartate)	99 mg	3%
Betaine HCl	325 mg	*
Choline (as choline bitartrate)	200 mg	*
Inositol	188 mg	*
Citrus Bioflavonoid Complex	100 mg	*
para-Aminobenzoic Acid (PABA)	50 mg	*
Quercetin	25 mg	*
Mixed Carotenoids (including beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, and lutein)	5.85 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, stearic acid (vegetable), silica, croscarmellose sodium, and coating (water, hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

**Directions:** Take six tablets daily with meals or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

†Caro-xan®, a proprietary blend of beta-carotene and Betatene® mixed carotenoids (Betatene Ltd., Corp., Australia).

††As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany



## MyoCalm

### Muscle Relaxation Formula

**MyoCalm** is a time-tested, specialised formula that provides bioavailable forms of magnesium and calcium blended with select herbs that support healthy muscle function.

#### Patient benefits:

- Supplies important minerals involved in muscular contraction and relaxation responses
- May help relieve minor muscle pain associated with stress or physical exertion, and may prevent nocturnal leg muscle cramps
- Features extracts of passionflower and valerian for added relaxation support

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Tablets	
<b>Servings Per Container:</b>	30	
Calcium (as calcium lactate)	50 mg	5%
Magnesium (as magnesium citrate)	100 mg	25%
Passionflower ( <i>Passiflora incarnata</i> ) Flower 5.5:1 Extract	40 mg	*
Valerian ( <i>Valeriana officinalis</i> ) Root Extract	20 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets up to 3 times daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Use with caution when driving or operating machinery; may cause drowsiness.

**Storage:** Keep tightly closed in a cool, dry place.

**Do not refrigerate.**



## MyoCalm Plus

### Nighttime Muscle Relaxation Formula

**MyoCalm Plus** is a specialised formula that supplies bioavailable forms of calcium and magnesium that play a role in muscle contraction and relaxation. These minerals are blended with passionflower and valerian for added relaxation support.

#### Patient benefits:

- Promotes muscle relaxation
- May help relieve minor pain associated with muscle tension, which can be caused by stress or physical overexertion
- Promotes a feeling of calm, and can be taken at bedtime for occasional sleeplessness

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	3 Tablets	
<b>Servings Per Container:</b>	20	
Calcium (as calcium lactate)	75 mg	8%
Magnesium (as magnesium citrate)	150 mg	38%
Passionflower ( <i>Passiflora incarnata</i> ) Flower 5.5:1 Extract	60 mg	*
Valerian ( <i>Valeriana officinalis</i> ) Root Extract	30 mg	*
Hops ( <i>Humulus lupulus</i> ) Cone 7.5:1 Extract	60 mg	*
Lemon Balm ( <i>Melissa officinalis</i> ) Leaf 4:1 Extract	150 mg	*

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 3 tablets at bedtime or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Use with caution when driving or operating machinery; may cause drowsiness.

**Storage:** Keep tightly closed in a cool, dry place.

**Do not refrigerate.**



## Niatain

### Support for Healthy Lipid Metabolism

**Niatain** offers clinically evaluated, extended niacin delivery for a more comfortable approach to healthy lipid metabolism support with reduced flushing potential. Supplemental niacin has been extensively researched and endorsed for decades.

#### Patient benefits:

- Supplies a high quality source of niacin, which contributes to healthy lipid metabolism
- Provides an extended release delivery form to reduce potential for flushing, that has been clinically evaluated
- Features a non-wax, vegetable source coating for favourable dissolution (laboratory tested)
- Complements lifestyle recommendations and other conventional, clinically supervised approaches to support overall cardiovascular health

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	60	
Niacin (as nicotine acid)	500 mg	2,500%

**Other Ingredients:** Microcrystalline cellulose, hypromellose, stearic acid (vegetable), silica, and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet with a meal 1 to 2 times daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** Niacin use may be associated with itching and/or flushing.

**Warning:** Do not use if pregnant or breastfeeding or if you have a history of gout or liver dysfunction. Larger than recommended doses of niacin have been associated with liver dysfunction. If taking cholesterol lowering medications, please discuss with your clinician prior to use.



## NuSera Relief for Stressful Moments

**NuSera** is formulated in a great-tasting, chocolate chewable to help promote a feeling of calmness and relaxation during times of stress. This science-based formula features a clinically effective dosage of LactiumPure—a patented, bioactive decapeptide—which research suggests promotes a healthy response to stress. In clinical studies, this unique ingredient was shown to boost the body's ability to manage stress, which is important for maintaining a healthy lifestyle.

### Patient benefits:

- Clinical studies suggest LactiumPure†—the patented, active ingredient in NuSera—improves stress response measures, including physical and emotional reactions
- Research suggests LactiumPure may influence the metabolism of cortisol, the stress hormone
- In vitro studies suggest LactiumPure positively influences the activity of gamma-aminobutyric acid (GABA)—a calming neurotransmitter
- Clinically effective dose
- Ideal for those who are "occasionally stressed"

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Chewable Tablet	
<b>Servings Per Container:</b>	30	
Calories	5	
Total Carbohydrate	2 g	<1%*
Sugar Alcohol	1 g	
Milk Protein Hydrolysate†	150 mg	*

**Ingredients:** Sorbitol, fructose, casein tryptic hydrolysate (milk), natural flavours, Dutch processed cocoa, stearic acid (vegetable), silica, and guar gum. **Contains: Milk.**

**Directions:** Chew 1 tablet during times of stress or as directed by your healthcare provider. Do not exceed 4 tablets per day.

**This product is non-GMO and gluten free.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Excessive consumption may cause drowsiness. If taking medication, consult your healthcare practitioner before use. Avoid use if taking benzodiazepine or consuming alcohol.

†LactiumPure, a pure, undiluted, bioactive decapeptide (10 amino acid sequence) complex derived from casein, a milk fraction. This material contains a non-milk carrier.

## NutraGems CoQ10 300 Concentrated, Great-Tasting CoQ10

**NutraGems CoQ10 300** features 300 mg of emulsified CoQ10, a naturally occurring substance essential for energy production and is of particular importance in supporting cardiovascular health.

### Patient benefits:

- Provides 300 mg of emulsified CoQ10 to enhance absorption
- Supports healthy heart muscle function and overall cardiovascular health
- Provides general support for cardiovascular health, energy production, and antioxidant protection
- Adjunct protocol for patients taking statin medication to prevent CoQ10 deficiency
- Ideal for patients who need a higher dosage or those who prefer not to swallow pills



Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Chewable Gel	
<b>Servings Per Container:</b>	30	
Calories	5	
Total Carbohydrate	0.5 g	<1%*
Sugar Alcohol	0.5 g	
Coenzyme Q10 (ubiquinone)	300 mg	*

**Other Ingredients:** Sunflower oil, xylitol, purified water, sorbitol, gelatin, trisodium citrate, malic acid, natural flavours, and lycopene (colour).

**Directions:** Chew 1 gel daily or as directed by your healthcare practitioner.

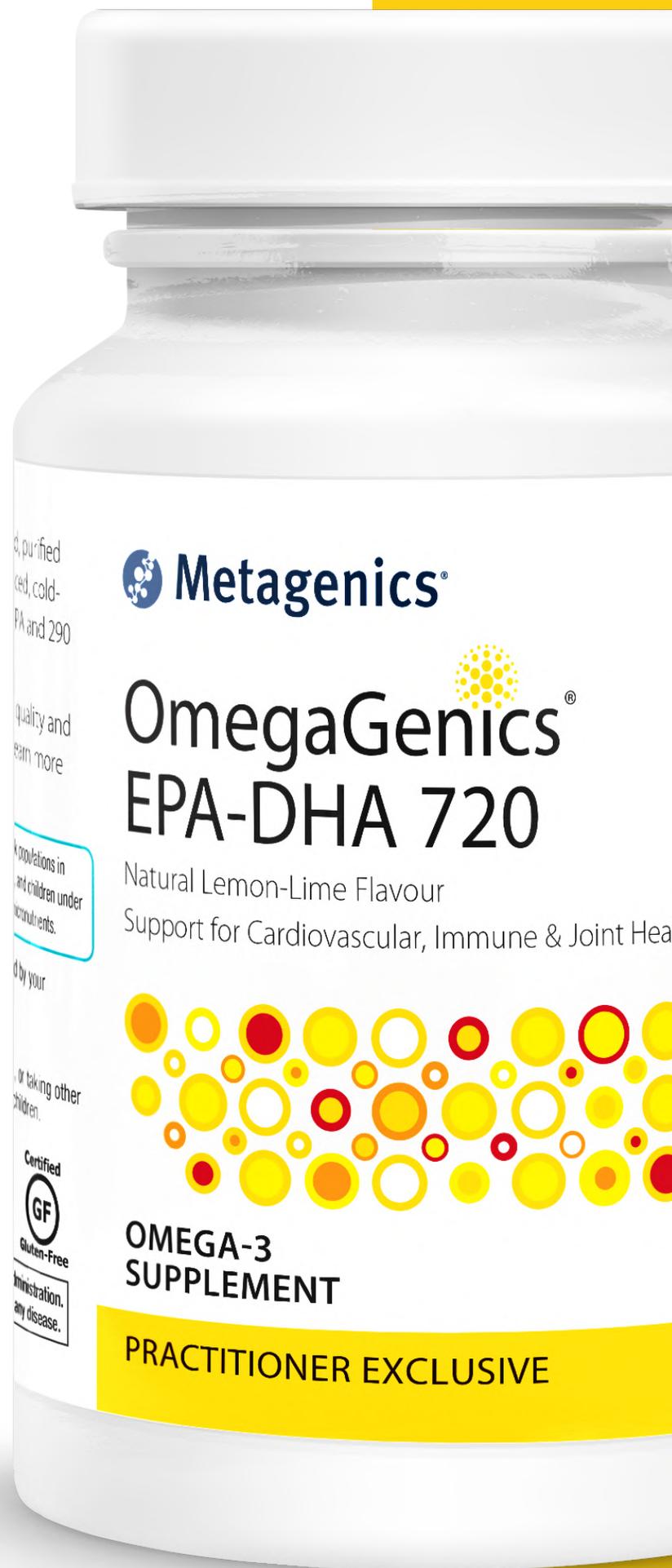
**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Do not exceed the recommended dosage unless directed by your healthcare practitioner.

# The OmegaGenics Difference

- OmegaGenics formulas are created for customisable patient protocols, with specialised omega-3 ratios and dosage options to help support areas such as cardiovascular and musculoskeletal health, and immune and cognitive function.
- To help increase patient compliance, we offer a variety of delivery forms, including liquids, softgels, and enteric-coated options in both triglyceride and ethyl ester oils, to suit individual patient preferences.
- We stand on 3 pillars of quality—transparency, sustainability, and extensive testing—to bring you advanced nutritional solutions you can trust.

That's our promise





## OmegaGenics EPA-DHA 1000

### Triglyceride Form: Helps Support Cardiovascular, Musculoskeletal & Immune System Health

**OmegaGenics EPA-DHA 1000** features a concentrated, purified source of omega-3 fatty acids in triglyceride form from sustainably sourced, cold-water fish. Each softgel provides a total of 710 mg EPA and 290 mg DHA.

#### Patient benefits:

- Omegas promote cardiovascular health, joint health and supports the immune system

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Softgel		
<b>Servings Per Container:</b> 60		
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Cholesterol	5 mg	2%
Marine Lipid Concentrate	1.4 g	*
EPA (Eicosapentaenoic acid triglyceride)	710 mg	*
DHA (Docosahexaenoic acid triglyceride)	290 mg	*
Other Omega-3 Fatty Acid Triglycerides	100 mg	*

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], softgel shell (gelatin, glycerin, water), contains 2 percent or less of natural lemon flavour, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant).

**Contains:** Fish (anchovy, sardine, and mackerel).

**Directions:** Take 1 softgel up to 3 times daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Caution:** Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications.



## OmegaGenics DHA 600

### Targeted Support for Brain Health, Cognitive Function & Eye Health

**OmegaGenics DHA 600** features a highly concentrated source of health-promoting omega-3 fatty acids from sustainably sourced marine lipids. Each softgel provides a total of 600 mg of concentrated DHA.

#### Patient benefits:

- Helps maintain healthy triglycerides and supports vascular health
- Supports healthy neurological and cognitive function
- Supports eye health
- Stabilised with natural antioxidants to maintain freshness

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Softgel		
<b>Servings Per Container:</b> 90		
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Cholesterol	10 mg	3%
Calamari Oil Concentrate	1.2 g	*
DHA (Docosahexaenoic acid)	600 mg	*
EPA (Eicosapentaenoic acid)	60 mg	*
Other Omega-3 Fatty Acids	20 mg	*

**Ingredients:** Calamari oil, gelatin, glycerin, purified water, natural lemon flavour, and mixed tocopherols.

**Directions:** Take 1 softgel 1 to 3 times daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Warning:** This product contains calamari, a mollusk shellfish. If you are allergic to mollusks, do not use this product. **Please note that a subset of individuals with crustacean allergies may also react to mollusks.**



## OmegaGenics EPA-DHA 2400

### Targeted Support for Cardiovascular System, Immune & Joint Health

**OmegaGenics EPA-DHA 2400** features a highly concentrated source of health-promoting omega-3 essential fatty acids from cold-water fish. Each teaspoon provides 2400 mg of highly concentrated EPA and DHA. Ideal for adults seeking higher levels of EPA and DHA.

#### Patient benefits:

- Supports healthy blood lipids, cardiovascular health, a positive mood, and overall health
- Triglyceride form for easy absorption
- Natural antioxidants to maintain freshness

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Teaspoon (5 ml)		
<b>Servings Per Container:</b> 30		
Calories	40	
Calories from Fat	40	
Total Fat	4 g	6%*
Cholesterol	15 mg	5%*
Omega-3 Fatty Acids (as TG)	2.8 g	*

EPA (Eicosapentaenoic acid triglyceride)	1,410 mg	*
DHA (Docosahexaenoic acid triglyceride)	990 mg	*
Other Omega-3 Fatty Acid Triglycerides	400 mg	*

**Ingredients:** Fish (anchovy, sardine, and mackerel) oil concentrate, natural lemon flavour, mixed tocopherols (antioxidant), rosemary extract, and ascorbyl palmitate (antioxidant).

**Contains:** Fish (anchovy, sardine, and mackerel).

**Directions:** Take 1 teaspoon once daily

**This product is non-GMO and gluten free.**

**Caution:** Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications.

**Storage:** Refrigerate after opening and use within 90 days. This oil may become cloudy when refrigerated, which is normal and does not alter product efficacy.



## OmegaGenics EPA-DHA 300 Algae

### Support for a Healthy Cardiovascular System, Immune Response & Overall Health

**OmegaGenics EPA DHA 300 Algae** features a concentrated, purified, vegetarian source of pharmaceutical-grade omega-3 fatty acids from the microalgae *Schizochytrium sp.* Each serving provides a sum of 600 mg EPA and DHA in triglyceride form for easy absorption.

**Patient benefits:**

- All OmegaGenics formulas are tested for purity and quality and stabilised with antioxidants to maintain freshness

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Softgels	
<b>Servings Per Container:</b>	30	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	5 mg	2%*
Omega-3 Fatty Acid Triglycerides (minimum sum of EPA+DHA)	600 mg	*
Providing a minimum of each of:		
EPA (Eicosapentaenoic acid triglyceride)	180 mg	
DHA (Docosahexaenoic acid triglyceride)	360 mg	

**Ingredients:** Algal oil, softgel [water, modified corn starch, glycerin, carrageenan, sorbitol, caramel (colour), and beta-carotene (colour)], sunflower oil, mixed tocopherols (antioxidant), natural flavour, sunflower lecithin, and ascorbyl palmitate (antioxidant).

**Directions:** Take 2 softgels up to 2 times daily with food or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** Consult your healthcare practitioner if pregnant, nursing, or taking other nutritional supplements or medications.



## OmegaGenics EPA-DHA 500 EC

### Support for Cardiovascular, Immune & Overall Health

**OmegaGenics EPA-DHA 500 EC** features a concentrated source of health-promoting omega-3 essential fatty acids from cold-water fish. Each serving provides a total of 1000 mg of EPA and DHA.

**Patient benefits:**

- Enteric-coated softgels reduce the likelihood of repeating (burp-up) in susceptible individuals
- Supports healthy blood lipids and cardiovascular health
- Provides a healthy balance of omega-3s to promote overall health
- Stabilised with natural antioxidants to maintain freshness

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Softgels	
<b>Servings Per Container:</b>	30	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%*
Marine Lipid Concentrate	2 g	*
EPA (Eicosapentaenoic acid)	600 mg	*
DHA (Docosahexaenoic acid)	400 mg	*

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, enteric coating [methacrylic acid copolymer, propylene glycol, triacetin, glyceryl monostearate, triethyl citrate, vanillin, polysorbate 80, methyl paraben (preservative), and propyl paraben (preservative)], natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate.

**Contains:** Fish (anchovy, sardine, and mackerel).

**Directions:** Take 2 softgels up to 3 times daily with food or as directed

**This product is non-GMO and gluten free.**



## OmegaGenics EPA-DHA 720

### Support for Cardiovascular, Immune & Joint Health

**OmegaGenics EPA-DHA 720** features a highly concentrated source of health-promoting omega-3 essential fatty acids from cold-water fish. Each serving provides a total of 1440 mg of EPA and DHA.

#### Patient benefits:

- Supports healthy blood lipids and cardiovascular health
- Provides a healthy balance of omega-3s to promote overall health
- Higher intakes of EPA and DHA are associated with a positive mood
- Produced in a Norwegian pharmaceutical-licensed facility
- Tested for contaminants by a leading third-party lab
- Natural antioxidants to maintain freshness

#### Ingredients

**Serving Size:**

**Servings Per Container:**

Calories  
 Calories from Fat  
 Total Fat  
 Cholesterol  
 Marine Lipid Concentrate  
 EPA (Eicosapentaenoic acid)  
 DHA (Docosahexaenoic acid)  
 Other Omega-3 Fatty Acids

Amt Per Serving	% Daily Value
2 Softgels	
30/60	
25	
25	
2.5 g	4%*
5 mg	2%
2.5 mg	*
860 mg	*
580 mg	*
160 mg	*

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate.

**Contains:** Fish (anchovy, sardine, and mackerel).

**Directions:** Take 2 softgels up to 3 times daily with food or as directed.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, or taking medication—including blood thinning medication—consult your healthcare practitioner before use. Do not use before surgery.



## OmegaGenics Mega 10

### Omega 3 & 7: Helps Support Immune Function & Cardiovascular Health

**OmegaGenics Mega 10** is the more complete omega formula for heart health. It delivers a powerful combination of purified omega-7 and omega-3 fatty acids to provide targeted, enhanced support for overall cardiovascular health.

#### Patient benefits:

- Purified omega-7s fatty acids processed to remove palmitic acid 6.6 times more EPA DHA than the leading krill oil (500 mg vs. 74 mg per softgel)
- Enteric softgels reduce the likelihood of repeating (burp-up) in susceptible individuals
- Purity guaranteed—each batch is purity guaranteed and tested by a third-party lab for quality you can trust
- Concentrated dose in easy-to-swallow softgels with a natural lemon flavour

#### Ingredients

**Serving Size:**

**Servings Per Container:**

Calories  
 Calories from Fat  
 Total Fat  
 Marine Lipid Concentrate  
 EPA (Eicosapentaenoic acid)  
 DHA (Docosahexaenoic acid)  
 Other Omega-3 Fatty Acids  
 Omega-7 Oil  
 Palmitoleic Acid

Amt Per Serving	% Daily Value
1 Softgel	
60	
10	
10	
1 g	2%*
782 mg	*
330 mg	*
170 mg	*
60 mg	*
210 mg	*
110 mg	*

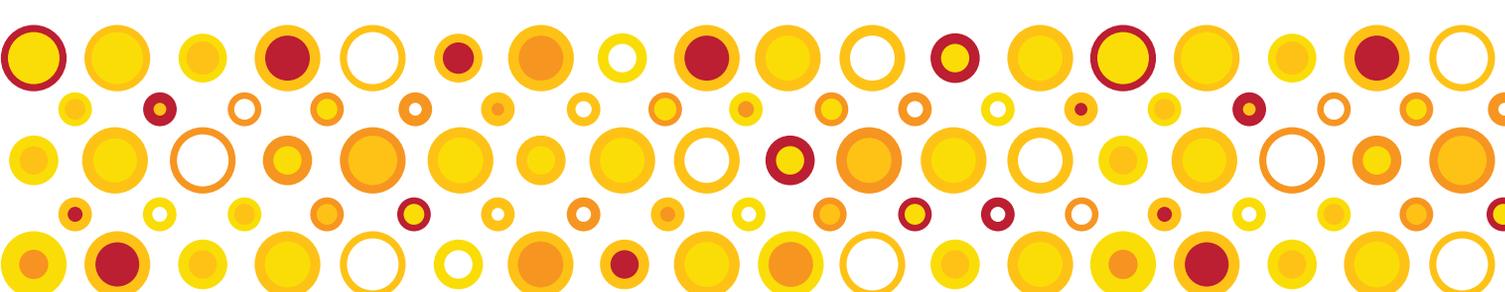
**Ingredients:** Fish oil (anchovy, sardine), water, gelatin, glycerin, natural lemon oil, pectin, sorbitol, and mixed tocopherols.

**Contains:** Fish (anchovy, sardine).

**Directions:** Take 1 softgel 1 to 2 times daily with food or as directed by your healthcare practitioner.

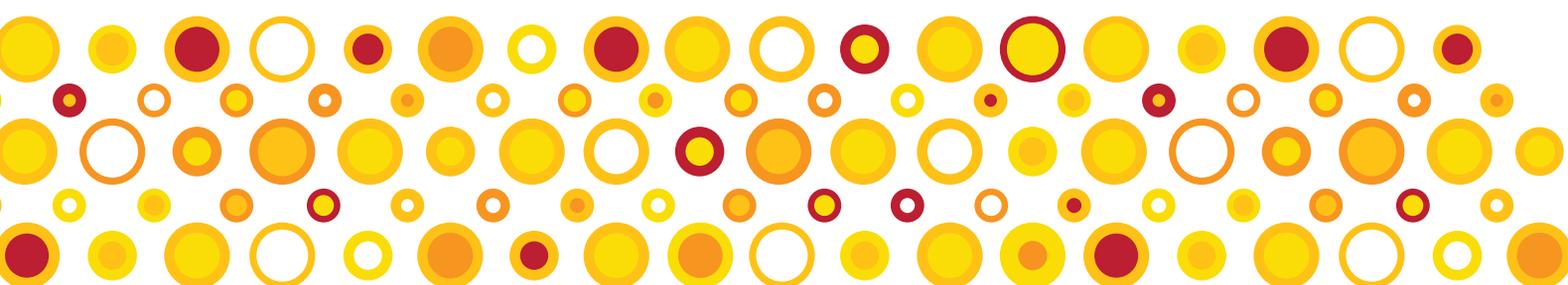
**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Do not use before surgery.



# Omega Clinical Applications

Formula	Omega Fatty Acid Content per serving	Triglyceride / Ethyl Ester	Form	Application
MetaKids Baby DHA & D3	130 mg DHA 45 mg EPA	TG	Liquid	<ul style="list-style-type: none"> <li>Neurological development</li> <li>Bone health</li> <li>Vision development</li> </ul>
MetaKids DHA	20mg EPA 100mg DHA	TG	Chewable Softgel	<ul style="list-style-type: none"> <li>Vascular health</li> <li>Brain health</li> <li>Eye health</li> </ul>
OmegaGenics DHA 600 Concentrate	60mg EPA 600mg DHA	EE	Softgel	<ul style="list-style-type: none"> <li>Brain &amp; eye health</li> <li>Ideal for children's foundational health maintenance</li> </ul>
OmegaGenics EPA-DHA 300 Algae	180mg EPA 360mg DHA	TG	Veg Softgel	<ul style="list-style-type: none"> <li>General blood lipid &amp; cardiovascular health</li> <li>Positive mood</li> <li>Overall health</li> <li>Ideal for vegetarian patients</li> </ul>
OmegaGenics EPA-DHA 500 EC	600mg EPA 400mg DHA	EE	Enteric-Coated Softgel	<ul style="list-style-type: none"> <li>General cardiovascular &amp; overall health</li> <li>Targeted blood lipid</li> <li>Overall health</li> <li>Ideal for patients with digestive concerns</li> </ul>
OmegaGenics EPA-DHA 720	860mg EPA 580mg DHA	EE	Softgel	<ul style="list-style-type: none"> <li>Top selling formula - ideal for most patients</li> <li>General blood lipid &amp; cardiovascular health</li> <li>Joint Health</li> <li>Positive mood</li> <li>Overall health</li> </ul>
OmegaGenics EPA-DHA 1000	710 mg EPA 290 DHA	TG	Softgel	<ul style="list-style-type: none"> <li>Cardiovascular Health</li> <li>Joint Health</li> <li>Immune System Support</li> </ul>
OmegaGenics EPA-DHA 2400	1440mg EPA 960mg DHA	TG	Liquid	<ul style="list-style-type: none"> <li>General blood lipid &amp; cardiovascular health</li> <li>Joint Health</li> <li>Positive mood &amp; overall health</li> <li>Ideal for adults requiring higher dosages</li> </ul>
OmegaGenics Mega 10	330mg EPA 170mg DHA 210mg Omega 7 110 mg Palmitoleic Acid	EE	Capsule	<ul style="list-style-type: none"> <li>General cardiovascular &amp; overall health</li> <li>Targeted blood lipid support</li> <li>Overall health</li> </ul>





## OsteoVantiv

### Provides Joint Relief & Supports Joint Flexibility

**OsteoVantiv** is designed to comfort sore joints and promote joint flexibility in healthy people following exercise. It features a clinically effective dose of UC-II, containing undenatured type II collagen, which has been shown in research to support joint health.

#### Patient benefits:

- Features a proprietary, enriched form of THIAA -a breakthrough ingredient for enhanced joint relief

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> <b>Servings Per Container:</b>	1 Tablet 60	
Magnesium (as magnesium oxide)	37.5 mg	9%
Standardised Cartilage†	20 mg	*
Tetrahydro Iso-Alpha Acids [from hops (Humulus lupulus L.) cone extract]	300 mg	*

**Other Ingredients:** Microcrystalline cellulose, maltodextrin, calcium silicate, silica, croscarmellose sodium, stearic acid (vegetable), cellulose, potassium chloride, and coating (hypromellose, medium chain triglycerides , and hydroxypropylcellulose)

**Directions:** Take 1 tablet twice daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** Do not use if pregnant or nursing. If taking other nutritional supplements or medications, consult your healthcare practitioner before use. Derivatives of hops have phytoestrogenic effects and until more research is done, patients with hormone-sensitive cancers should avoid it.



## Ostera

### Promotes Healthy Bone Remodeling in Post-menopausal Women

**Ostera** has been clinically shown in postmenopausal women to beneficially influence key markers of bone remodeling more than diet and exercise alone.

#### Patient benefits:

- Promotes healthy bone remodeling biomarkers to support bone quality and integrity
- Clinically shown in postmenopausal women with low estrogen levels to:
  - Beneficially influence key markers of bone remodeling
  - Positively influence osteocalcin, a key marker of the bone remodeling rate
  - Offers more effectiveness than diet and exercise alone
- Features selective kinase response modulators (SKRMs) in the form of RIAA from hops, as well as the herb berberine, and vitamins D and K to nutritionally support healthy bone remodeling during the aging process

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> <b>Servings Per Container:</b>	1 Tablet 60	
Vitamin D (as cholecalciferol)	500 IU	125%
Vitamin K (as phytonadione)	500 mcg	625%
Berberine HCl (Phellodendron amurense bark extract)	90 mg	*
Reduced Iso-Alpha Acids Complex (from hops extract, Humulus lupulus L.)	370 mg	*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, calcium silicate, silica, and coating (water, hypromellose, medium chain triglycerides , and hydroxypropylcellulose).

**Directions:** Take 1 tablet twice daily, or as directed.

**This product is non-GMO and gluten free.**

**Warning:** Do not use if pregnant or nursing or if taking cyclosporine or anticoagulant medication.



## Perimine

### Respiratory Support Formula

**Perimine** is a patented extract of perilla seed (Perilla frutescens), a herb that supports a healthy respiratory and immune response.

#### Patient benefits:

- Ongoing herbal support for a healthy immune response
- Traditionally used to support respiratory health

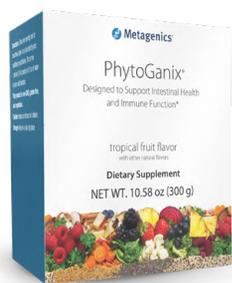
Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> <b>Servings Per Container:</b>	1 Tablet 60	
Perilla Seed Extract† (Perilla frutescens) (containing rosmarinic acid and luteolin)	100 mg	*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

**Directions:** Take 1 tablet twice daily with food or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If pregnant or nursing, or taking medications, consult your healthcare practitioner before use.



# PhytoGanix

## Organic Superfruits and Greens

**PhytoGanix** is a convenient, delicious way to get a diverse daily supply of phytonutrients from certified organic sources to support overall good health.

**Patient benefits:**

- Superfruits such as antioxidant-rich raspberries, blueberries, goji berries, and lingonberries
- Superfoods and herbs including spirulina, polyphenol-rich green tea, astragalus, and ginger
- Vitamin C-rich acerola extract
- Vegetables such as green cabbage, beets, carrots, and spinach
- Flaxseed powder and inulin
- PhytoGanix is USDA certified organic, assuring it is produced, processed, and certified to be consistent with national organic standards. All plant ingredients in PhytoGanix are from certified organic farming systems that exclude synthetic chemicals in crop production

**Ingredients**

**Serving Size:**

**Servings Per Container:**

Calories

Total Carbohydrate

Dietary Fibre

Sugars

Protein

Vitamin C (as ascorbic acid)

Calcium

Iron

Sodium

Organic Seed and Prebiotic Blend:

Isomalto-Oligosaccharide, Flax Seed

Powder, Chia Seed Powder, Quinoa (Chenopodium quinoa Willd.)

Sprout Powder

Organic Veggie Blend:

Spirulina Whole Algae Powder, Carrot Root Powder, Broccoli Head Powder,

Cauliflower Head Powder, Spinach Leaf Powder, Parsley Leaf Powder,

Bamboo Shoot Extract, Beet Root Powder

Powder Organic Fruit Blend:

Apple Fruit Powder, Pineapple Fruit Powder, Strawberry Fruit Powder,

Raspberry Fruit Powder, Blackberry Fruit Powder, Blueberry Fruit Powder

Herbal Support Blend:

Milk Thistle Seed Extract, Turmeric Rhizome Extract, Green Tea Leaf Extract,

Reishi Mushroom Whole Plant Powder, Maitake Mushroom Whole Plant

Powder, Shiitake Mushroom Whole Plant Powder, Japanese Knotweed Root

Extract, Quercetin Dihydrate, Organic Maca Root Powder, Organic Cassia

Bark Powder, Dong Quai Root Powder, Ginger Root Powder, Garlic Bulb

Powder Enzyme Blend (including protease, amylase, lipase, and cellulase)

Lactobacillus acidophilus VK3 Strain

**Amt Per Serving**

1 Packet (10.4 g)

About 29

40

9 g

1 g

1 g

1 g

100 mg

20 mg

1.4 mg

30 mg

5.53 g

2.35 g

1.2 g

300 mg

200 mg

200 mg

**% Daily Value**

3%\*

4%\*

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167%

2%

8%

1%

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**Ingredients:** Organic Flax (Linum Usitatissimum) Seed Powder, Organic Inulin, Organic Beet (Beta Vulgaris) Root Powder, Organic Flavours, Organic Carrot (Daucus Carota) Root Powder, Organic Cranberry (Vaccinium Macrocarpon) Fruit Powder, Organic Raspberry (Rubus Idaeus) Whole Fruit Powder, Ascorbic Acid, Organic Acacia Gum, Organic Green Tea (Camellia Sinensis) Leaf Powder Extract, Organic Green Bell Pepper (Capsicum Annuum) Fruit Powder, Organic Spirulina (Arthrospira Platensis) Whole Plant Powder, Organic Acerola (Malpighia Glabra) Fruit Dry Extract (On Manioc Starch), Organic Stevia (Stevia Rebaudiana) Leaf Extract, Organic Spinach (Spinacia Oleracea) Leaf Powder, Organic Blueberry (Vaccinium Spp.) Whole Fruit Powder and Organic Ginger (Zingiber Officinale) Root Powder.

**Directions:** Mix 2 teaspoons (5 g or 1 sachet) in 120ml of water or juice.

**This product is non-GMO, gluten free and vegetarian.**

Colour variation could occur due to the natural aspect of the ingredients.







## PhytoMulti

### The Smart Multi to Activate Health Potential & Defy Aging

**PhytoMulti** goes beyond basic wellness support with a proprietary blend of concentrated plant extracts and phytonutrients with scientifically tested biological activity to protect cells and maintain DNA stability—activating health potential like no other supplement.

Intelligent blend of a highly-concentrated, full spectrum of phytonutrients with science-based efficacy.

#### Patient benefits:

- Phytonutrient potential for cell protection and DNA stability verified by sophisticated in vitro Total ORAC<sub>FN</sub> and Comet assays
- Phytonutrients impact cell signaling to communicate healthy messages throughout the body
- Enhanced with select bioactive plant compounds—including lutein, zeaxanthin, lycopene, and resveratrol
- Optimised with essential vitamins and minerals for multidimensional health support
- Recharges, nourishes, and defends cells like no other foundation nutrition formula

#### Ingredients

##### Serving Size:

##### Servings Per Container:

	Amt Per Serving	% Daily Value
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	10,000 IU	200%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg	200%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin	15 mg	882%
Niacin (as niacinamide and niacin)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	200 mcg	3,333%
Biotin	500 mcg	167%
Pantothenic Acid (as D-calcium pantothenate)	75 mg	750%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	40 mg	10%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenium aspartate)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	0.5 mg	25%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as molybdenum aspartate complex)	50 mcg	67%
Choline (as choline bitartrate)	25 mg	*
Inositol	25 mg	*
Lycopene	6 mg	*
Zeaxanthin	2 mg	*
Lutein	6 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	10 mg	*
Proprietary Phytonutrient Blend of:	400 mg	*

Citrus bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardised to 90% polyphenols], blueberry (*Vaccinium* spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (*Cinnamomum cassia*) bark powder, Indian gum Arabic tree bark and heartwood extract [standardised to 6% catechins], rosemary extract [standardised to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

**Directions:** Take 1 to 2 tablets once daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If you are taking medication, consult your healthcare practitioner before use.

## PhytoMulti Capsules

### The Smart Multi in Easy to Swallow Capsules

**PhytoMulti Capsules** takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to protect your cells and maintain DNA stability—activating your health potential like no other supplement.

#### Patient benefits:

- Intelligent blend of highly-concentrated, full-spectrum phytonutrients to help you achieve your maximum health potential
- Phytonutrient potential for cell protection and DNA stability, verified by sophisticated in vitro Total ORAC<sub>FN</sub> and Comet assays
- Phytonutrients impact cell signaling to communicate healthy messages throughout the body
- Enhanced with select bioactive plant compounds—including lutein, zeaxanthin, lycopene, and resveratrol
- Optimised with essential vitamins and minerals for multidimensional health support
- Vegetarian capsules are made of plant-derived ingredients and are designed to be easy to swallow



Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	3 Capsule†	
<b>Servings Per Container:</b>	20	
Vitamin A [50% from mixed carotenoids and 50% as retinyl acetate]	10,000 IU	200%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg	200%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin	15 mg	882%
Niacin (as niacinamide and niacin)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	200 mcg	3,333%
Biotin	500 mcg	167%
Pantothenic Acid (as D-calcium pantothenate)	75 mg	750%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	40 mg	10%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenium aspartate)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	0.5 mg	25%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as molybdenum aspartate complex)	50 mcg	67%
Choline (as choline bitartrate)	25 mg	*
Inositol	25 mg	*
Lycopene	6 mg	*
Zeaxanthin	2 mg	*
Lutein	6 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	10 mg	*
Proprietary Phytonutrient Blend of:	400 mg	*

Citrus bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardised to 90% polyphenols], blueberry (*Vaccinium* spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (*Cinnamomum cassia*) bark powder, Indian gum Arabic tree bark and heartwood extract [standardised to 6% catechins], rosemary extract [standardised to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]

**Other Ingredients:** Microcrystalline cellulose, capsule (hypromellose, sodium copper chlorophyllin), stearic acid (vegetable), and magnesium stearate (vegetable).

**Directions:** Take 1 to 3 capsules once daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If you are taking medication, consult your healthcare practitioner before use.

†Capsules are composed of plant-derived ingredients. Not all contents inside the capsule are vegetarian.



## PhytoMulti with Iron

### The Smart Multi with Added Extra Iron

**PhytoMulti with Iron** provides the same proprietary phytonutrient blend and select bioactive plant compounds in PhytoMulti. For additional targeted support, the quality blend of vitamins and minerals in this "smart multi" also includes iron.

#### Patient benefits:

- Intelligent blend of a highly-concentrated, full spectrum of phytonutrients with science-based efficacy
- Phytonutrient potential for cell protection and DNA stability verified by sophisticated in vitro ORACFN and Comet assays
- Phytonutrients impact cell signaling to communicate healthy messages throughout the body
- Enhanced with select bioactive plant compounds—including lutein, zeaxanthin, lycopene, and resveratrol
- Optimised with essential vitamins and minerals for multidimensional health support.
- Recharges, nourishes, and defends cells like no other foundation nutrition formula

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Tablets	
<b>Servings Per Container:</b>	15/30	
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	10,000 IU	200%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	120 mg	200%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin	15 mg	882%
Niacin (as niacinamide and niacin)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folate (as calcium L-5-methyltetrahydrofolate)	800 mcg	200%
Vitamin B12 (as methylcobalamin)	200 mcg	3,333%
Biotin	500 mcg	167%
Pantothenic Acid (as D-calcium pantothenate)	75 mg	750%
Iron (as ferrous bis-glycinate)	18 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	40 mg	10%

Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenium aspartate)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	0.5 mg	25%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as molybdenum aspartate complex)	50 mcg	67%
Choline (as choline bitartrate)	25 mg	*
Inositol	25 mg	*
Lycopene	6 mg	*
Zeaxanthin	2 mg	*
Lutein	6 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	10 mg	*
Proprietary Phytonutrient Blend of:	400 mg	*

Citrus bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardised to 90% polyphenols], blueberry (*Vaccinium* spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (*Cinnamomum cassia*) bark powder, Indian gum Arabic tree bark and heartwood extract [standardised to 6% catechins], rosemary extract [standardised to 7.6% min sum of carnosol+carosolic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, hydroxy-propylcellulose, and sodium copper chlorophyllin)

**Directions:** Take 1 to 2 tablets once daily with food or as directed.

**This product is non-GMO and gluten free.**

**Caution:** If you are taking medication, consult your healthcare practitioner before use.

## Protrypsin

### Support for Tissue Health

**Protrypsin** is a proteolytic enzyme formula designed to support tissue health.

**Patient benefits:**

- Provides premium-grade chymotrypsin and trypsin—enzymes that support tissue health
- Every batch of raw materials are carefully manufactured in a moisture and pH-controlled environment and is independently assayed to ensure maximum enzyme potency

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 2 Tablets		
<b>Servings Per Container:</b> 30		
Chymotrypsin	not less than 6,000 USP Units	*
Trypsin	not less than 6,000 USP Units	*
Raw Pancreas (porcine) Concentrate	100 mg	*
Bromelain (2,400 GDU/g)	133 mg	*

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (deionised water, cellulose acetate phthalate, glycerol triacetate, ammonium hydroxide, hypromellose, maltodextrin, and polyethylene glycol). **Contains: Milk.**

**Directions:** Take 2 tablets 1 to 3 times daily between meals or as directed.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, consult your healthcare practitioner before use. Do not use if there is a prior history of or a current peptic or duodenal ulcer.

**Storage:** To help maintain potency after opening, keep this bottle tightly closed and store in a cool, dry place.

**Do not refrigerate.** Refrigeration may cause moisture condensation on the product.

## Renagen DTX

### Support for Healthy Kidney Detoxification

**Renagen DTX** promotes healthy kidney detoxification and protects against free radical damage with a specific blend of nutritional factors and traditionally used herbs.

**Patient benefits:**

- Supports healthy kidney detoxification function
- Provides antioxidant protection to help maintain kidney health

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Capsulet		
<b>Servings Per Container:</b> 60		
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Folate (as calcium L-5-methyltetrahydrofolate††)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	125 mcg	2,083%
Cordyceps Mycelium Extract ( <i>Paecilomyces hepiali</i> Chen) [standardised to 4% (8 mg) cordycepic acid and 0.25% (0.5 mg) adenosine]	200 mg	*
Chinese Salvia Root ( <i>Salvia miltiorrhiza</i> )	200 mg	*
N-Acetylcysteine	200 mg	*



**Other Ingredients:** Capsule (hydroxy-propylmethylcellulose ), microcrystalline cellulose, and magnesium stearate (vegetable). **Directions:** Take 1 capsule 1 to 2 times daily or as directed.

**This product is non-GMO and gluten free.**

**Warning:** Do not use if taking the blood thinning medications, antihypertensive medications, digoxin or nitroglycerin, or before surgery.

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.

*†Capsules are composed of plant-derived ingredients.*



## Serenagen Traditional Heart Calming Formula

**Serenagen** is a classic herbal stress management formula used in traditional Chinese medicine to nourish and quiet the heart.

**Patient benefits:**

- Designed for individuals who have feelings of anxiety, disorientation and have difficulty resting due to stress
- Formulated for individuals who may have feelings of being overheated and flushed when stressed
- Provides traditionally used herbs to address organs and systems involved in the stress response
- Ideal for those who are "stressed and wired"

**Ingredients**

**Serving Size:**

**Servings Per Container:**

A 4:1 Proprietary Herbal Extract Blend of:

Rehmannia Root (Rehmannia glutinosa), Schisandra Fruit (Schisandra chinensis), Jujube Fruit (Ziziphus spinosa), Dong Quai Root (Angelica sinensis), Chinese Asparagus Root (Asparagus cochinchinensis), Ophiopogon Root (Ophiopogon japonicus), Scrophularia Root (Scrophularia ningpoensis), Asian Ginseng Root (Panax ginseng), Chinese Salvia Root (Salvia miltiorrhiza), Poria Fungus (Wolfiporia cocos), Polygala Root (Polygala tenuifolia), Platycodon Root (Platycodon grandiflorum)

**Amt Per Serving**

2 Tablets

30 /60

1 g

**% Daily Value**

\*

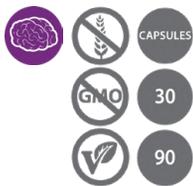
**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If taking medication consult your healthcare practitioner before use.



## SeroSyn Support for a Calm, Positive Mood

**SeroSyn** features clinically effective levels of L-5-HTP and L-theanine to support healthy levels of specific neurotransmitters and is enhanced with standardised extracts of Asian ginseng and Chinese skullcap to target the stress response, cognition , and mood, which are closely interrelated. Specific B vitamins are added to support methylation, homocysteine metabolism , and healthy neurological function.

**Patient benefits:**

- Formulated to support healthy production of the neurotransmitters gammaaminobutyric acid (GABA) and serotonin, with clinically effective levels of L-5-HTP and L-theanine
- L-theanine is considered to have a calming effect
- Features Asian ginseng, a herbal adaptogen traditionally used to increase the body's resistance to stress and promote a sense of well-being
- Features Chinese skullcap to help promote relaxation
- Supports healthy methylation, homocysteine metabolism, and neurological function with targeted B vitamins—including biologically active calcium L-5-methyltetrahydrofolate and methylcobalamin

**Ingredients**

**Serving Size:**

**Servings Per Container:**

Vitamin B6 (as pyridoxine HCl)

Folate (as calcium L-5-methyltetrahydrofolate)††

Vitamin B12 (as methylcobalamin)

Chinese Skullcap (Scutellaria baicalensis) Root Extract

[standardised to 30% (60 mg) flavones]

L-5-Hydroxytryptophan (L-5-HTP)

Asian Ginseng (Panax ginseng) Root Extract

[standardised to 8% (8 mg) ginsenosides]

L-Theanine

**Amt Per Serving**

1 Capsulet

30/90

10 mg

333 mcg

250 mcg

200 mg

100 mg

100 mg

80 mg

**% Daily Value**

500%

83%

4,167%

\*

\*

\*

\*

**Other Ingredients:** Capsule (hydroxypropyl-methylcellulose), microcrystalline cellulose, silica, and stearic acid (vegetable).

**Directions:** Take 1 capsule 3 times daily with food or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** Not recommended for those under 18 years of age. If taking antidepressant medication, particularly antidepressants such as MAO inhibitors or selective serotonin reuptake inhibitors (SSRIs), avoid use. If you have a health condition—including symptomatic gastrointestinal disorders, or are taking medication—including over-the-counter cold medicine and high blood pressure medicines, consult your healthcare practitioner before use. Use with caution when driving or operating machinery, may cause drowsiness. Keep out of the reach of children.  
†Capsules are composed of plant-derived ingredients.



## Sinuplex

### Healthy Sinus and Lung Support

**Sinuplex** features a unique blend of vitamin C, quercetin, nettle root extract, bromelain, and N-acetylcysteine.

#### Patient benefits:

- Supports healthy sinus, nasal, lung, and respiratory function
- May help support healthy eicosanoid synthesis
- Ingredients are carefully selected and manufactured with advanced processing technologies to preserve the potency and stability of delicate components such as bromelain

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet	1 Tablet	
<b>Servings Per Container:</b> 120	120	
Vitamin C (as ascorbic acid)	150 mg	250%
Quercetin	200 mg	*
Stinging Nettle ( <i>Urtica dioica</i> ) Root 7:1 Extract	100 mg	*
Bromelain (2,400 GDU/g)	50 mg	*
N-Acetylcysteine	25 mg	*

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet daily without food, or as directed.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, or taking medication, consult healthcare practitioner before use.



## SpectraZyme Complete

### Broad Spectrum Digestive Support

**SpectraZyme Complete** provides digestive support with a non-GMO, broad spectrum of non-animal derived enzymes including acid stable lipase and 3 proteases that function in different pH ranges.

#### Patient benefits:

- Comprehensive enzyme complex is designed to support the healthy digestion of proteins, peptides, carbohydrates, fats, cellulose, maltose, lactose, and sucrose

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 2 Capsules	2 Capsules	
<b>Servings Per Container:</b> 30	30	
Amylase	24,000 DU	*
Acid Protease	165 SAPU	*
Neutral Protease	20,000 PC *	
Xylanase	2,400 XU	*
Fungal Protease	4,100 HUT	*
Cellulase	2,000 CU	*
Lipase	800 FCCLU *	
Lactase	400 ALU	*
Pectinase	24 endo-PGU	*
Hemicellulase	2,000 HCU *	
Invertase	480 SU	*

**Other Ingredients:** Capsule (hydroxy-propylmethylcellulose), medium chain triglycerides, and maltodextrin.

**Contains:** Milk, Wheat, and Soy.

**Directions:** Take 2 capsules with each meal or as directed by your healthcare practitioner.

**This product is non-GMO.**

**Caution:** If taking anti-diabetic medications, please consult your healthcare practitioner before use.



# SpectraZyme

A Complete Line of Enzyme Formulas Designed to Support Digestive Function & Overall Wellness

In addition to including more raw, enzyme-rich foods in the diet, many patients can benefit from a personalised, quality-assured digestive enzyme formula recommendation.

Metagenics offers a complete line of enzyme supplements for individual health needs, including broad spectrum digestive support and stomach acid support.





## SpectraZyme Gluten Digest

### Targeted Support for Enzymatic Breakdown of Gluten

**SpectraZyme Gluten Digest**, featuring Tolerase G, is a targeted protease enzyme supplement that has been clinically shown to digest gluten proteins in humans, in vitro, and in a gastrointestinal model.

#### Patient benefits:

- Promotes the breakdown of gluten proteins in the stomach in order to support healthy digestion of wheat, barley, rye grains, and other gluten sources
- Clinically shown to digest gluten before it reaches the small intestine, which is key to supporting health outcomes

Ingredients	Amt Per Serving	% Daily Value
Serving Size:	2 Capsules	
Servings Per Container:	45	
Prolyl Endopeptidaset (from Aspergillus niger)	232,000 PPI	*

**Other Ingredients:** Microcrystalline cellulose, capsule (hydroxy-propylmethylcellulose), stearic acid (vegetable), magnesium stearate (vegetable), and silica.

**Directions:** Take 1-2 capsules with each meal or as directed.

This product is non-GMO, gluten free and vegetarian.

**Caution:** If pregnant or nursing, or taking medication or other nutritional supplements, consult your healthcare practitioner before use.

**Notice:** Tolerase G is not intended to replace a gluten-free diet. Tolerase G is not intended to treat or prevent celiac disease.



## SpectraZyme Metagest

### Stomach Acid Support

**SpectraZyme Metagest** is designed to provide digestive support with betaine HCl and pepsin.

#### Patient benefits:

- Features betaine HCl and pepsin, which supports the breakdown of food in the stomach
- Complements the natural production of digestive agents that may decrease as a result of dietary or age-related factors

Ingredients	Amt Per Serving	% Daily Value
Serving Size:	2 Tablets	
Servings Per Container:	45	
Betaine HCl	1.3 g	*
Pepsin (porcine)	90 mg	*

**Other Ingredients:** Silicified microcrystalline cellulose, stearic acid (vegetable), cellulose, silica, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 2 tablets with each meal, or as directed by your healthcare practitioner.

This product is non-GMO and gluten free.

**Caution:** If stomach discomfort occurs after administration, discontinue use and consult your healthcare practitioner. Do not use if there is a prior history of or a current peptic or duodenal ulcer. Consult your healthcare practitioner if pregnant or nursing, or if taking other nutritional supplements or medications. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

Do not refrigerate.



## SpectraZyme Pan 9x

### Digestive Enzyme Complex

**SpectraZyme Pan 9x** is a comprehensive enzyme complex that helps support healthy digestive function.

#### Patient benefits:

- Delivers enzymes that break down protein, carbohydrates, and fats
- Processed under special conditions so that the delicate enzyme constituents remain intact
- An enzymatic analysis is performed on each batch by a third-party laboratory

Ingredients	Amt Per Serving	% Daily Value
Serving Size:	1 Tablet	
Servings Per Container:	90	
Pancreatin (porcine) Providing:	360 mg	*
Protease	67,500 USP units	*
Amylase	67,500 USP units	*
Lipase	10,200 USP units	*

**Ingredients:** Porcine pancreatic concentrate, microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), and silica.

**Directions:** Take 1 tablet with each meal, or as directed.

This product is non-GMO and gluten Free.

**Caution:** Do not use if there is a prior history of or a current peptic or duodenal ulcer. Do not use in individuals who have a known allergy or hypersensitivity to pork protein.



## SpectraZyme Pan 9x ES

### Digestive Enzyme Complex

SpectraZyme Pan 9x ES provides twice the digestive enzyme strength of regular SpectraZyme Pan 9x

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	90	
<b>Pancreatin Enzyme Blend of:</b>	348 mg	*
Protease	135,000 USP units	*
Amylase	135,000 USP units	*
Lipase	20,400 USP units	*

**Ingredients:** Porcine pancreatic concentrate, microcrystalline cellulose, croscarmellose sodium, sodium starch glycolate, stearic acid (vegetable), and silica.

**Directions:** Take 1 tablet with each meal or as directed.

**This product is non-GMO and Gluten Free.**

**Caution:** Do not use if there is a prior history of or a current peptic or duodenal ulcer.

Do not use in individuals who have a known allergy or hypersensitivity to pork protein.

## SPM Active

### Specialised Pro-resolving Mediators

**SPM Active** is a revolutionary nutritional product developed through advanced fractionation technology featuring standardised levels of SPMs (specialised pro-resolving mediators) found in fish oil.†

Designed to support the body's natural capacity to respond to physical challenges and resolve physical stress.

**Patient benefits:**

- A breakthrough in tissue health and immune response support
- Supports healthy immune cell (i.e., macrophage) resolution-related activities

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Softgels	
<b>Servings Per Container:</b>	30	
Calories	10	
Calories from Fat	10	
Total Fat	1g	2%*
Cholesterol	<5 mg	<2%*
Active Fractionated Marine Lipid Concentrate†	1g	*
†SPM content standardised to 18-hydroxy-eicosapentaenoic acid (18-HEPE) and 17-hydroxy-docosahexaenoic acid (17-HDHA)		

**Ingredients:** Fractionated marine lipid concentrate [fish oil (anchovy, sardine, and mackerel) and mixed tocopherols (antioxidant)], softgel shell (gelatin, glycerin, and water), and silica.

**Contains:** Fish (anchovy, sardine, and mackerel).

**Directions:** Take 2 softgels once daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant, nursing, or taking nutritional supplements or medications, consult your healthcare practitioner before use.

Lipinova is a registered trademark of Solutex

†Patent pending

## SulforaClear

### Advanced Support for Cellular Activity

**SulforaClear** is formulated with a unique combination of ingredients designed to support the body's natural detoxification process by supporting sulforaphane availability.

**Patient benefits:**

- Features Brassinase—a specialised broccoli ingredient having active myrosinase and sulforaphane glucosinolate—in combination with sulforaphane glucosinolate from broccoli seed extract for more reliable sulforaphane conversion
- Sulforaphane is a potent activator of the body's own antioxidant and detoxifying enzymes and is responsible for many positive health benefits associated with broccoli consumption

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Capsules†	
<b>Servings Per Container:</b>	30	
Calcium (as dicalcium phosphate)	80 mg	8%
Phosphorus (as dicalcium phosphate)	62 mg	6%
Broccoli Sprout and Floret Powder (myrosinase activity 30 mg glucose/g) [providing 1 mg sulforaphane potential from 2 mg glucoraphanin]	204 mg	*
Broccoli Seed Extract [providing glucoraphanin (10 mg)]	78.5 mg	*

**Other Ingredients:** Microcrystalline cellulose, capsule (hydroxypropylmethylcellulose), stearic acid (vegetable), magnesium stearate (vegetable), and silica.

**Directions:** Take 1-2 capsules once daily, or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free, and vegetarian.**

†Vegetarian capsules.

# New Formula. Double the Strength.

## Game Changer

A targeted nutritional approach that is designed to boost the body's natural capacity to respond to physical stress and promote resolution

- + SPM Active assists the body in maintaining tissue integrity
- + The body has a natural and active process for resolving the negative effects of tissue stress initiated by numerous circumstances including lifestyle factors, the normal aging process, and exercise or overexertion, in addition to an unhealthy diet.
- + Specialised Pro-Resolving Mediators (SPMs) are natural compounds the body produces and uses to resolve tissue challenges and support healthy tissue recovery.
- + Incorporating SPM Active into supplementation protocols represents a targeted nutritional approach to SPM replenishment and may help to ensure support for the active resolution necessary to support tissue health





# Testralin

## Supports Testosterone Balance

**Testralin** is designed for men aged 40 and beyond to support healthy testosterone and estrogen balance and help maintain male reproductive health. This powerful formula provides 14 key ingredients—including green tea, flax lignans, and plant sterols—that may help promote healthy testosterone balance and beneficially influence estrogen and testosterone metabolism.

**Patient benefits:**

- Provides phytonutrients known to inhibit aromatase—an enzyme that converts androgen to estrogen
- Targets estrogen-sensitive tissues by supporting the methylation and excretion of estrogen metabolites
- Addresses prostate health by providing phytonutrients known to inhibit the conversion of testosterone to DHT (dihydrotestosterone)
- Provides powerful antioxidant protection to support the health of hormone-sensitive tissues
- Provides standardised levels of flax lignans equal to 1 Tbsp of flaxseed daily

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	60	
Vitamin D	375 IU	94%
Folate	200 mcg	50%
Vitamin B6	25 mg	1,250%
Vitamin B12	15 mcg	250%
Zinc	2.5 mg	17%
Selenium	100 mcg	143%
Soybean Concentrate†	62.5 mg	*
† Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	25 mg	*
Phytosterols (containing beta-sitosterol, stigmasterol, campesterol, and other plant sterols)	50 mg	*
Lignans [as secoisolariciresinol diglucosides, (SDG)] [from 125 mg flaxseed extract (Linum usitalissimum)]	25 mg	*
Decaffeinated†† Green Tea (Camellia sinensis) Leaf Extract [standardised to 60% (100 mg) catechins and 40% (67 mg) epigallocatechin gallate (EGCG)]	167 mg	*
Oleanolic Acid [from olive (Olea europaea) leaf extract]	5 mg	*
Turmeric (Curcuma longa) Rhizome Extract [standardised to 95% (75 mg) curcuminoids]	79 mg	*
Lycopene	5 mg	*
Betaine (as betaine HCl)	37.5 mg	*

**Ingredients:** Decaffeinated green tea leaf extract, microcrystalline cellulose, flax seed extract, turmeric rhizome extract, stearic acid (vegetable), Soy isoflavones (Soy), phytosterols (Soy), lycopene, betaine HCl, croscarmellose sodium, calcium silicate, pyridoxine HCl, cellulose, selenomethionine, silica, zinc citrate, oleanolic acid, cholecalciferol, folic acid, methylcobalamine, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin). **Contains: Soy.**

**Directions:** Use as directed by your healthcare practitioner. Take with food as recommended.

**This product is gluten free.**

**Caution:** If taking medication, consult your healthcare practitioner before use.

†Derived from non-genetically engineered, identity-preserved Soybeans.

††Contains no more than 4% caffeine.



# Thyrosol

## Thyroid Support Formula

**Thyrosol** offers a multifaceted approach by providing nutritional support for healthy thyroid function along with additional support for stress-related fatigue

**Patient benefits:**

- Supports the healthy synthesis of thyroid hormones
- Supports the steps in hormone metabolism negatively affected by stress
- Supports the conversion of thyroxine (T4) to the more bioactive triiodothyronine (T3)
- May enhance the binding of T3 receptors to DNA, thereby supporting the expression of thyroid hormone-responsive genes

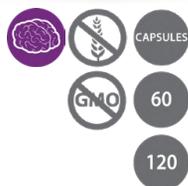
Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Capsulet	
<b>Servings Per Container:</b>	90	
Vitamin A (as retinyl palmitate)	1,000 IU	20%
Vitamin D (as cholecalciferol)	333 IU	83%
Vitamin E (as d-alpha tocopheryl succinate)	66.7 IU	222%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	3 mg	15%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium citrate)	33 mg	8%
Zinc (as zinc citrate)	6.7 mg	45%
Selenium (as selenomethionine)	50 mcg	71%
Myo-Inositol	200 mg	*
Rhodiola (Rhodiola rosea L.) Rhizome Extract [standardised to 1% (1.33 mg) salidroside and 3% (3.99 mg) rosavins]	133 mg	*

**Other Ingredients:** Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

**Directions:** Take 1 tablet twice daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** Not recommended for pregnant or nursing women. If taking medication, consult your healthcare practitioner before use.



## Trancor

### GABA & Glutamate Balance Formula

**Trancor** is formulated to support a sense of tranquility in those who may feel worried or nervous by beneficially modulating the balance between the calming influence of gamma-aminobutyric acid (GABA) and the excitatory effects of glutamate.

#### Patient benefits:

- Supports a sense of tranquility by modulating the balance between glutamate and GABA with N-acetylcysteine (NAC), green tea catechins, and vitamin B6
- Taurine and EGCG may enhance the metabolism of GABA
- Supports relaxation and a sense of calm with magnesium and vitamin B6
- Designed to act centrally within the brain, this formula features the amino acids NAC and taurine—which research suggests may be able to cross the blood-brain barrier

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Capsule†	
<b>Servings Per Container:</b>	30/60	
Vitamin B6 (as pyridoxine HCl)	12.5 mg	625%
Magnesium (as magnesium malate)	100 mg	25%
Taurine	500 mg	*
N-Acetylcysteine	300 mg	*
Decaffeinated†† Green Tea (Camellia sinensis) Leaf Extract [standardised to 60% (90 mg) catechins and 40% (60 mg) epigallocatechin gallate (EGCG)]	150 mg	*

**Directions:** Take 2 capsules twice daily or as directed.

**This product is non-GMO and gluten free.**

**Warning:** Do not use if pregnant or nursing.

**Caution:** If you have congestive heart failure, kidney disease, or are taking medication—including anticoagulants—consult your healthcare practitioner before use. Maintain adequate fluid intake while taking this product.

†Capsules are composed of plant-derived ingredients.

††Contains no more than 4% caffeine.



## Tran-Q

### Support for Tension Release

**Tran-Q** is a classic herbal stress management formula used in traditional Chinese medicine to relax the restless mind and body.

#### Patient benefits:

- Designed for individuals who have recurring thought patterns due to stress
- Traditionally used to help release tension in those who feel overwhelmed and physically tense
- Classically used to address multiple organs and systems involved in the stress response
- Ideal for those who are "stressed and worried"

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	50	
A 4:1† Proprietary Herbal Extract blend of:	500 mg	
Polygala Root (Polygala tenuifolia), Jujube Fruit (Ziziphus spinosa), Poria Fungus (Poria cocos), Biota Seed (Biota orientalis), Gardenia Fruit (Gardenia jasminoides), Tangerine Peel (Citrus reticulata), Bai-Zhu Atractylodes Rhizome (Atractylodes macrocephala), Licorice Root (Glycyrrhiza uralensis), Platycodon Root (Platycodon grandiflorum), Rehmannia Root (Rehmannia glutinosa), Job's Tears Seed (Coix lachryma-jobi)		

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), and silica.

**Directions:** Take 1 tablet 3 times daily or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Warning:** Do not use if pregnant or nursing. If taking medication, consult your healthcare practitioner before use.

†Equivalent to 2000 mg raw, dried, unprocessed herbs.



## Ultra CLA

### High Quality Conjugated Linoleic Acid

**Ultra CLA** features high quality conjugated linoleic acid (CLA) in triglyceride form, rather than free fatty acid form for enhanced stability. The stability of the CLA is further enhanced by the addition of a standardised extract of rosemary leaf, which helps protect the oil. CLA is a naturally occurring fatty acid that may support lean body mass.

#### Patient benefits:

- May help support healthy body composition
- May support healthy glucose and insulin metabolism through its activation of PPAR alpha and PPAR gamma—potent insulin sensitisers
- Provides a standardised extract of rosemary leaf, which has potent antioxidant properties and may enhance formula stability
- Provides a stabilised form of CLA compared to the free fatty acid form of CLA

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Softgels	
<b>Servings Per Container:</b>	30	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Conjugated Linoleic Acid (CLA)	1 g	*
Rosemary (Rosmarinus officinalis L.) Leaf Extract [standardised to 7.5% sum of carnosol+carnosic acid (1.5 mg)]	40 mg	*

**Ingredients:** Conjugated linoleic acid, gelatin, glycerin, beeswax, purified water, annatto extract (colour), rosemary extract, and lecithin (Soy). **Contains: Soy.**

**Directions:** Take 2 softgels 3 times daily or as directed.

**This product is gluten Free.**

**Caution:** Not recommended for pregnant or nursing women. If taking medication, consult your healthcare practitioner before use.



## Ultra Glucose Control

### Support for the Management of Glucose Response

**Ultra Glucose Control** is formulated for the nutritional management of glucose response. It is designed for individuals who may need additional support in controlling their blood sugar levels. Ultra Glucose Control delivers a ratio-balanced combination of carbohydrates, protein, and fat (40-30-30) to manage glucose response, consistent with recommendations from clinical centres. Formulated with MetaRelease—a proprietary blend of slow-release, complex carbohydrates (UCAN SuperStarch) and fibre—along with high quality proteins and branched chain amino acids, Ultra Glucose Control supports a balanced glucose response and sustained energy release.

#### Patient benefits:

- Supports a healthy insulin response, helping to manage glucose levels
- Provides satiation and supports muscle building capacity

#### Each serving contains:

- 15 g of a pea/rice protein blend enhanced with branched-chain amino acids
- 22 essential vitamins and minerals
- Monounsaturated fats to support healthy blood lipid levels

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Scoops (56 g)	
<b>Servings per Container:</b>	14	
Calories	210	
Total Fat	8 g	
Saturated Fat	1 g	
Trans Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	5 g	
Cholesterol	0 mg	
Sodium	180 mg	
Potassium	370 mg	
Total Carbohydrate	26 g	
Dietary Fibre	4 g	
Sugars	3 g	
Protein	13 g†	

#### Percentage of Reference Daily Intakes (RDI)

Each Serving Contains:	Amt Per Serving	% RDI
Vitamin A(as retinyl palmitate)	1,250 IU	25%
Vitamin C	30 mg	50%
Calcium	50 mg	6%
Iron	5 mg	30%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E	7.5 IU	25%
Thiamin	0.375 mg	25%
Riboflavin	0.425 mg	25%
Niacin	5 mg	25%
Vitamin B6	0.5 mg	25%

Folate (as calcium L-5-methyltetrahydrofolate)	185.2 mcg	45%
Vitamin B12 (as methylcobalamin)	1.5 mg	25%
Biotin	75 mcg	25%
Pantothenic Acid	2.5 mg	25%
Phosphorus	240 mg	25%
Iodine	37.5 mg	25%
Magnesium	210 mg	50%
Zinc	14 mg	90%
Selenium	52.5 mcg	80%
Copper	1.5 mg	80%
Manganese	2 mg	100%
Chromium	120 mcg	100%
Chloride	110 mg	4%
Heat-Moisture Treated Amylopectin††	15 g	‡

**Typical Amino Acid Profile per Serving\***

Amino Acid	mg/Serving
L-Alanine	620 mg
L-Arginine**	1,170 mg
L-Aspartic Acid	1,500 mg
L-Cystine (Cysteine)**	160 mg
L-Glutamic Acid	2,270 mg
Glycine**	560 mg
L-Histidine*	330 mg
L-Isoleucine (BCAA)*	1,120 mg
L-Leucine (BCAA)*	1,860 mg
L-Lysine*	880 mg
L-Methionine*	180 mg
L-Phenylalanine*	740 mg
L-Proline**	610 mg
L-Serine**	700 mg
L-Threonine*	520 mg
L-Tryptophan*	150 mg
L-Tyrosine**	540 mg
L-Valine (BCAA)*	1,190 mg

**Ingredients:** Heat-moisture treated amylopectin, pea protein isolate, sunflower oil, natural flavours, rice protein concentrate, erythritol, isomalto-oligosaccharide, magnesium glycinate, cane sugar, silica, L-leucine, Chinese cinnamon bark powder, guar gum, L-isoleucine, L-valine, xanthan gum, zinc gluconate, rebaudioside A (from Stevia rebaudiana leaf extract), ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin.

**Directions:** Blend, shake, or briskly stir 2 level scoops (55 grams) into 280ml of chilled water. Take once or twice daily, or as directed by your healthcare practitioner.

**Warning:** Do not use if you are pregnant or nursing. If you are taking blood sugar lowering medication, dosages may need to be altered when using this product. Please discuss this with your doctor.

**Notice:** This medical food is to be used under the direct supervision of a physician or other licensed healthcare practitioner for patients with prediabetes or diabetes, or those who need support for glucose response management.

**This product is non-GMO and gluten-free.**

^FLO Fair Trade Certified ^^No MSG

\* Contributed by pea protein, rice protein, added amino acids, and cocoa \* Essential amino acid

\*\* Conditionally essential amino acid † 15 g total protein with added amino acids: L-leucine, L-isoleucine, and L-valine

††As UCAN SuperStarch®, a trademark of the UCAN Company, containing more than 95% heat-moisture treated amylopectin



## Ultra Potent-C 1000

### Gentle, Buffered Vitamin C

Ultra Potent-C 1000 is an exclusive, patented formula with 1,000 mg of vitamin C per tablet and a high potency metabolite support system.

**Patient benefits:**

- Scientifically shown to promote natural killer (NK) cell activity and white blood cell (WBC) function
- Shown to have 18% to 25% higher uptake in WBCs than plain vitamin C (ascorbic acid)
- Provides vitamin C and a metabolite system designed for enhanced utilisation
- Prevents potential stomach upset associated with vitamin C by using buffering agents

Ingredients	Amt Per Serving	% Daily Value
Serving Size:	1 Tablet	
Servings Per Container:	90	
Vitamin C	1,000 mg	1,667%
Niacin	70 mg	350%
Calcium	43 mg	4%
Sodium	12 mg	1%
Potassium 5 mg	<1%	
L-Lysine	33 mg	*
Citrus Bioflavonoid Complex [standardised to 45% (14.4 mg) full spectrum bioflavonoids]	32 mg	*
Tetrasodium Pyrophosphate	14 mg	*
Alpha D-Ribofuranose	13 mg	*
Xylitol	9 mg	*

L-Cysteine	8 mg	*
L-Glutathione	5 mg	*

**Ingredients:** Ultra Potent-C† (calcium ascorbate, niacinamide ascorbate, ascorbic acid, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, xylitol, and L-glutathione), microcrystalline cellulose, cellulose, stearic acid (vegetable), croscarmellose sodium, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet up to 2 times daily or as directed.

**This product is non-GMO and gluten free.**

†Ultra Potent-C® U.S. Patent #5,626,883.



## Ultra Potent-C Chewable Natural Orange Blast Flavour

**Ultra Potent-C Chewable** is the same high quality, patented formula as Ultra Potent-C 1000 in a pleasant-tasting, chewable form that provides 250 mg of vitamin C per tablet.

### Patient benefits:

- Provides the vitamin C equivalent of 4 oranges
- Great Orange Blast flavour—kid-tested and approved
- Terrific for kids or adults who would rather not swallow tablets or capsules
- No sucrose added

### Ingredients

#### % Daily Value for Children Under 4 Years of Age

#### Serving Size:

#### Servings Per Container:

Calories	5	
Total Carbohydrate	2 g	*
Sugars	1 g	*
Sugar Alcohols	0.85 g	*
Vitamin C (as Ultra Potent-C†)	250 mg	625%
Niacin	17.5 mg	194%
L-Lysine	8 mg	*
Citrus Bioflavonoid Complex	8 mg	*
Tetrasodium Pyrophosphate	3 mg	*
Alpha D-Ribofuranose	3 mg	*
L-Cysteine	2 mg	*
Glutathione	1 mg	*

#### % Daily Value for Adults and Children 4 or More Years of Age

#### Serving Size

#### Servings Per Container

Calories	5	
Total Carbohydrate	2 g	<1%*
Sugars	1 g	*
Sugar Alcohols	0.85 g	*
Vitamin C (as Ultra Potent-C†)	250 mg	416%
Niacin	17.5 mg	88%
L-Lysine	8 mg	*
Citrus Bioflavonoid Complex	8 mg	*
Tetrasodium Pyrophosphate	3 mg	*
Alpha D-Ribofuranose	3 mg	*
L-Cysteine	2 mg	*
Glutathione	1 mg	*

**Ingredients:** Fructose, sorbitol, Ultra Potent-C† (calcium ascorbate, niacinamide ascorbate, ascorbic acid, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, xylitol, and L-glutathione), xylitol, natural flavours, stearic acid (vegetable), citric acid, silica, and niacinamide.

**Directions:** Children 2 to 7 years: 1 tablet daily. Children over 7 and adults: 1 tablet 1 to 2 times daily or as recommended.

**This product is non-GMO and gluten free.**

**Caution:** Excess consumption of sorbitol may cause gastrointestinal upset. Keep out of the reach of children.



## Ultra Potent-C Powder

### Gentle, Buffered Vitamin C

**Ultra Potent-C Powder** features the same high quality, patented formula as Ultra Potent-C 1000, but in a convenient powder form that provides 1,088 mg of vitamin C per serving.

#### Patient benefits:

- Scientifically shown to promote the function of white blood cells including natural killer cell activity
- Shown to have 18% to 25% higher uptake in white blood cells than plain vitamin C (ascorbic acid)
- Features vitamin C and a metabolite system designed for enhanced utilisation
- Provides potent antioxidant protection
- Supports the production of collagen and connective tissue
- Buffered to help prevent potential stomach upset
- Ideal for patients who prefer a powder mix over tablets

#### Ingredients

##### Serving Size:

##### Servings Per Container:

Vitamin C	1,088 mg	1,813%
Niacin	84 mg	421%
Calcium	51 mg	5%
Magnesium	8 mg	2%
Sodium	15 mg	1%
Potassium	7 mg	<1%
Xylitol	192 mg	*
L-Lysine	40 mg	*
Citrus Bioflavonoid Complex [standardised to 45% (17 mg) full spectrum bioflavonoids]	38 mg	*
Tetrasodium Pyrophosphate	16 mg	*
Alpha D-Ribofuranose	15 mg	*
L-Cysteine	11 mg	*
L-Glutathione	5 mg	*

#### Amt Per Serving

1/4 Rounded Teaspoon (1.95 g)

Approximately 122

Vitamin C	1,088 mg	1,813%
Niacin	84 mg	421%
Calcium	51 mg	5%
Magnesium	8 mg	2%
Sodium	15 mg	1%
Potassium	7 mg	<1%
Xylitol	192 mg	*
L-Lysine	40 mg	*
Citrus Bioflavonoid Complex [standardised to 45% (17 mg) full spectrum bioflavonoids]	38 mg	*
Tetrasodium Pyrophosphate	16 mg	*
Alpha D-Ribofuranose	15 mg	*
L-Cysteine	11 mg	*
L-Glutathione	5 mg	*

**Ingredients:** Ultra Potent-C+[calcium ascorbate, ascorbic acid, niacinamide ascorbate, xylitol, sodium ascorbate, magnesium ascorbate, L-lysine HCl, ascorbyl palmitate, citrus bioflavonoid complex, potassium ascorbate, tetrasodium pyrophosphate, alpha D-ribofuranose, L-cysteine HCl, and L-glutathione].

**Directions:** For best results, mix a rounded 1/4 teaspoon into 120ml of warm water and stir well. Take 1 time daily or as directed by your healthcare practitioner.

**This product is non GMO and gluten Free.**

## So Potent, It's Patented

Offered in tablets, powder, or orange-flavoured chewables, Ultra Potent-C is shown to have up to 25% higher uptake in white blood cells than plain vitamin C, and is buffered to help prevent stomach upset.





## UltraClear Plus

### Nutritional Support for Metabolic Detoxification

**UltraClear Plus** is designed to provide advanced, specialised nutritional support for metabolic detoxification capacity, with a focus on Phase II support for balanced detoxification. It also provides enhanced support for a healthy intestinal lining, which is essential for healthy digestion and overall health. It features a rice protein base and is enhanced with specific nutrients and high in antioxidant vitamins C and E, and beta-carotene to provide well-rounded nutritional support for liver detoxification.

#### Patient benefits:

- Features enhanced support for Phase II hepatic detoxification processes to promote balanced detoxification capacity
- Features 13 g of OptiProtein, which includes 10 g of rice protein, and 3 g of added amino acids
- Features enhanced nutrient support with methylated vitamin B12 and calcium L-5-methyltetrahydrofolate, a bioavailable folate
- Features 7 added amino acids, including glycine and L-cysteine to help support Phase II liver detoxification
- Formulated with nutrients such as pantothenic acid and the amino acid glutamine to support gastrointestinal mucosa integrity
- Features magnesium sulfate to support Phase II sulfation
- Features green tea catechins and antioxidant nutrients (vitamins C and E and beta-carotene) to protect against potentially harmful compounds generated during the natural liver detoxification process
- May be used in 10 or 28-day metabolic detoxification programs, as well as on a long-term basis

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	About 2 Scoops (44 g)	
<b>Servings Per Container:</b>	10/22/30 (by weight)	
Calories	150	
Calories from Fat	30	
Total Fat	3 g	5%*
Saturated Fat	1 g	5%*
Total Carbohydrate	19 g	6%*
Dietary Fibre	2 g	8%*
Sugars	6 g	
Protein	10 g	
Vitamin A (4,000 IU as beta-carotene and 1,000 IU as retinyl palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	35 IU	9%
Vitamin E (as d-alpha tocopheryl acetate)	42 IU	140%
Thiamin (as thiamin HCl)	2 mg	133%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	7 mg	35%
Vitamin B6 (as pyridoxine HCl)	3.4 mg	170%
Folate (as calcium L-5-methyltetrahydrofolate)	80 mcg	20%
Vitamin B12 (as methylcobalamin)	3.6 mcg	60%
Biotin	135 mcg	45%
Pantothenic Acid (as calcium D-pantothenate)	36 mg	360%
Calcium (as calcium citrate and dicalcium phosphate)	200 mg	20%
Iron	0.5 mg	3%
Phosphorus (as dipotassium phosphate and dicalcium phosphate)	250 mg	25%
Iodine (as potassium iodide)	53 mcg	35%
Magnesium (as magnesium citrate and magnesium sulfate)	200 mg	50%
Zinc (as zinc gluconate)	10 mg	67%
Copper (as copper gluconate)	1 mg	50%
Manganese	1 mg	50%
Chromium (as chromium picolinate)	50 mcg	42%
Sodium	70 mg	3%
Potassium (as dipotassium phosphate and potassium iodide)	420 mg	12%
Glycine	1,600 mg	*
L-Lysine (as L-lysine HCl)	505 mg	*
L-Threonine	285 mg	*
L-Alanine	235 mg	*
DL-Methionine	170 mg	*
L-Glutamine	100 mg	*
L-Cysteine (as L-cysteine HCl)	85 mg	*
Sulfate (as magnesium sulfate)	20 mg	*
Decaffeinated† Green Tea (Camellia sinensis) Leaf Extract [standardised to 60% (15 mg) catechins and 40% (10 mg) epigallocatechin gallate (EGCG)]	25 mg	*

**Other Ingredients:** Rice protein concentrate, rice syrup solids, natural flavours, olive oil, medium chain triglycerides, silica, and rice maltodextrin.

**Directions:** Shake canister before scooping. Blend, shake, or briskly stir about 2 level scoops (44 grams) of UltraClear Plus into 240 ml of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to ½ to 1 scoop with 120ml of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

**This product is non-GMO and gluten free.**

**Caution:** Do not use if pregnant or nursing. If taking medication, please consult your healthcare practitioner before use.  
†Contains no more than 4% caffeine. No MSG.



# UltraClear Plus pH

## Nutritional Support for Metabolic Detoxification & Alkalinisation

**UltraClear Plus pH** is formulated to provide enhanced, specialised nutritional support for balanced hepatic detoxification capacity, with a focus on alkalinisation support that can influence Phase II detoxification and Phase III elimination. It features a rice protein base, which may be beneficial during times of increased food allergen exposure, and is enhanced with specific nutrients and high in antioxidant vitamins C and E, and beta-carotene to provide well-rounded nutritional support for liver detoxification.

### Patient benefits:

- Features enhanced support for Phase II hepatic detoxification with green tea catechins, magnesium sulfate, and 7 added amino acids
- Features 13 g of OptiProtein, which includes 10 g of rice protein, and 3 g of added amino acids
- Features enhanced nutrient support with methylated vitamin B12 and calcium L-5-methyltetrahydrofolate, a bioavailable folate
- Provides enhanced support to protect against oxidative stress during the natural liver detoxification process
- Features sesame oil and 995 mg of potassium citrate to promote alkalinisation and support Phase III detoxification (elimination)
- May be used in 10 or 28-day metabolic detoxification programs, as well as on a long-term basis

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	About 2 Scoops (46 g)	
<b>Servings Per Container:</b>	14	
Calories	170	
Calories from Fat	45	
Total Fat	5 g	8%*
Saturated Fat	1 g	5%*
Total Carbohydrate	19 g	6%*
Dietary Fibre	2 g	8%*
Sugars	5 g	
Protein	10 g	
Vitamin A (4,000 IU beta-carotene & 1,000 IU retinyl palmitate)	5,000 IU	100%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	35 IU	9%
Vitamin E (as d-alpha tocopheryl acetate)	42 IU	140%
Thiamin (as thiamin HCl)	2 mg	133%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	7 mg	35%
Vitamin B6 (as pyridoxine HCl)	3.4 mg	170%
Folate (as calcium L-5-methyltetrahydrofolate)†	80 mcg	20%
Vitamin B12 (as methylcobalamin)	3.6 mcg	60%
Biotin	135 mcg	45%
Pantothenic Acid (as D-calcium pantothenate)	36 mg	360%
Calcium (as calcium citrate and dicalcium phosphate)	210 mg	21%
Iron	0.5 mg	3%
Phosphorus (as dipotassium phosphate and dicalcium phosphate)	300 mg	30%
Iodine (as potassium iodide)	53 mcg	35%
Magnesium (as magnesium citrate and magnesium sulfate)	230 mg	58%
Zinc (as zinc gluconate)	10 mg	67%
Copper (as copper gluconate)	1 mg	50%
Manganese	1 mg	50%
Chromium (as chromium picolinate)	50 mcg	42%
Sodium	100 mg	4%
Potassium (potassium citrate, dipotassium phosphate, potassium iodide)	750 mg	21%
Glycine	1,600 mg	*
L-Lysine (as L-lysine HCl)	505 mg	*
L-Threonine	285 mg	*
L-Alanine	235 mg	*
DL-Methionine	170 mg	*
L-Glutamine	100 mg	*
L-Cysteine (as L-cysteine HCl)	85 mg	*
Sulfate (as magnesium sulfate)	20 mg	*
Decaffeinated†† Green Tea (Camellia sinensis) Leaf Extract [standardised to 60% (15 mg) catechins and 40% (10 mg) epigallocatechin gallate (EGCG)]	25 mg	*

**Other Ingredients:** Rice protein concentrate, rice syrup solids, sesame seed oil, natural flavours, medium chain triglycerides, silica, and rice maltodextrin.

**Directions:** Shake canister before scooping. Blend, shake, or briskly stir about 2 level scoops (46 grams) of UltraClear Plus pH into 240 ml of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to ½ to 1 scoop with 120ml of chilled water or juice twice daily during the first 3 to 4 days before starting a full daily dose.

**This product is non-GMO and gluten free.**

**Caution:** Do not use if you are pregnant or nursing, you have hyperkalemia or abnormal kidney function, or you are taking ACE inhibitors, angiotensin receptor blockers (ARBs), or potassium sparing diuretics. If taking other medication, consult your healthcare practitioner before use.

†Contains no more than 4% caffeine.



# UltraClear RENEW

## Nutritional Support for Metabolic Detoxification, Alkalinisation & Heavy Metal Metabolism

**UltraClear RENEW** is formulated to deliver advanced, specialised nutritional support for Phase I, II, and III detoxification, with enhanced support for alkalinisation, cellular protection, and heavy metal metabolism. Provided in a proprietary pea/rice protein base (OptiProtein), this novel formula also features XNT ProMatrix (xanthohumol), Brassinaset (a specialised broccoli ingredient with active myrosinase enzyme), and prune extract and ellagic acid to promote healthy cellular activities.

UltraClear RENEW also features glycine and magnesium citrate to support Phase II detoxification activities, along with N-acetyl L-cysteine, green tea catechins, betacarotene, SOD B Extramel, and vitamins C and E to provide antioxidant protection.

### Patient benefits:

- Features 14.5 g of OptiProtein, which includes 12 g of a rice/pea protein blend and 2.5 g of added amino acids
- Features fibres, including apple fibre and isomalto-oligosaccharides (IMO), to support the elimination phase of metabolic detoxification and healthy bowel function
- Features 502 mg of potassium citrate to promote alkalinisation
- Features xanthohumol as XNT ProMatrix, which has been designed for greater bioavailability
- XNT ProMatrix is a next generation selective kinase response modulator (SKRM) that has been shown to beneficially influence the kinases involved in cell signaling processes in favour of good health
- Features N-acetyl-L-cysteine (NAC), a bioavailable precursor to glutathione, which is a primary antioxidant throughout the body that may also help protect the mitochondria from pro-oxidant influences
- Features SOD B Extramel, an encapsulated dry melon juice concentrate that provides 35 IU of superoxide dismutase (SOD); prune skin extract; and ellagic acid to promote healthy cellular activities during the detoxification process
- Features L-ornithine, which may play a role in the metabolic buffering and excretion of excess nitrogen, including ammonia
- Brassinaset, a specialised broccoli ingredient with standardised levels of sulforaphane glucosinolate and the myrosinase needed to convert it into sulforaphane
- Sulforaphane may help improve overall redox status as a powerful inducer of Nrf2 mediated signaling pathways
- Designed to complement an eating plan that excludes common food intolerances and may be used in 10 or 28-day metabolic detoxification programs, as well as on a long-term basis

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Scoops (40 g)	
<b>Servings Per Container:</b>	21	
Calories	130	
Calories From Fat	30	
Total Fat	3 g	5%*
Saturated Fat	1 g	5%*
Polyunsaturated Fat	1 g	
Monounsaturated Fat	1 g	
Total Carbohydrate	16 g	5%*
Dietary Fibre	6 g	24%*
Sugars	5 g	
Protein	12 g	
Vitamin A (4,000 IU beta-carotene & 500 IU retinyl palmitate)	4,500 IU	90%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin D (as cholecalciferol)	35 IU	9%
Vitamin E (as d-alpha tocopheryl acetate)	42 IU	140%
Thiamin (as thiamin HCl)	2 mg	133%
Riboflavin	2 mg	118%
Niacin (as niacinamide)	7 mg	35%
Vitamin B6 (as pyridoxine HCl)	3.4 mg	170%
Folate (as calcium L-5-methyltetrahydrofolate)†	80 mcg	20%
Vitamin B12 (as methylcobalamin)	3.6 mcg	60%
Biotin	135 mcg	45%
Pantothenic Acid (as D-calcium pantothenate)	36 mg	360%
Calcium (as calcium citrate)	150 mg	15%
Iron	2 mg	11%
Phosphorus (as dipotassium phosphate)	290 mg	30%
Iodine (as potassium iodide)	53 mcg	35%
Magnesium (as magnesium citrate and magnesium sulfate)	170 mg	43%
Zinc (as zinc gluconate)	11 mg	73%
Copper (as copper gluconate)	1 mg	50%
Manganese	0.5 mg	25%
Chromium (as chromium picolinate)	50 mcg	42%
Chloride	150 mg	4%
Sodium	80 mg	3%
Potassium (dipotassium phosphate, potassium citrate, & potassium iodide)	600 mg	17%
Glycine	1.6 g	*
L-Alanine	350 mg	*
Rice Protein Matrix and Polyphenols from Hops ( <i>Humulus lupulus</i> L.)		
Cone Extract (standardised to 2.5% xanthohumol)	250 mg	*
Broccoli ( <i>Brassica oleracea</i> L. var. <i>italica</i> ) Sprout and Floret Powder†† (myrosinase activity 30 mg glucose/g) [providing 0.75 mg sulforaphane potential from 1.5 mg glucoraphanin]	153 mg	*

L-Lysine (as L-lysine HCl)	150 mg	*
L-Glutamine	150 mg	*
DL-Methionine	140 mg	*
N-Acetyl-L-Cysteine	125 mg	*
Prune (Prunus domestica) Skin Extract	125 mg	*
Taurine	110 mg	*
L-Tyrosine	100 mg	*
L-Arginine	70 mg	*
Ornithine (as ornithine HCl)	70 mg	*
Watercress (Nasturtium officinale) Aerial Parts 4:1 Extract	67 mg	*
Pomegranate (Punica granatum L.) Whole Fruit Extract [standardised to 72 mg gallic acid equivalent (GAE)]	137.5 mg	*
Decaffeinated††† Green Tea (Camellia sinensis) Leaf Extract [standardised to 60% (15 mg) catechins and 40% (10 mg) epigallocatechin gallate (EGCG)]	25 mg	*
Sulfate (as magnesium sulfate)	20 mg	*
Dried Melon (Cucumis melo L.) Pulp Juice Concentrate [standardised to 35 IU superoxide dismutase (SOD)]‡	2.6 mg	*

**Other Ingredients:** Rice protein concentrate, pea protein isolate, isomalto-oligosaccharide, apple fibre, organic cane sugar, natural flavours, olive oil, medium chain triglycerides, silica, xanthan gum, Luo Han Guo fruit (monk fruit) extract, guar gum, rice maltodextrin, and hydrogenated palm oil‡.

**Directions:** Shake canister before scooping. Blend, shake or briskly stir about 2 level scoops (39 grams) of UltraClear RENEW into 240 ml of chilled water or juice twice daily or as directed by your healthcare practitioner. For highly sensitive individuals, consider reducing consumption to 1/2 to 1 scoop with 120ml of chilled water or juice twice daily during the first 3-4 days before starting a full daily dose.

**This product is non-GMO and gluten free.**

**Warning:** Not for use in patients with severe kidney disease or those with raised serum potassium levels or taking certain diuretics, cardiac, bladder or asthma medications.

**Caution:** Recommended to be taken only as directed and under the supervision of a licensed healthcare practitioner. Not to be taken if pregnant or nursing.

† As *Metabolin*®. *Metabolin*® is a registered trademark of Merck KGaA, Darmstadt Germany

†† *Brassinase*™ is a trademark of VDF FutureCeuticals, Inc.

††† Contains no more than 4% caffeine

‡ SOD B Extramel® is a registered trademark of Bionov.

‡‡ No MSG

§ RSPO certified (Roundtable on Sustainable Palm Oil)



## UltraFlora Acute Care

### Targeted Relief for Acute Bowel Distress

**UltraFlora Acute Care** is a unique probiotic that combines the widely recommended, targeted relief of *S. boulardii* with the strains *B. lactis* HN019 and *L. rhamnosus* HN001 to support immune health and provide relief for occasional loose stools.

**Patient benefits:**

- Ideal for adventurers on the go
- Supports a healthy intestinal environment and immune response
- Provides targeted support for healthy intestinal function for jet-setting patients
- Designed for reliable outcomes and acute care with a concentrated dose of *S. boulardii*

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> <b>Servings Per Container:</b>	1 Capsule† 30	
A 3:1 blend of: <i>Bifidobacterium lactis</i> HN019 <i>Lactobacillus rhamnosus</i> HN001 <i>Saccharomyces boulardii</i> (providing 5.5 billion live organisms††)	4 billion live organisms††   275 mg	*   *

**Ingredients:** Active dried yeast (*S. cerevisiae* var. *boulardii*, sorbitan monostearate), capsule (hydroxy-propylmethylcellulose, sodium copper chlorophyllin), *B. lactis*, stearic acid (vegetable), silica, *L. rhamnosus*, magnesium stearate (vegetable), and microcrystalline cellulose.

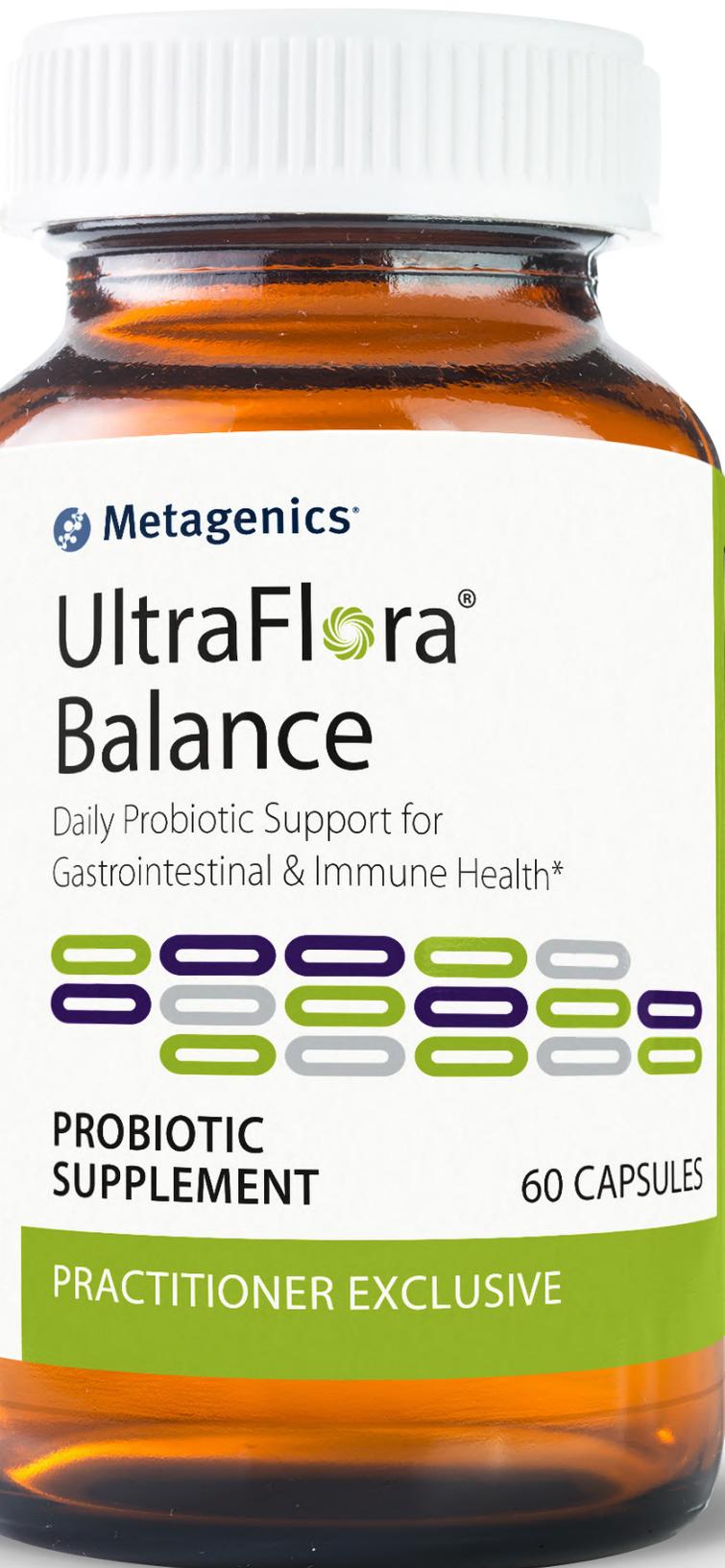
**Directions:** Take 1 capsule 1 to 2 times daily or as directed.

**This product is non-GMO, gluten free and vegetarian.**

†Capsules are composed of plant-derived ingredients.

††At date of expiration.

# The UltraFlora Quality Guarantee



- Probiotics can vary significantly in potency, efficacy, and safety, which can result in inconsistent health benefits.
- Many products fall short due to various reasons, including not identifying the probiotic strain that is linked to specific health benefits. Additionally, some products have also been found to contain specific contaminants (gluten, mold, yeast, and potentially harmful bacteria), which can cause negative reactions and deleterious health effects in susceptible individuals.
- Through extensive and rigorous quality control testing, UltraFlora guarantees the highest quality of purity (free of contaminants), potency, and scientifically formulated probiotic formulas that contain genetically identified strains with established health benefits for clinically reliable outcomes.





## UltraFlora Balance

### Daily Immune Health & Digestive Support

**UltraFlora Balance** is 1 of the most recommended, probiotic formulas in use worldwide. Supplies a powerful probiotic blend of *B. lactis* Bi-07 and *L. acidophilus* NCFM with a non-dairy base in capsule form. This NCFM strain has been the topic of over 60 published scientific articles—including clinical trials for a number of GI symptoms.

#### Patient benefits:

- Daily support for GI and immune health
- Helps maintain a healthy balance of intestinal flora
- Facilitates the digestion of lactose

#### Ingredients

Serving Size:

Servings Per Container:

A 50:50 Blend of:

*Lactobacillus acidophilus* NCFM+++

*Bifidobacterium lactis* Bi-07+++

#### Amt Per Serving

1 Capsulet

30/60

15 billion live organisms††

#### % Daily Value

\*

**Ingredients:** Microcrystalline cellulose, capsule (hydroxy-propylmethylcellulose), *Lactobacillus acidophilus*, *Bifidobacterium lactis*, magnesium stearate (vegetable), and silica.

**Directions:** Take 1 capsule 1 to 2 times daily or as directed.

**This product is non-GMO, gluten free and vegetarian.**

†At date of expiration.

††Capsules are composed of plant-derived ingredients.



## UltraFlora Control

### Targeted to Help Control Body Weight

**UltraFlora Control** is designed to help support body weight regulation by delivering targeted probiotic support as *Bifidobacterium lactis* B-420 which has been shown to help control body fat and body weight.

#### Patient benefits:

- May help individuals achieve body weight regulation by modifying gut microbiota composition—leading to the production of beneficial gut metabolites and helping to improve gut integrity
- The *Bifidobacterium lactis* B-420 probiotic strain influences the composition of intestinal microbiome and epithelial barrier function and may enhance satiety signaling, all of which may play a role in the regulation of body weight and fat mass

#### Ingredients

Serving Size:

Servings Per Container:

*Bifidobacterium lactis*

B420 Strain

#### Amt Per Serving

1 Capsulet

30

10 billionCFU††

#### % Daily Value

\*

**Ingredients:** Probiotic blend (*Bifidobacterium lactis* B420, magnesium stearate, and silica) and capsule (hydroxypropylmethylcellulose).

**Directions:** Take 1 capsule per day or as directed by your healthcare practitioner as part of a healthy diet and exercise regimen.

**This product is non-GMO, gluten free and vegetarian.**

†At date of expiration.

††Capsules are composed of plant-derived ingredients.



## UltraFlora IB

### Targeted Relief for Recurring Intestinal Distress

**UltraFlora IB** is designed to relieve recurring bowel distress and related functional discomforts, such as occasional bowel urgency. Provides a powerful dose of 60 billion beneficial microorganisms with a 50:50 blend of *B. lactis* Bi-07 and *L. acidophilus* NCFM, provided in a dairy-free capsule form.

#### Patient benefits:

- Helps relieve abdominal discomfort, bloating, cramping, bowel irritation, and occasional urgent bowel movements
- Provides strain-identified probiotics that have been demonstrated effective for reducing bowel complaint frequency and improving reported quality of life
- Promotes a healthy balance of GI microflora
- High potency formula providing a great value per dose

#### Ingredients

Serving Size:

Servings Per Container:

A 50:50 Blend of:

*Lactobacillus acidophilus* NCFM+++

*Bifidobacterium lactis* Bi-07+++

#### Amt Per Serving

1 Capsulet

30

60 billion live organisms††

#### % Daily Value

\*

**Ingredients:** Probiotic blend (*Bifidobacterium lactis*, *Lactobacillus acidophilus*, magnesium stearate, and silica), microcrystalline cellulose, capsule (hydroxy-propylmethylcellulose), and silica.

**Directions:** Take 1 capsule 1 to 2 times daily or as directed.

**This product is non-GMO, gluten free and vegetarian.**

†At date of expiration.

††Capsules are composed of plant-derived ingredients.



## UltraFlora Immune Booster

### Daily Probiotic Support for Nasal, Sinus & Respiratory Health

**UltraFlora Immune Booster** provides a blend of highly viable, pure strains of “friendly” bacteria that have been clinically shown to support nasal, sinus, and respiratory health.

**Patient benefits:**

Features *L. plantarum* HEAL9 and *L. paracasei* 8700:2, a unique probiotic blend demonstrated in research to support respiratory health when taken daily for 12 weeks

- Supports healthy nasal and sinus passages
- Effective dose in just 1 capsule daily

**Ingredients**

**Serving Size:**

**Servings Per Container:**

A 50:50 Blend of:

- Lactobacillus paracasei* 8700:2
- Lactobacillus plantarum* HEAL9

**Amt Per Serving**

1 Capsule†

30

1 billion live organisms††

**% Daily Value**

\*

**Other Ingredients:** Starch, capsule (hypromellose, gellan gum), and magnesium stearate (vegetable).

**Directions:** Take 1 capsule once daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

†Vegetarian Capsule

††At date of expiration



## UltraFlora Integrity

### Targeted to Help Support Intestinal Immune Health

**UltraFlora Integrity** features 100 million CFU of patented probiotic strain *Lactobacillus salivarius* UCC118, which preclinical studies suggest may influence tight junctions between intestinal cells and may beneficially influence immune cell signaling processes.

**Ingredients**

**Serving Size:**

**Servings Per Container:**

*Lactobacillus salivarius* UCC118†† Culture

**Amt Per Serving**

1 Capsule†

30

100 million live organisms†††

**% Daily Value**

\*

**Other Ingredients:** Starch, capsule (hypromellose), and magnesium stearate (vegetable).

**Directions:** Take 1 capsule daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

†Vegetarian Capsule.



## UltraFlora Intensive Care

### Targeted Relief for Occasional GI Discomfort

**UltraFlora Intensive Care** provides the extensively researched *L. plantarum* 299v strain to help relieve intestinal irritation and bowel discomfort, promote the integrity of the GI intestinal barrier, and support a healthy immune response.

**Patient benefits:**

- Designed to address bothersome symptoms of regional bowel irritation that can affect quality of life
- Ideal complement to intensive lifestyle programs to support digestive health
- Designed to relieve recurring discomforts associated with the small bowel or colon, such as abdominal or motility discomfort and other minor pains
- Supports healthy intestinal mucosal barrier integrity and function
- Supports a healthy immune response
- Beneficially influences levels of certain cytokines (e.g., IL-10, IL-6), which may contribute to reducing intestinal irritation

**Ingredients**

**Serving Size:**

**Servings Per Container:**

*Lactobacillus plantarum* 299v Strain

**Amt Per Serving**

2 Capsule†

30

20 billion live organisms††

**% Daily Value**

\*

**Ingredients:** Potato starch, capsule (hydroxypropylmethylcellulose), *Lactobacillus plantarum* 299v (soy), and magnesium stearate (vegetable). **Contains: Soy.**

**Directions:** Take 2 capsules daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

Probi Digestis® (LP299V®) supplied by Probi.

†Vegetarian capsule.

††At date of expiration



## UltraFlora Restore

### Targeted Relief for Acute Microbiota Disruption

**UltraFlora Restore** is a clinically tested probiotic containing 4 different strains of live bacteria to support healthy intestinal microbial stability and relief of loose stools.

#### Patient benefits:

- Demonstrated relief of abdominal discomfort associated with loose stools and occasional diarrhea

#### Ingredients

##### Serving Size:

##### Servings Per Container:

A Proprietary Blend of:

*Bifidobacterium lactis* (Bi-07)+++  
*Bifidobacterium lactis* (BI-04)  
*Lactobacillus paracasei* (Lpc-37)  
*Lactobacillus acidophilus* (NCFM)+++

#### Amt Per Serving

1 Capsule†

30

20 billion live organisms††

#### % Daily Value

\*

**Ingredients:** Capsule (hypromellose), microcrystalline cellulose, magnesium stearate (vegetable), and silica.

**Directions:** Take 1 capsule daily or as directed.

**Notice:** Stability studies indicate that all probiotics should be shipped under temperature control to maintain potency (CFU). For best results, keep tightly closed in a cool, dry place

**This product is non-GMO, gluten free and vegetarian.**

**No refrigeration required.**

†Vegetarian Capsule

††At date of expiration



## UltraFlora Spectrum

### Broad Spectrum Intestinal & Immune Health Support

**UltraFlora Spectrum** provides multidimensional support for both the upper and lower GI for digestive and immune health.

#### Patient benefits:

- Concentrated formula supplies a proprietary blend of 7 beneficial probiotic strains including *L. acidophilus* NCFM, *S. boulardii*, *B. lactis* Bi-07, *B. lactis* BI-04, *St. thermophilus*, *L. salivarius*, and *L. plantarum*
- Promotes a healthy intestinal environment and immune response
- Helps relieve recurring functional bowel discomforts and intestinal irritation
- Contains NCFM, 1 of the most well-researched probiotic strains
- Designed for reliable outcomes with a concentrated dose of *S. boulardii*

#### Ingredients

##### Serving Size:

##### Servings Per Container:

A Proprietary Blend of:

*Saccharomyces boulardii*  
*Bifidobacterium lactis* Bi-07+++  
*Lactobacillus plantarum* Lp-115  
*Lactobacillus salivarius* Ls-33  
*Lactobacillus acidophilus* NCFM+++  
*Streptococcus thermophilus* St-21  
*Bifidobacterium lactis* BI-04

#### Amt Per Serving

1 Capsule†

30

30 billion live organisms††

#### % Daily Value

\*

**Other Ingredients:** Active dried yeast (*Saccharomyces cerevisiae* var. *boulardii*, sorbitan monostearate), capsule (hydroxypropyl-methylcellulose, sodium copper chlorophyllin), microcrystalline cellulose, silica, and stearic acid (vegetable).

**Directions:** Take 1 capsule daily or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

†At date of expiration.

††Capsules are composed of plant-derived ingredients.





## UltraFlora Synergy

### Daily Immune Health & Digestive Support Enhanced with Prebiotics

**UltraFlora Synergy** is designed to provide intestinal support on multiple levels with a patented combination of probiotics and prebiotic fibres, provided in a non-dairy powder base. Supplies a powerful probiotic blend of *B. lactis* Bi-07 and *L. acidophilus* NCFM. This NCFM strain has been the topic of over 60 published scientific articles—including clinical trials for a number of GI symptoms.

#### Patient benefits:

- Daily support for GI and immune health
- Provides the valuable Probio-Saccharide factor (fructooligosaccharides, or FOS), an excellent food source for beneficial microflora that helps to promote their growth in the intestine
- Facilitates the digestion of lactose

#### Ingredients

**Serving Size:**

**Servings Per Container:**

Calories

Total Carbohydrate

A 50:50 Blend of:

*Lactobacillus acidophilus* NCFM††

*Bifidobacterium lactis* Bi-07††

Fructooligosaccharides (FOS)

#### Amt Per Serving

About 1/4 Teaspoon (.75 g)

67 (by weight)

5

<1 g

15 billion live organisms†

420 mg

#### % Daily Value

<1%\*

\*

\*

**Ingredients:** Fructooligosaccharides (FOS), *Lactobacillus acidophilus*, *Bifidobacterium lactis*, and rice maltodextrin.

**Directions:** Mix about 1/4 teaspoon (.75 g) with 120ml unchilled water 1 to 2 times daily between meals, or as directed by your healthcare practitioner.

**This product is non-GMO, gluten free and vegetarian.**

†At date of expiration.



## UltraFlora Women's

### Targeted Support for Feminine Health

**UltraFlora Women's** is a unique blend of probiotics to help maintain a healthy vaginal microflora and support urogenital health when taken orally. This advanced formula features *Lactobacillus rhamnosus* GR-1 and *Lactobacillus reuteri* RC-14 strains††, which are backed by more than 25 years of scientific research

#### Patient benefits:

- Helps maintain a healthy vaginal microflora by increasing the number of beneficial lactobacilli
- Supports urogenital health
- Backed by clinical trials that demonstrate support of healthy vaginal microbiota
- Effective dose in just 1 capsule taken orally daily
- Potency and viability are guaranteed through date of expiration

#### Ingredients

**Serving Size:**

**Servings Per Container:**

A 50:50 Blend†† of:

*Lactobacillus rhamnosus* GR-1‡

*Lactobacillus reuteri* RC-14‡

#### Amt Per Serving

1 Capsule†

30

2 billion live organisms†††

#### % Daily Value

\*

**Other Ingredients:** Maltodextrin, capsule (hypromellose, titanium dioxide), microcrystalline cellulose, silicon dioxide, and magnesium stearate (vegetable). **Contains: Milk.**

**Directions:** Take 1 capsule once daily or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

‡Vegetarian Capsule

†††At date of expiration

# Ultra Targeted. Ultra Reliable. UltraFlora.

- Scientifically validated probiotics for better patient care
- Personalised formulas for targeted and general support
- Not all probiotic strains are created equal. Specific strains can have different effects on health. The UltraFlora line makes it easy to recommend targeted probiotic support with 12 distinct formulas to meet individual needs.
- Probiotic formulas you can depend on for patient health
- You can trust Metagenics to deliver beneficial probiotic strains at effective doses to target individual health needs. And UltraFlora formulas offer guaranteed reliable doses at expiration with proper storage. So your patients always get the strength and benefits they expect.

# UltraFlora Probiotics Clinical Applications

## The Metagenics ID Guarantee:

All Metagenics probiotics are extensively tested for potential contaminants and stored at carefully controlled temperature and humidity conditions to protect the live organisms from exposure to heat and excessive moisture. To ensure potency, CFU count is always guaranteed through the date of expiration. Our formulas have also been scientifically tested and assayed to assure strain identity, purity, and potency.

Formula	Strains	Recommended use	Application
<b>Daily Immune Health &amp; Digestive Support</b>			
MetaKids Baby Probiotic	Unique blend of 1 billion CFU of <i>B. lactis</i> BB-12® and <i>L. rhamnosus</i> LGG®. Non-GMO, gluten-free, and vegetarian	6 drops daily	<ul style="list-style-type: none"> <li>Probiotic support for babies and young children</li> <li>Promotes a healthy intestinal environment</li> <li>Convenient, easy-to-use dropper enables precision dosing</li> </ul>
MetaKids Probiotic	50:50 blend of 10 billion CFU of <i>L. acidophilus</i> NCFM® and <i>B. lactis</i> Bi-07 in delicious, grape-flavoured chewable tablets. Non-GMO, gluten-free, and vegetarian.	For children over 3 years of age, 1-2 chewable tablets daily	<ul style="list-style-type: none"> <li>Daily probiotic support for gastrointestinal &amp; immune health</li> <li>Support for a healthy intestinal environment</li> <li>Great for kids and those who prefer a chewable form</li> </ul>
UltraFlora Balance	50:50 blend of 15 billion CFU of <i>L. acidophilus</i> NCFM® and <i>B. lactis</i> Bi-07. Non-GMO, gluten-free, and vegetarian.	1 capsule 1-2 times daily	<ul style="list-style-type: none"> <li>Daily probiotic support for gastrointestinal and immune health</li> <li>Support for a healthy intestinal environment</li> <li>Convenient capsule form</li> </ul>
UltraFlora IB	50:50 blend of 60 billion CFU of <i>L. acidophilus</i> NCFM® and <i>B. lactis</i> Bi-07. Non-GMO, gluten-free, and vegetarian.	1 capsule 1-2 times daily	<ul style="list-style-type: none"> <li>Targeted relief for occasional intestinal discomfort</li> <li>Relief for abdominal discomfort, bloating, cramping, bowel irritation, and occasional urgency</li> </ul>
UltraFlora Synergy	Blend of 15 billion CFU of <i>L. acidophilus</i> NCFM® and <i>B. lactis</i> Bi-07 enhanced with prebiotics. Non-GMO, gluten-free, and vegetarian.	Mix about ¼ teaspoon with 80ml unchilled water 1 to 2 times daily between meals	<ul style="list-style-type: none"> <li>Features valuable prebiotics to promote the growth of beneficial bacteria</li> <li>Great for seniors or those who prefer powder form</li> </ul>
<b>Broad Spectrum Support</b>			
UltraFlora Spectrum	Proprietary blend of 30 billion CFU including <i>S. boulardii</i> , <i>B. lactis</i> Bi-07, <i>L. plantarum</i> Lp-115, <i>L. salivarius</i> Ls-33, <i>L. acidophilus</i> NCFM®, <i>S. thermophilus</i> St-21, and <i>B. lactis</i> Bl-04. Non-GMO, gluten-free, and vegetarian.	1 capsule daily	<ul style="list-style-type: none"> <li>Multidimensional intestinal and immune health support</li> <li>Upper and lower GI health support</li> </ul>
<b>Targeted GI Relief</b>			
UltraFlora Acute Care	3:1 blend of 5.5 billion CFU of <i>S. boulardii</i> plus 4 billion CFU of <i>B. lactis</i> HN019 and <i>L. rhamnosus</i> HN001. Non-GMO, gluten-free, and vegetarian.	1 capsule 1-2 times daily	<ul style="list-style-type: none"> <li>Targeted relief for acute bowel distress</li> <li>Relief for occasional loose stools</li> <li>Immune health support</li> </ul>
UltraFlora Intensive Care	18 billion CFU of <i>L. plantarum</i> 299v. Non-GMO, gluten-free, and vegetarian.	1 capsule daily	<ul style="list-style-type: none"> <li>Targeted relief for occasional GI discomfort</li> <li>Support for immune health</li> </ul>
UltraFlora Restore	Proprietary blend of 20 billion CFU of <i>B. lactis</i> Bi-07, <i>L. acidophilus</i> NCFM®, <i>B. lactis</i> Bl-04, and <i>L. paracasei</i> Lpc-37. Non-GMO, gluten-free, and vegetarian.	1 capsule daily	<ul style="list-style-type: none"> <li>Supports healthy intestinal microbial stability</li> <li>Targeted relief of occasional loose stools</li> </ul>
<b>Targeted Respiratory Support</b>			
UltraFlora Immune Booster	50:50 blend of 1 billion CFU of <i>L. paracasei</i> 8700:2 and <i>L. plantarum</i> HEAL9. Non-GMO, gluten-free, and vegetarian.	1 capsule daily	<ul style="list-style-type: none"> <li>Clinically shown to support healthy nasal, sinus, and respiratory function</li> </ul>
<b>Targeted Feminine Support</b>			
UltraFlora Women's	50:50 blend of 2 billion CFU of <i>L. rhamnosus</i> GR-1® and <i>L. reuteri</i> RC-14®. Non-GMO and gluten-free.	1 capsule daily	<ul style="list-style-type: none"> <li>Helps maintain a healthy vaginal microbiota</li> <li>Supports urogenital health</li> </ul>
<b>Targeted Weight Management Support</b>			
UltraFlora Control	10 billion CFU of <i>Bifidobacterium lactis</i> B420™. Non-GMO, gluten-free, and vegetarian.	1 capsule daily	<ul style="list-style-type: none"> <li>Helps control body fat and body weight</li> <li>Helps reduce waist circumference and controls abdominal fat</li> </ul>
<b>Targeted Intestinal Immune Health Support</b>			
UltraFlora Integrity	100 million CFU of patented probiotic strain <i>Lactobacillus salivarius</i> UCC118. Non-GMO, gluten-free, and vegetarian.	1 capsule daily	<ul style="list-style-type: none"> <li>May influence tight junctions between intestinal cells</li> <li>May beneficially influence immune cell signaling processes</li> </ul>



## UltraGI Replenish

### Support for patients with compromised gut function with digestive disorders

UltraGI Replenish is a medical food formulated to provide specialised macro and micronutrient support for patients with compromised gut function with digestive disorders including malabsorption.

#### Patient benefits:

- Formulated with prebiotic fibres— isomalto-oligosaccharides (IMOs) and structurally identical to human milk oligosaccharides (HMOs), such as 2'-fucosyllactose (2'FL)
- 2'-fucosyllactose (2'FL) may support production of short chain fatty acids and butyrate
- Contains a total of 15 g protein per serving—12 g of pea/rice protein blend and 3 g of added essential amino acids and Sustamine
- Sustamine is an advanced alanineglutamine dipeptide designed for enhanced absorption, stability, and solubility
- Provides essential nutrients to address malabsorption, including:
  - Methylated vitamin B12 and calcium L-5-methyl-tetrahydrofolate, a bioavailable folate
  - Zinc as zinc gluconate to support gastrointestinal mucosa integrity

#### Ingredients

##### Information per Serving:

##### Servings per Container:

	Amt Per Serving	% Daily Value
Calories	160	
Total Fat	5 g	
Saturated Fat†	1.5 g	
Trans Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	2 g	
Cholesterol	0 mg	
Sodium	100 mg	
Potassium	220 mg	
Total Carbohydrate	17 g	
Dietary Fibre	7 g	
Sugars	4 g	
Protein	12 g††	

##### Typical Amino Acid Profile per Serving\*

##### Amino Acid

Amino Acid	mg/Serving
L-Alanine	750 mg
L-Arginine**	1,070 mg
L-Aspartic Acid	1,360 mg
L-Cystine (Cysteine)**	150 mg
L-Glutamic Acid	2,060 mg
L-Glutamine**	310 mg
Glycine**	510 mg
L-Histidine*	300 mg
L-Isoleucine (BCAA)*	1,060 mg
L-Leucine (BCAA)*	1,810 mg
L-Lysine* (as L-lysine HCl)	1,650 mg
L-Methionine*	160 mg
L-Phenylalanine*	670 mg
L-Proline**	550 mg
L-Serine**	640 mg
L-Threonine*	470 mg
L-Tryptophan*	130 mg
L-Tyrosine**	490 mg
L-Valine (BCAA)*	1,190 mg

##### Each Serving Contains:

		% RDI
Vitamin A (retinyl palmitate)	1,250 IU	25%
Vitamin C	100 mg	170%
Calcium	80 mg	8%
Iron	3 mg	15%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E	7.5 IU	25%
Thiamin	0.375 mg	25%
Riboflavin	0.425 mg	25%
Niacin	5 mg	25%
Vitamin B6	0.5 mg	25%
Folate (as calcium L-5-methyltetrahydrofolate)	185.2 mcg	45%
Vitamin B12 (as methylcobalamin)	1.5 mcg	25%
Biotin	75 mcg	25%
Pantothenic Acid	2.5 mg	25%
Phosphorus	185 mg	20%
Iodine	37.5 mcg	25%
Magnesium	35 mg	8%
Zinc	11.25 mg	80%
Selenium	52.5 mcg	80%
Copper	1.5 mg	80%
Manganese	1.5 mg	80%
Chromium	120 mcg	100%
Chloride	260 mg	8%
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg	††
L-Alanyl-L-Glutamine†††	500 mg	††
Isomalto-Oligosaccharide	5 g	††
2'-Fucosyllactose (2'-FL)	2 g	††

**Ingredients:** Pea protein isolate, isomalto-oligosaccharide, rice protein concentrate, 2'-fucosyllactose powder, natural flavours, Dutch processed cocoa powder, flaxseed, high oleic sunflower oil, organic cane sugar, L-lysine HCl, dextrose, medium chain triglycerides, L-leucine, silica, L-valine, L-alanyl-L-glutamine, L-isoleucine, gum acacia, xanthan gum, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyl-tetrahydrofolate, selenomethionine, and methylcobalamin), and Luo Han Guo fruit (monk fruit) extract

**Directions:** Blend, shake, or briskly stir 2 level scoops (41 grams) into 240 ml of chilled water. Take twice daily, or as directed by your healthcare practitioner.

**This product is non-GMO and gluten free.**

**Caution:** This medical food has not been studied in children and pregnant or nursing women. If taking medication or other nutritional supplements, consult your healthcare practitioner before use.



## UltraInflamX Plus 360

### Advanced Nutritional Support for the Management of Compromised Gut Function

**UltraInflamX Plus 360®** is a medical food formulated to provide strategic macro and micronutrient support for patients with compromised gut function resulting from inflammatory bowel disease, including ulcerative colitis and Crohn's disease.

#### Patient benefits:

- Strategic macro and micronutrient profiles to deliver targeted nutritional support for patients with IBD
- Proprietary vegan pea/rice protein blend with added amino acids (including 50% essential amino acids, including branched chain amino acids) and L-glutamine to support lean tissue and intestinal mucosal cells
- Features CurQfen, a clinically studied, patented curcumin blend designed for greater bioavailability and more reliable clinical outcomes
- CurQfen has been demonstrated to have up to 45.5 times more free curcuminoids in human plasma compared to standard curcumin extract
- Next generation selective kinase response modulators (SKRMs) in XNT ProMatrix—a proprietary protein matrix technologically designed to enhance delivery of high quality xanthohumol from hops
- XNT ProMatrix provides 81% more bioavailability than standard xanthohumol
- Isomalto-oligosaccharides (IMO), a prebiotic that encourages the production of short-chain fatty acids (SCFAs), which promote intestinal mucosal health and a healthy intestinal environment
- The fat profile includes flaxseed oil, a source of alpha-linolenic acid (an omega-3 fatty acid) and medium chain triglycerides, a rapidly absorbed lipid source
- 20+ vitamins and minerals, including key micronutrient forms designed for enhanced bioavailability (folate, B12, D3) to help address increased nutrient needs
- 6 g of fibre per serving

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Scoops (47 g)	
<b>Servings per Container:</b>	13	
Calories	170	
Total Fat	7 g	
Saturated Fat†	1.5 g	
Trans Fat	0 g	
Polyunsaturated Fat	1.5 g	
Monounsaturated Fat	2.5 g	
Cholesterol	0 mg	
Sodium	120 mg	
Potassium	350 mg	
Total Carbohydrate	16 g	
Dietary Fibre	6 g	
Sugars	4 g	
Protein	13 g††	

#### Typical Amino Acid Profile per Serving

Amino Acid	mg/Serving
L-Alanine	590 mg
L-Arginine**	1,160 mg
L-Aspartic Acid	1,470 mg
L-Cystine (Cysteine)**	160 mg
L-Glutamic Acid	2,210 mg
L-Glutamine**	750 mg
Glycine**	540 mg
L-Histidine*	330 mg
L-Isoleucine (BCAA)*	1,060 mg
L-Leucine (BCAA)*	1,860 mg
L-Lysine*	1,670 mg
L-Methionine*	170 mg
L-Phenylalanine*	720 mg
L-Proline**	590 mg
L-Serine**	680 mg
L-Threonine*	500 mg
L-Tryptophan*	140 mg

L-Tyrosine**	530 mg	
L-Valine (BCAA)*	1,200 mg	
<b>Percentage of Reference Daily Intakes (RDI)</b>		
<b>Each Serving Contains:</b>	<b>Amt Per Serving</b>	<b>% RDI</b>
Vitamin A	1,250 IU	25%
Vitamin C	30 mg	50%
Calcium	500 mg	50%
Iron	3.5 mg	20%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E	7.5 IU	25%
Thiamin	0.375 mg	25%
Riboflavin	0.425 mg	25%
Niacin	5 mg	25%
Vitamin B6	0.5 mg	25%
Folate (as calcium L-5-methyltetrahydrofolate†††)	200 mcg	50%
Vitamin B12 (as methylcobalamin)	3 mcg	50%
Biotin	75 mcg	25%
Pantothenic acid	2.5 mg	25%
Phosphorus	340 mg	35%
Iodine	37.5 mcg	25%
Magnesium	260 mg	70%
Zinc	13 mg	90%
Selenium	52.5 mcg	80%
Copper	1.5 mg	80%
Manganese	2.5 mg	130%
Chromium	120 mcg	100%
Chloride	280 mg	8%
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg	*
Proprietary Mix of Curcumin [from Curcuma longa L. rhizome extract standardised to 40% (100 mg) curcuminoids] and Fenugreek Galactomannans (from Trigonella foenum-graecum seed extract)‡	250 mg	*
Rice Protein Matrix and Polyphenols from Hops (Humulus lupulus L.) Cone Extract (standardised to 2.5% xanthohumol)	250 mg	*
Quercetin	200 mg	*
Rosemary (Rosmarinus officinalis) Leaf Extract	100 mg	*
Ginger (Zingiber officinale) Rhizome Extract [standardised to 5% (5 mg) total pungent compounds]	100 mg	*

**Ingredients:** Pea protein isolate, isomalto-oligosaccharide, rice protein concentrate, rice bran, calcium citrate, sunflower oil, organic cane sugar, flaxseed, magnesium citrate, natural flavours, medium chain triglycerides, L-lysine HCl, silica, L-leucine, L-glutamine, L-valine, dipotassium phosphate, L-isoleucine, protein matrix and polyphenols from hops extract, a proprietary mix of curcumin and fenugreek soluble fibre, quercetin, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, methylcobalamin, calcium L-5-methyltetrahydrofolate, and selenomethionine), xanthan gum, ginger root extract, rosemary leaf extract, Luo Han Guo fruit (monk fruit) extract, and guar gum.

**Directions:** Blend (for no longer than 15 seconds), shake, or briskly stir 2 level scoops of new and improved UltraInflamX Plus 360° (44 g) into 240 ml of chilled water, juice, or acceptable fruit as listed in the dietary guidelines. Take twice per day or as recommend by your healthcare practitioner. Consume within 10 minutes of reconstitution.

**This product is non-GMO and gluten free.**

**Warning:** If pregnant, nursing, or taking prescription drugs (such as anticoagulant or antiplatelet medication), consult your healthcare practitioner prior to use.

## UltraMeal Original

### Nutritional Support for Healthy Body Composition

UltraMeal Original is formulated to nutritionally support a healthy body composition.

**Patient benefits:**

- 15 g of non-genetically engineered, identity preserved soy protein
- Essential vitamins and minerals, including high potency B vitamins
- An excellent non-dairy source of calcium (600 mg per serving), a key bone supportive nutrient
- Calcium, along with regular exercise and a healthy diet, can play a significant role in reducing the rate of bone loss
- Calcium L-5-methyltetrahydrofolate—a nature-identical folate
- Advanced nutrition in the form of a convenient and great-tasting shake



Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Scoops (43g)	
<b>Servings Per Container:</b>	14	
Calories	140	
Calories from Fat	10	
Total Fat	1 g	2%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	180 mg	8%
Potassium	510 mg	15%
Total Carbohydrate	21 g	7%

Dietary Fibre	4 g	16%
Sugars	16 g	
Protein	15 g	27%
Vitamin A		35%
Vitamin C		100%
Calcium		60%
Iron		15%
Vitamin D		10%
Vitamin E		35%
Thiamin		50%
Riboflavin		50%
Niacin		50%
Vitamin B6		1250%
Folate		100%
Vitamin B12		500%
Biotin		50%
Pantothenic Acid		50%
Phosphorus		50%
Iodine		50%
Magnesium		40%
Zinc		60%
Copper		50%
Manganese		20%
Chromium		80%
Chloride		10%

**Ingredients:** Soy protein isolate (soy), fructose, Dutch processed cocoa powder, dicalcium phosphate, natural flavours, Soy fibre (soy), magnesium citrate, inulin, potassium chloride, lecithin (soy), vitamin and mineral blend (ascorbic acid, zinc gluconate, pyridoxine HCl, rice maltodextrin, d-alpha tocopheryl acetate, D-biotin, niacinamide, retinyl palmitate, copper gluconate, d-calcium pantothenate, methylcobalamin, thiamin HCl, riboflavin, potassium iodide, chromium picolinate, calcium L-5-methyltetrahydrofolate, and cholecalciferol), olive oil, xanthan gum, and guar gum.

**Contains: Soy.**

**Directions:** Blend, shake, or briskly stir 2 level scoops (45 g) into 240 ml of chilled water twice daily

**This product is non-GMO and gluten free.**

This product contains no high fructose corn syrup.



## UltraMeal Advanced Protein Nutritional Support for Age-Related Muscle Loss

**UltraMeal Advanced Protein** provides support for the nutritional management of patients with sarcopenia. This advanced formula provides essential amino acids, including added leucine, to support the healthy aging of skeletal muscles and to help address sarcopenia, the age-associated loss of skeletal muscle mass.

**Patient benefits:**

- 17 g of intact protein from a proprietary blend of pea and rice proteins + 3 g of added EAA for 20 g of protein
- 10 g (half the total protein) of essential amino acids, including 5 g of BCAAs, for better support of muscle growth and maintenance
- Cocoa polyphenols to help support processes that contribute to healthy blood flow and vascular function
- B vitamins—including calcium L-5-methyltetrahydrofolate—a nature-identical folate—and methylcobalamin (vitamin B12—to support cardiovascular health)
- 5 g of fibre, including prebiotic fibre
- 25 essential vitamins and minerals to support protein synthesis and healthy functioning throughout the body

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	About 2 Scoops (46g)	
<b>Servings per Container:</b>	14	
Calories	180	
Total Fat	6 g	
Saturated Fat	1 g	
Trans Fat	0 g	
Polyunsaturated Fat	1.5 g	
Monounsaturated Fat	3 g	
Cholesterol	0 mg	
Sodium	180 mg	
Potassium	270 mg	
Total Carbohydrate	15 g	
Dietary Fibre	5 g	
Sugars	3 g	
Protein	17 g†	
<b>Typical Amino Acid Profile per Serving*</b>		
<b>Amino Acid</b>	<b>mg/Serving</b>	
L-Alanine	790 mg	
L-Arginine**	1520 mg	
L-Aspartic Acid	1920 mg	
L-Cystine (Cysteine)**	210 mg	
L-Glutamic Acid	2910 mg	
Glycine**	720 mg	
L-Histidine*	430 mg	
L-Isoleucine (BCAA)*	1300 mg	
L-Leucine (BCAA)*	2420 mg	

L-Lysine* (as L-lysine HCl)	1430 mg
L-Methionine*	230 mg
L-Phenylalanine*	940 mg
L-Proline**	770 mg
L-Serine**	900 mg
L-Threonine*	1560 mg
L-Tryptophan*	180 mg
L-Tyrosine**	700 mg
L-Valine (BCAA)*	1360 mg

**Percentage of Reference Daily Intakes (RDI)**

Each Serving Contains:	Amt Per Serving	% RDI
Vitamin A	1250 IU	25%
Vitamin C	30 mg	50%
Calcium	70 mg	8%
Iron	6 mg	30%
Vitamin D	400 IU	100%
Vitamin E	7.5 IU	25%
Thiamin	0.375 mg	25%
Riboflavin	0.425 mg	25%
Niacin	5 mg	25%
Vitamin B6	0.5 mg	25%
Folate (as calcium L-5-methyltetrahydrofolate)††	185.2 mcg	45%
Vitamin B12 (as methylcobalamin)	1.5 mcg	25%
Biotin	75 mcg	25%
Pantothenic acid	2.5 mg	25%
Phosphorus	240 mg	25%
Iodine	37.5 mcg	25%
Magnesium	150 mg	40%
Zinc	11.25 mg	80%
Selenium	52.5 mcg	80%
Copper	1.5 mg	80%
Manganese	1.5 mg	80%
Chromium	120 mcg	100%
Chloride	220 mg	6%
Total Polyphenols (from cocoa beans)	100 mg	†††
Alpha-Linolenic Acid (ALA) (from flaxseed)	500 mg	†††

**Ingredients:** Pea protein isolate, rice protein concentrate, isomaltooligosaccharide, high oleic sunflower oil, flaxseed, magnesium bisglycinate, L-leucine, cocoa polyphenols, L-threonine, silica, L-isoleucine, L-valine, L-lysine HCl, vitamin and mineral blend (zinc gluconate, xanthan gum, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5methyltetrahydrofolate, selenomethionine, and methyl-cobalamin), and antioxidant blend (natural flavours and ascorbic acid).

**Directions:** Take 1 serving 1 to 2 times daily, or as directed by your healthcare practitioner. Blend, shake, or briskly stir 2 scoops (41g) into 240 ml of chilled water.

**This product is non-GMO and gluten free.**

\* Contributed by pea protein, added amino acids, rice protein, and cocoa powder

\* Essential amino acid

\*\* Conditionally essential amino acid

† 21 g total protein including added amino acids: L-leucine, L-threonine, L-isoleucine, L-valine, and L-lysine



## UltraMeal Cardio 360

Medical food formulated to provide specialised nutritional support within a nutritional management program for dyslipidemia

**UltraMeal Cardio 360°** is a medical food formulated to provide specialised nutritional support within a nutritional management program for dyslipidemia by supplying a combination of phytosterols, bioavailable xanthohumol from hops (XNT ProMatrix), beneficial macronutrient ratio, 5 g of fibre (including prebiotic isomalto-oligosaccharides), antioxidant nutrients (vitamins C and E), and a proprietary pea/rice protein base with added amino acids. As part of a heart healthy eating plan the addition of 1.8 g/day of plant sterols/stanols has been shown to lead to beneficial changes in LDL cholesterol in individuals with hypercholesterolemia.

**Patient benefits:**

- Phytosterols as Reducool—clinically shown to help reduce LDL-C levels in hypercholesterolemia patients
- Next generation SKRMs in the form of XNT ProMatrix (250 mg/serving), a proprietary combination of xanthohumol with a protein matrix—clinically demonstrated to enhance bioavailability
- 14 g total carbohydrate per serving
- 5 g of fibre per serving, including prebiotic isomalto-oligosaccharides (IMOs)
- 4 g of sugars per serving
- Sweetened with organic cane sugar and monk fruit extract
- 20+ essential vitamins and minerals to support healthy metabolic function
- Calcium L-5-methyltetrahydrofolate (a body-ready folate) and vitamin B12 as methylcobalamin to promote healthy homocysteine levels for cardiovascular health

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Scoops (41 g)	
<b>Servings per Container:</b>	14	
Calories	150	
Total Fat	5 g	
Saturated Fat	1 g	
Trans Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	2.5 g	
Cholesterol	0 mg	
Sodium	130 mg	
Potassium	250 mg	
Total Carbohydrate	14 g	
Dietary Fibre	5 g	
Sugars	4 g	
Protein	13 g†	

**Typical Amino Acid Profile per Serving\***

Amino Acid	mg/Serving
L-Alanine	580 mg
L-Arginine**	1,130 mg
L-Aspartic Acid	1,430 mg
L-Cystine (Cysteine)**	150 mg
L-Glutamic Acid	2,150 mg
Glycine**	530 mg
L-Histidine*	320 mg
L-Isoleucine (BCAA)*	800 mg
L-Leucine (BCAA)*	1,800 mg
L-Lysine*	1,800 mg
L-Methionine*	160 mg
L-Phenylalanine*	700 mg
L-Proline**	570 mg
L-Serine**	660 mg
L-Threonine*	490 mg
L-Tryptophan*	130 mg
L-Tyrosine**	510 mg
L-Valine (BCAA)*	1,140 mg

**Percentage of Reference Daily Intakes (RDI)**

Each Serving Contains:	Amt Per Serving	% RDI
Vitamin A (retinyl palmitate)	1,250 IU	25%
Vitamin C	30 mg	50%
Calcium	150 mg	15%
Iron	4 mg	20%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E	7.5 IU	25%
Thiamin	0.375 mg	25%
Riboflavin	0.425 mg	25%
Niacin	5 mg	25%
Vitamin B6	0.5 mg	25%
Folate (as calcium L-5-methyltetrahydrofolate)††	200 mcg	50%
Vitamin B12 (as methylcobalamin)	3 mcg	50%
Biotin	75 mcg	25%
Pantothenic Acid	2.5 mg	25%
Phosphorus	300 mg	30%
Iodine	37.5 mcg	25%
Magnesium	90 mg	25%
Zinc	13 mg	90%
Selenium	52.5 mcg	80%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%
Chloride	220 mg	6%
Plant Sterols‡‡ (including 700 mg beta-sitosterol)	900 mg	‡
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg	‡
Rice Protein Matrix and Polyphenols from Hops (Humulus lupulus L.) Cone Extract (standardised to 2.5% xanthohumol)	250 mg	‡

**Ingredients:** Pea protein isolate, isomalto-oligosaccharide, rice protein concentrate, organic cane sugar, high oleic sunflower oil, flaxseed, L-lysine HCl, phytosterols, L-leucine, silica, natural flavours, magnesium citrate, L-valine, guar gum, protein matrix and polyphenols from hops extract, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, methylcobalamin, calcium L-5-methyltetrahydrofolate, and selenomethionine), L-isoleucine, dicalcium phosphate, Luo Han Guo fruit (monk fruit) extract, and xanthan gum.

**Directions:** Blend (for no longer than 15 seconds), shake, or briskly stir about 2 level scoops of UltraMeal Cardio 360° (36 g) into 240 ml of chilled water twice daily, or as directed by your healthcare practitioner. Consume within 10 minutes of reconstitution. You may also blend with ice and/or your favourite fruit.

**This product is non-GMO and gluten free.**

**Caution:** This medical food has not been studied in children and pregnant or nursing women. If taking medication or other nutritional supplements, consult your healthcare practitioner before use.

\*Contributed by pea protein, rice protein, and added amino acids

\*Essential amino acid

\*\*Conditionally essential amino acid

† 15 g total protein with added amino acids: L-leucine, L-isoleucine, L-lysine, and L-valine.



# UltraMeal Daily Support

## Nutritious Protein Drink with Powerful Phyto-nutrients & 25 Vitamins & Minerals

**UltraMeal Daily Support** is a nutritious drink mix featuring a nutritious blend of macronutrients (carbohydrates, protein, and fats), phytonutrients, and essential vitamins and minerals.

### Patient benefits:

- 15 g of a pea/rice protein blend containing a complete amino acid profile
- 12 phytonutrients from superfruits, greens, and herbs
- 5 g of fibre, including prebiotic fibre
- 25 essential vitamins and minerals for comprehensive nutritional support
- 150 mg of magnesium and 11 mg of zinc—two minerals often consumed below recommended levels
- 400 IU of vitamin D
- Satisfying snack or mini-meal

Ingredient	Daily Value	Serving Size:
<b>Servings Per Container:</b>		
Calories		160
Calories From Fat		50
Total Fat	6 g	9%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	3.5 g	
Cholesterol	0 mg	0%
Sodium	140 mg	6%
Potassium	250 mg	7%
Total Carbohydrate	15 g	5%
Dietary Fibre	5 g	20%
Sugars	5 g	
Protein	15 g	
Vitamin A		25%
Vitamin C		170%
Calcium		8%
Iron		15%
Vitamin D		100%
Vitamin E		25%
Thiamin		25%
Riboflavin		25%
Niacin		25%
Vitamin B6		25%
Folate		45%
Vitamin B12		25%
Biotin		25%
Pantothenic Acid		25%
Phosphorus		20%
Iodine		25%
Magnesium		40%
Zinc		80%
Selenium		80%
Copper		80%
Manganese		80%
Chromium		100%
Chloride		4%

**Ingredients:** Pea protein isolate, rice protein concentrate, isomalto-oligosaccharide, natural flavours, sunflower oil, phytonutrient blend [organic flax (*Linum usitatissimum*) seed powder, organic inulin, organic beet (*Beta vulgaris*) root powder, organic flavours, organic carrot (*Daucus carota*) root powder, organic cranberry (*Vaccinium macrocarpon*) fruit powder, organic raspberry (*Rubus idaeus*) whole fruit powder, ascorbic acid, organic acacia gum, organic green tea (*Camellia sinensis*) leaf powder extract, organic green bell pepper (*Capsicum annuum*) fruit powder, organic spirulina (*Arthrospira platensis*) whole plant powder, organic acerola (*Malpighia glabra*) fruit dry extract (on manioc starch), organic stevia (*Stevia rebaudiana*) leaf extract, organic spinach (*Spinacia oleracea*) leaf powder, organic blueberry (*Vaccinium spp.*) whole fruit powder, and organic ginger (*Zingiber officinale*) root powder], organic cane sugar, magnesium bis-glycinate, malic acid, silica, xanthan gum, hibiscus and black carrot juice (colour), zinc gluconate, Luo Han Guo fruit (monk fruit) extract, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, calcium L-5-methyltetrahydrofolate, selenomethionine, and methylcobalamin.

**Directions:** Take 1 serving 1 to 2 times daily. Blend, shake, or briskly stir 2 scoops (41 g) of UltraMeal Daily Support into 240 ml of chilled water.

**This product is non-GMO and gluten-free.**

^No MSG

^^FLO Fair Trade Certified



# UltraMeal Rice

## Nutritional Support for Healthy Body Composition

**UltraMeal Rice** is a tasty, non-dairy, nutritionally fortified, powdered meal replacement for those who want to support healthy body composition but may be sensitive to Soy. The rice protein is suitable for modified dietary elimination programs.

### Patient benefits:

- Provides a convenient, satisfying, low-glycemic-index meal replacement. (Glycemic index of 42 when referenced against glucose)
- Offers a comprehensive, healthy source of foundation nutrition with all essential vitamins and minerals
- Ensures a high quality source of vegetable (rice) protein

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	2 Scoops (52g)	
<b>Servings Per Container:</b>	14	
Calories	180	
Calories from Fat	45	
Total Fat	5g	8%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	40mg	2%
Potassium	400mg	11%
Total Carbohydrate	26g	9%
Dietary Fibre	5g	20%
Sugars	13g	
Protein	12g	16%
Vitamin A		35%
Vitamin C		100%
Calcium		60%
Iron		6%
Vitamin D		10%
Vitamin E		35%
Thiamin		50%
Riboflavin		50%
Niacin		50%
Vitamin B6		1,250%
Folate		100%
Vitamin B12		500%
Biotin		50%
Pantothenic Acid		50%
Phosphorus		60%
Iodine		50%
Magnesium		45%
Zinc		60%
Copper		50%
Manganese		50%
Chromium		80%
Chloride		2%

**Ingredients:** Rice protein concentrate, rice syrup solids, fructose, natural flavours, olive oil, partially hydrolysed guar gum, dicalcium phosphate, magnesium citrate, potassium citrate, ascorbic acid, zinc gluconate, L-lysine HCl, pyridoxine HCl, L-threonine, d-alpha tocopheryl acetate, niacinamide, copper gluconate, D-calcium pantothenate, thiamin HCl, riboflavin, chromium polynicotinate, retinyl palmitate, folic acid, L-5-methyl tetrahydrofolate (as calcium L-mefolate), biotin, potassium iodide, cyanocobalamin, and cholecalciferol.

**Directions:** Blend, shake, or briskly stir about 2 level scoops (52 grams) of UltraMeal Rice into 240 ml of chilled water twice daily, or as directed.

**This product is non-GMO and gluten free.**

*This product contains no high fructose corn syrup.*



## Vasotensin

### Natural Blood Pressure Support

**Vasotensin** provides peptides from bonito fish to support health blood pressure levels already in the normal range. Bonito peptides have been shown to reduce the formation of angiotensin II—a potent vasoconstrictor—through their interaction of bonito peptides with angiotensin converting enzyme.

**Patient benefits:**

- Formula is designed to be fast acting
- May be used as a complement to other heart programs, such as prescription drugs, medical foods, dietary supplements
- Clinically effective dose is just 2 tablets twice daily
- Assayed to assure product viability and the presence of LKPNM—a peptide found to produce eight-fold higher activity when hydrolysed by angiotensin converting enzyme as occurs in the body
- No rebound (reverse) effect observed in clinical trials when supplementation is discontinued
- Excellent safety profile—no serious adverse effects associated with bonito peptides have been reported

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 2 Tablets	2 Tablets	
<b>Servings Per Container:</b> Amount Per Day 2 Tablets)	60	
Calories		
Protein	less than 1 gram	
Fish Protein Powder	750 mg	*
<b>Amount Per Day (4 Tablets)</b>		
Calories	10	
Protein	2 g	
Fish Protein Powder	1,500 mg	*

**Ingredients:** Microcrystalline cellulose, fish protein powder [fish (skipjack tuna, mackerel)], cellulose, stearic acid (vegetable), silica, croscarmellose sodium, and magnesium stearate (vegetable).

**Contains:** Fish (skipjack tuna and mackerel).

**Directions:** Take 2 tablets 2 times daily with meals or as directed.

**This product is non-GMO and gluten free.**

**Caution:** If pregnant or nursing, taking other nutritional supplements, or taking medication, consult your healthcare practitioner before use.



## VenaPlex

### Vascular Support Formula

**VenaPlex** is a highly specialised formula designed to support a healthy vascular system by featuring horse chestnut seed and supportive herbs.

**Patient benefits:**

- Designed to support healthy capillary integrity
- May help prevent spider veins
- Combines a premium quality, standardised extract of horse chestnut seed and arjuna with rutin to support cardiovascular health

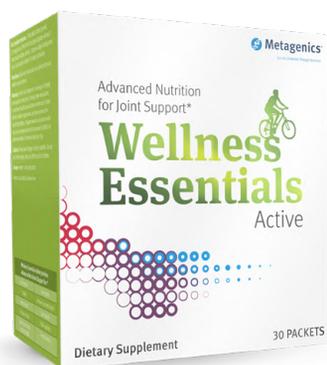
Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b> 1 Tablet	1 Tablet	
<b>Servings Per Container:</b> Rutin	60 400 mg	*
Horse Chestnut (Aesculus hippocastanum)		
Seed Extract [standardised to 20% (50 mg) aescins]	250 mg	*
Arjuna (Terminalia arjuna) Bark 5:1 Extract (containing tannins)	100 mg	*

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Directions:** Take 1 tablet 3 times daily or as directed.

**This product is non-GMO, gluten free and vegetarian.**

**Caution:** If pregnant or nursing, or taking medication, consult your healthcare practitioner before use.



## Wellness Essentials Active

### Advanced Nutrition for Joint Support

**Wellness Essentials Active** is formulated to target healthy joint flexibility, mobility, and comfort, as well as maintain vitality and overall health.

#### Patient benefits:

- Helps protect cells and maintain DNA stability with a proprietary blend of concentrated extracts and phytonutrients
- Provides a safer option for effective joint relief with a proprietary combination of selected plant components
- Provides broad joint health support with glucosamine, chondroitin, methylsulfonylmethane (MSM), and other nutrients
- Helps support healthy joints and other connective tissues by providing additional glucosamine, a naturally occurring compound in all connective tissues
- Supports heart health, mood, and overall health with quality-guaranteed omega-3 fatty acids manufactured and third-party tested in Norway to ensure greater purity

#### Each once-daily packet contains:

1 PhytoMulti tablet, 2 EPA-DHA Extra Strength Lemon-Flavoured softgels, 1 Kaprex softgel, 3 ChondroCare tablets, and 1 Glucosamine Sulfate 750 tablet.

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Packet	
<b>Servings Per Container:</b>	30	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%*
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	5,000 IU	100%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	90 mg	150%
Vitamin D (as cholecalciferol)	500 IU	125%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Vitamin K (as phytonadione)	60 mcg	75%
Thiamin (as thiamin mononitrate)	12.5 mg	833%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide and niacin)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	12.5 mg	625%
Folate (as calcium L-5-methyltetrahydrofolate)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	100 mcg	1,667%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg	375%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium citrate)	20 mg	5%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenium aspartate and selenomethionine)	200 mcg	286%
Copper (as copper citrate)	1.25 mg	63%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium polynicotinate)	100 mcg	83%
Molybdenum (as molybdenum aspartate complex)	25 mcg	33%
Potassium (from D-glucosamine sulfate potassium chloride)	120 mg	3%
D-Glucosamine Sulfate (as D-glucosamine sulfate potassium chloride)	1.5 g	*
Methylsulfonylmethane (MSM)	500 mg	*
Chondroitin Sulfate	600 mg	*
Choline (as choline bitartrate)	12.5 mg	*
Inositol	12.5 mg	*
Lycopene	3 mg	*
Zeaxanthin	1 mg	*
Lutein	3 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	5 mg	*
Proprietary Blend of:	350 mg	*
Tetrahydro-iso-alpha acids complex [from hops ( <i>Humulus lupulus</i> L.) cone extract]††, Rosemary ( <i>Rosmarinus officinalis</i> ) Leaf Extract, Oleanolic Acid [from olive ( <i>Olea europaea</i> ) leaf extract]		
Oleanolic Acid (from olive leaf extract, <i>Olea europaea</i> )		
Proprietary Phytonutrient Blend of:	200 mg	*
Citrus bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 21.6 mg gallic acid equivalents (GAE)], grape seed extract [standardised to 90% polyphenols], blueberry ( <i>Vaccinium</i> spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon ( <i>Cinnamomum cassia</i> ) bark powder, Indian gum Arabic tree bark and heartwood extract [standardised to 6% catechins], rosemary extract [standardised to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]		
Marine Lipid Concentrate	2 g	*
EPA (Eicosapentaenoic acid)	600 mg	*
DHA (Docosahexaenoic acid)	400 mg	*

#### PhytoMulti:

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

#### OmegaGenics EPA-DHA 500:

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate.

**Contains:** Fish (anchovy, sardine, and mackerel).

**Kaprex:**

**Other Ingredients:** Olive oil, gelatin, glycerin, yellow beeswax, water, and sodium copper chlorophyllin (colour).

**Glucosamine Sulfate 750:**

**Ingredients:** Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, cellulose, ascorbic acid, stearic acid (vegetable), silica, croscarmellose sodium, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Contains: crustacean shellfish (crab shells, shrimp).**

**ChondroCare:**

**Ingredients:** Glucosamine sulfate potassium chloride [crustacean shellfish (crab shells, shrimp)], microcrystalline cellulose, chondroitin sulfate, methylsulfonylmethane, cellulose, croscarmellose sodium, stearic acid (vegetable), selenomethionine, zinc citrate, silica, copper citrate, manganese citrate, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Contains: crustacean shellfish (crab shells, shrimp).**

**Each packet contains:** 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 3 ChondroCare tablets (white), 1 Kaprex softgel (dark green), and 1 Glucosamine Sulfate 750 tablet (off-white).

**Directions:** Take 1 packet daily or as directed by your healthcare practitioner.

**Products included are non-GMO and gluten free.**

**Caution:** Do not use if allergic to fish or shellfish. Do not use before surgery.

## Wellness Essentials Healthy Balance

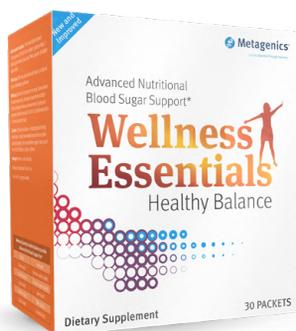
### Advanced Nutritional Blood Sugar Support

**Wellness Essentials Healthy Balance** is formulated to target healthy blood sugar and insulin levels already in the normal range, as well as maintain vitality and overall health.

**Patient benefits:**

- Helps protect cells and maintain DNA stability with a proprietary blend of concentrated extracts and phytonutrients
- Features scientifically advanced nutritional support to help maintain healthy insulin and blood sugar levels already in the normal range
- Provides a USP-grade preparation of alpha-lipoic acid (ALA) that delivers maximum value and effectiveness with an excellent safety profile
- Supports heart health, mood, and overall health with quality-guaranteed omega-3 fatty acids manufactured and third-party tested in Norway to ensure greater purity

**Each once-daily packet contains:** 1 PhytoMulti tablet, 2 EPA-DHA Extra Strength Lemon-Flavoured softgels, 2 MetaGlycemX tablets, and 2 Meta Lipoate 100 tablets.



**Ingredients**

**Serving Size:**

**Servings Per Container:**

Calories

Calories from Fat

Total Fat

Cholesterol

Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate )

Vitamin C (as ascorbic acid and ascorbyl palmitate)

Vitamin D (as cholecalciferol)

Vitamin E (as d-alpha tocopheryl succinate)

Vitamin K (as phytonadione)

Thiamin (as thiamin mononitrate)

Riboflavin

Niacin (as niacinamide and niacin)

Vitamin B6 (as pyridoxine HCl)

Folate (as calcium L-5-methyltetrahydrofolate†)

Vitamin B12 (as methylcobalamin)

Biotin

Pantothenic Acid (as D-calcium pantothenate)

Iodine (as potassium iodide)

Magnesium (as magnesium citrate)

Zinc (as zinc citrate)

Selenium (as selenium aspartate and selenomethionine)

Copper (as copper lysinate HCl and copper citrate)

Manganese (as manganese citrate)

Chromium (as chromium polynicotinate)

Molybdenum (as molybdenum aspartate complex)

Alpha-Lipoic Acid

Catechins

Epigallocatechin Gallate (EGCG) [from decaffeinated green tea (Camellia sinensis) leaf extract]

Chinese Cinnamon (Cinnamomum cassia) Bark Powder

Taurine

L-Carnosine

Choline (as choline bitartrate)

Inositol

Lycopene

Zeaxanthin

Lutein

Resveratrol (from Polygonum cuspidatum root extract)

Proprietary Phytonutrient Blend of:

bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 21.6 mg gallic acid equivalents (GAE)], grape seed extract [standardised to 90% polyphenols], blueberry (Vaccinium spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia)

**Amt Per Serving**

1 Packet

30

Calories

20

Calories from Fat

20

Total Fat

2 g

Cholesterol

less than

5 mg

Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate )

5,000 IU

Vitamin C (as ascorbic acid and ascorbyl palmitate)

360 mg

Vitamin D (as cholecalciferol)

700 IU

Vitamin E (as d-alpha tocopheryl succinate)

250 IU

Vitamin K (as phytonadione)

60 mcg

Thiamin (as thiamin mononitrate)

27.5 mg

Riboflavin

16.5 mg

Niacin (as niacinamide and niacin)

115 mg

Vitamin B6 (as pyridoxine HCl)

21.5 mg

Folate (as calcium L-5-methyltetrahydrofolate†)

800 mcg

Vitamin B12 (as methylcobalamin)

250 mcg

Biotin

2,250 mcg

Pantothenic Acid (as D-calcium pantothenate)

67.5 mg

Iodine (as potassium iodide)

75 mcg

Magnesium (as magnesium citrate)

20 mg

Zinc (as zinc citrate)

16.5 mg

Selenium (as selenium aspartate and selenomethionine)

140 mcg

Copper (as copper lysinate HCl and copper citrate)

1.25 mg

Manganese (as manganese citrate)

1.45 mg

Chromium (as chromium polynicotinate)

700 mcg

Molybdenum (as molybdenum aspartate complex)

25 mcg

Alpha-Lipoic Acid

300 mg

Catechins

105 mg††

Epigallocatechin Gallate (EGCG) [from decaffeinated green tea (Camellia sinensis) leaf extract]

70 mg††

Chinese Cinnamon (Cinnamomum cassia) Bark Powder

500 mg

Taurine

300 mg

L-Carnosine

50 mg

Choline (as choline bitartrate)

12.5 mg

Inositol

12.5 mg

Lycopene

3 mg

Zeaxanthin

1 mg

Lutein

3 mg

Resveratrol (from Polygonum cuspidatum root extract)

5 mg

Proprietary Phytonutrient Blend of:

200 mg

bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 21.6 mg gallic acid equivalents (GAE)], grape seed extract [standardised to 90% polyphenols], blueberry (Vaccinium spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia)

\* Citrus

bark powder, Indian gum Arabic tree bark and heartwood extract [standardised to 6% catechins], rosemary extract [standardised to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]

Natural Marine Lipid Concentrate	2 g	*
EPA (Eicosapentaenoic acid)	600 mg	*
DHA (Docosahexaenoic acid)	400 mg	*
DHA (Docosahexaenoic acid)	400 mg	*

**PhytoMulti:**

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

**OmegaGenics EPA-DHA 500:**

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate.

**Contains: Fish (anchovy, sardine, and mackerel).**

**Meta Lipoate 100:**

**Other Ingredients:** Microcrystalline cellulose, cellulose, silica, stearic acid (vegetable), and magnesium stearate (vegetable).

**MetaGlycemX:**

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), calcium silicate, magnesium stearate (vegetable), and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Each packet contains:** 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 2 MetaGlycemX tablets (tan), and 2 Meta Lipoate 100 tablets (pale yellow).

**Directions:** Take 1 packet daily with food or as directed.

**Products included are non-GMO and gluten free.**

**Caution:** If taking medication—including blood thinning medication—consult your healthcare practitioner before using this product. Do not use before surgery.

*Contains caffeine††.*

*†Total amount includes catechins and EGCG contributed by decaffeinated green tea extract from MetaGlycemX and PhytoMulti.*

*††Less than 25 mg per serving.*

## Wellness Essentials Men's Vitality

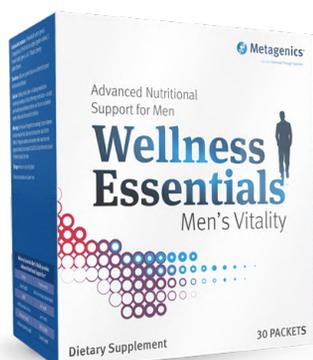
### Advanced Nutritional Support for Men

**Wellness Essentials Men's Vitality** is formulated to target vitality and libido, as well as support masculine functions and maintain overall health.

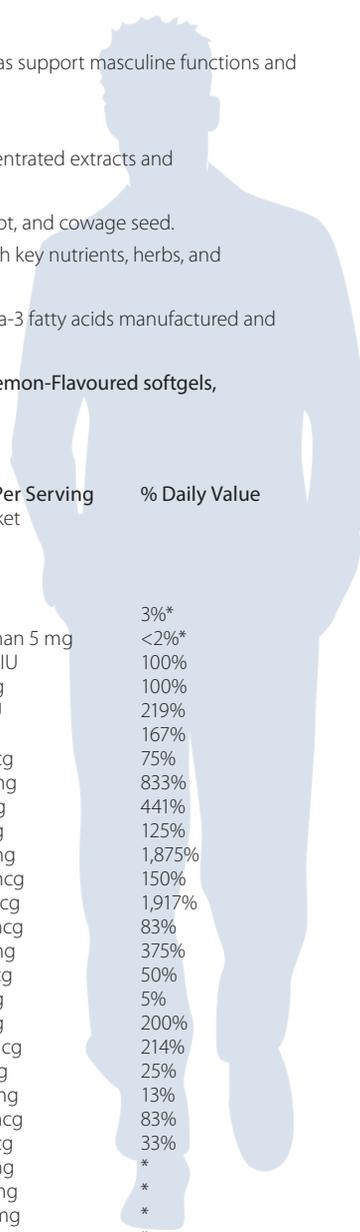
**Patient benefits:**

- Helps protect cells and maintain DNA stability with a proprietary blend of concentrated extracts and phytonutrients
- Supports libido and healthy sexual function with tribulus fruit, ashwagandha root, and cowage seed.
- Supports healthy testosterone levels, hormone balance, and prostate health with key nutrients, herbs, and phytonutrients
- Supports heart health, mood, and overall health with quality-guaranteed omega-3 fatty acids manufactured and third-party tested in Norway to ensure greater purity

**Each once-daily packet contains:** 1 PhytoMulti tablet, 2 EPA-DHA Extra Strength Lemon-Flavoured softgels, 2 Tribulus Synergy tablets, and 1 Testralin tablet.



Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Packet	
<b>Servings Per Container:</b>	30	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%*
Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate)	5,000 IU	100%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg	100%
Vitamin D (as cholecalciferol)	875 IU	219%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Vitamin K (as phytonadione)	60 mcg	75%
Thiamin (as thiamin mononitrate)	12.5 mg	833%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide and niacin)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	37.5 mg	1,875%
Folate (as calcium L-5-methyltetrahydrofolate)†	600 mcg	150%
Vitamin B12 (as methylcobalamin)	115 mcg	1,917%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg	375%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium citrate)	20 mg	5%
Zinc (as zinc arginate, zinc glycinate, and zinc citrate)	30 mg	200%
Selenium (as selenium aspartate and selenomethionine)	150 mcg	214%
Copper (as copper citrate)	0.5 mg	25%
Manganese (as manganese citrate)	0.25 mg	13%
Chromium (as chromium polynicotinate)	100 mcg	83%
Molybdenum (as molybdenum aspartate complex)	25 mcg	33%
Tribulus (Tribulus terrestris) Fruit 10:1 Extract (containing saponins)	250 mg	*
Ashwagandha (Withania somnifera) Root 15:1 Extract (containing withanolides)‡	200 mg	*
Cowage (Mucuna pruriens) Seed Extract [standardised to 20% (10 mg) levodopa]§	50 mg	*
Choline (as choline bitartrate)	12.5 mg	*
Inositol	12.5 mg	*



Lycopene	8 mg	*
Zeaxanthin	1 mg	*
Lutein	3 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	5 mg	*
Proprietary Phytonutrient Blend of:	200 mg	*
Citrus bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 21.6 mg gallic acid equivalent (GAE)], grape seed extract, blueberry (Vaccinium spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardised to 6% catechins], rosemary extract [standardised to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]		
Marine Lipid Concentrate	2 g	*
EPA (Eicosapentaenoic acid)	600 mg	*
DHA (Docosahexaenoic acid)	400 mg	*
Soybean Concentrate††	62.5 mg	*
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	25 mg	*
Phytosterols (containing beta-sitosterol, stigmasterol, campesterol, and other plant sterols)	50 mg	*
Lignans [as secoisolariciresinol diglucosides, (SDG)] [from 125 mg flaxseed extract (Linum usitatissimum)]	25 mg	*
Decaffeinated††† Green Tea (Camellia sinensis) Leaf Extract [standardised to 60% (100 mg) catechins and 40% (67 mg) epigallocatechin gallate (EGCG)]	167 mg	*
Oleanolic Acid [from olive (Olea europaea) leaf extract]	5 mg	*
Turmeric (Curcuma longa) Rhizome Extract [standardised to 95% (75 mg) curcuminoids]	79 mg	*
Betaine (as betaine HCl)	37.5 mg	*

#### PhytoMulti:

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

#### OmegaGenics EPA-DHA 500:

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate.

**Contains: Fish (anchovy, sardine, and mackerel).**

#### Testralin:

**Ingredients:** Decaffeinated†† green tea leaf extract, microcrystalline cellulose, flax seed extract, turmeric rhizome extract, stearic acid (vegetable), Soy isoflavones (Soy), phytosterols (Soy), lycopene, betaine HCl, croscarmellose sodium, calcium silicate, pyridoxine HCl, cellulose, selenomethionine, silica, zinc citrate, oleanolic acid, cholecalciferol, folic acid, methylcobalamine, and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

**Contains: Soy.**

#### HisSynergy:

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

#### Zinc A. G.:

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

Each packet contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 1 Testralin tablet (green), 1 Zinc A.G. tablet (cream), and 1 HisSynergy tablet (brown).

**Directions:** Take 1 packet daily or as directed by your healthcare practitioner.

**Products included are gluten free.**

**Caution:** If taking medication—including medication containing levodopa or blood thinning medication—consult your healthcare practitioner before use. Do not use before surgery. Keep out of the reach of children.

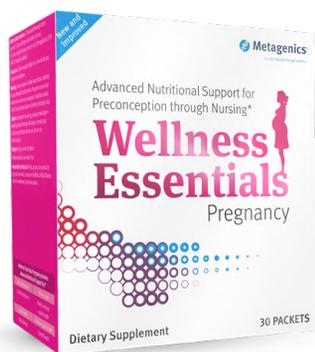
† Derived from non-genetically engineered, identity-preserved Soybeans.

†† Contains no more than 4% caffeine.

## Wellness Essentials

*Personalised Nutrition with Targeted Health Support*

The Wellness Essentials line provides six personalised formula combinations to meet unique health needs with once-daily packets of leading Metagenics formulas



## Wellness Essentials Pregnancy

### Advanced Nutritional Support for Pre-conception through Nursing

**Wellness Essentials Pregnancy** is formulated to provide comprehensive nutritional support for preconception through nursing.

#### Patient benefits:

- Provides a science-based combination of vitamins and minerals, incorporating 1 mg of folate and an array of antioxidants that reflect the latest research in prenatal nutrition
- Supports fetal brain development with additional choline, an essential nutrient
- Supports fetal development, heart health, mood, and overall health with omega-3 fatty acids manufactured and third-party tested in Norway to ensure greater purity
- Promotes healthy bone density and may also support muscle relaxation, ease nighttime limb movement, and ease pregnancy-associated leg cramps with calcium/magnesium

Each once-daily packet contains: 2 Advanced Prenatal tablets, 1 Choline softgel, 2 EPA-DHA 720 softgels, and 2 Calcium/Magnesium tablets.

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Packet	
<b>Servings Per Container:</b>	30	
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%*
Cholesterol	5 mg	2%
Vitamin A (73% from mixed carotenoids and 27% as retinyl palmitate)	5,500 IU	110%
Vitamin C (as ascorbic acid and niacinamide ascorbate)	500 mg	833%
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K (as phytonadione)	90 mcg	113%
Thiamin (as thiamin mononitrate)	3.4 mg	227%
Riboflavin	3.4 mg	200%
Niacin (as niacinamide ascorbate)	35 mg	175%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,000%
Folate (as calcium L-5-methyltetrahydrofolate†)	1,000 mcg	250%
Vitamin B12 (as methylcobalamin)	120 mcg	2,000%
Biotin	300 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	20 mg	200%
Calcium (as calcium citrate)	400 mg	40%
Iron (as ferrous bis-glycinate)	30 mg	167%
Iodine (as potassium iodide)	175 mcg	117%
Magnesium (as magnesium oxide)	300 mg	75%
Zinc (as zinc citrate)	25 mg	167%
Selenium (as selenium aspartate)	200 mcg	286%
Copper (as copper citrate)	2 mg	100%
Manganese (as manganese citrate)	1.2 mg	60%
Chromium (as chromium citrate)	200 mcg	167%
Molybdenum (as molybdenum aspartate)	25 mcg	33%
Inositol	50 mg	*
Choline Bitartrate (providing 175 mg choline)	460 mg	*
Marine Lipid Concentrate	2.5 g	*
EPA (Eicosapentaenoic acid)	860 mg	*
DHA (Docosahexaenoic acid)	580 mg	*
Other Omega-3 Fatty Acids	160 mg	*

#### Advanced Prenatal:

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating (water, hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

#### Calcium/Magnesium:

**Other Ingredients:** Stearic acid (vegetable), microcrystalline cellulose, croscarmellose sodium, silica, and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

#### Choline:

**Other Ingredients:** Soybean oil, gelatin, sorbitol, glycerin, water, beeswax, lecithin (Soy), and carob powder (colour).

#### Contains: Soy.

#### OmegaGenics EPA-DHA 720:

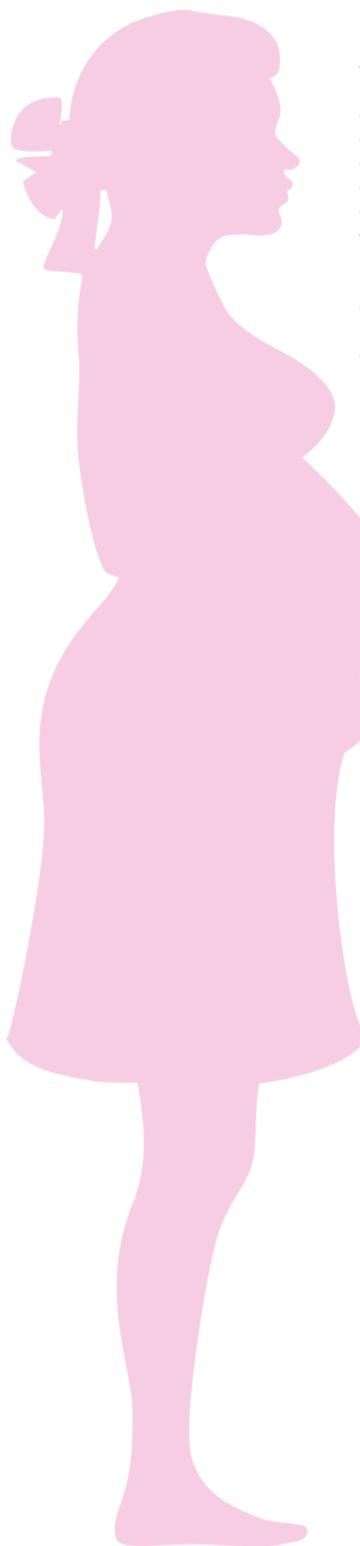
**Ingredients:** Marine lipid concentrate [fish (sardine, anchovy, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavour, natural tocopherols, rosemary extract, and ascorbyl palmitate.

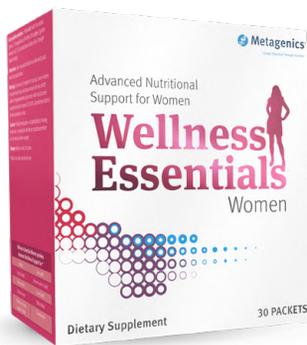
#### Contains: Fish (sardine, anchovy, and mackerel).

**Each packet** contains: 2 Advanced Prenatal tablets (green), 2 Calcium/Magnesium tablets (white), 1 Choline softgel (opaque brown), and 2 OmegaGenics EPA-DHA 720 softgels (yellow).

**Directions:** Take 1 packet daily or as directed by your healthcare practitioner.

**Products included are non-GMO and gluten free.**





# Wellness Essentials Women

## Advanced Nutritional Support for Women

**Wellness Essentials Women** is formulated to target heart and bone health, as well as maintain vitality and overall health. Helps protect cells and maintain DNA stability with a proprietary blend of concentrated extracts and phytonutrients.

**Patient benefits:**

- Promotes healthy bone density with magnesium and purity-tested MCHC—a complex crystalline compound composed primarily of calcium, phosphorus, trace minerals, and bone growth factors
- Supports heart health, mood, and overall health with quality-guaranteed omega-3 fatty acids manufactured and third-party tested in Norway to ensure greater purity

Each once-daily packet contains: 2 PhytoMulti with Iron tablets, 2 EPA-DHA Extra Strength Lemon-Flavoured softgels, and 1 Bone Builder Extra Strength tablet.

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Packet	
<b>Servings Per Container:</b>	30	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%
Cholesterol	less than 5 mg	<2%*
Vitamin A [50% mixed carotenoids & 50% retinyl acetate]	10,000 IU	200% <sup>†</sup>
ascorbyl palmitate)	120 mg	200%
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin	15 mg	882%
Niacin (as niacinamide and niacin)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1,250%
Folate (as calcium L-5-methyltetrahydrofolate)†	800 mcg	200%
Vitamin B12 (as methylcobalamin)	200 mcg	3,333%
Biotin	500 mcg	167%
Pantothenic Acid (as D-calcium pantothenate)	75 mg	750%
Calcium (as microcrystalline hydroxyapatite concentrate and dicalcium phosphate)	674 mg	67%
Iron (as ferrous bis-glycinate)	18 mg	100%
Phosphorus (as microcrystalline hydroxyapatite concentrate and dicalcium phosphate)	348 mg	35%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate)	40 mg	10%
Zinc (as zinc citrate)	15 mg	100%
Selenium (as selenium aspartate)	100 mcg	143%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese citrate)	0.5 mg	25%
Chromium (as chromium polynicotinate)	200 mcg	167%
Molybdenum (as molybdenum aspartate complex)	50 mcg	67%
Microcrystalline Hydroxyapatite Concentrate(MCHC)	2,000 mg	*
Choline (as choline bitartrate)	25 mg	*
Inositol	25 mg	*
Lycopene	6 mg	*
Zeaxanthin	2 mg	*
Lutein	6 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	10 mg	*
Proprietary Phytonutrient Blend of:	400 mg	*
Citrus bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 43.2 mg gallic acid equivalent (GAE)], grape seed extract [standardised to 90% polyphenols], blueberry (Vaccinium spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardised to 6% catechins], rosemary extract [standardised to 11% min phenolic diterpenes and 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]		
Marine Lipid Concentrate	2 g	*
EPA (Eicosapentaenoic acid)	600 mg	*
DHA (Docosahexaenoic acid).	400 mg	*

**OmegaGenics EPA-DHA 500:**

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate.

**Contains:** Fish (sardine, anchovy, and mackerel).

**Bone Builder Extra Strength:**

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), cellulose, croscarmellose sodium, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

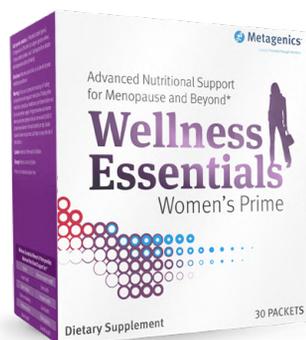
**Each packet** contains: 2 PhytoMulti with Iron tablets (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), and 2 Bone Builder Extra Strength tablets (white).

**Directions:** Take 1 packet daily or as directed by your healthcare practitioner.

**Products included are non-GMO and gluten free.**

**Caution:** If taking medication—including blood thinning medication—consult your healthcare practitioner before use. Do not use before surgery.

*†Microcrystalline Hydroxyapatite Concentrate (MCHC) supplies calcium, phosphorus, trace quantities of other minerals, and naturally occurring growth factors.*



## Wellness Essentials Women's Prime

### Advanced Nutritional Support for Menopause & Beyond

**Wellness Essentials Women's Prime** is formulated to target energy metabolism, heart health, and bone health, as well as maintain vitality and overall health. Helps protect cells and maintain DNA stability with a proprietary blend of concentrated extracts and phytonutrients.

#### Patient benefits:

- Promotes healthy bone density with magnesium and purity-tested MCHC—a complex crystalline compound composed primarily of calcium, phosphorus, trace minerals, and bone growth factors
- Supports healthy bone remodeling with key nutrients and selective kinase response modulators in the form of reduced iso-alpha acids (RIAA)
- Supports heart health, mood, and overall health with quality-guaranteed omega-3 fatty acids manufactured and third-party tested in Norway to ensure greater purity

Each once-daily packet contains: 1 PhytoMulti with Iron tablet, 2 EPA-DHA Extra Strength Lemon-Flavoured softgels, 2 Oстера tablets, and 2 Bone Builder with Magnesium tablets.

Ingredients	Amt Per Serving	% Daily Value
<b>Serving Size:</b>	1 Packet	
<b>Servings Per Container:</b>	30	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%*
Cholesterol	less than 5 mg	<2%*
Vitamin A [50% mixed carotenoids & 50% retinyl acetate]	5,000 IU	100%
Vitamin C (as ascorbic acid and ascorbyl palmitate)	60 mg	100%
Vitamin D3 (as cholecalciferol)	1,900 IU	475%
Vitamin E (as d-alpha tocopheryl succinate)	50 IU	167%
Vitamin K (as phytonadione)	1,60 mcg	1,325%
Thiamin (as thiamin mononitrate)	12.5 mg	833%
Riboflavin	7.5 mg	441%
Niacin (as niacinamide and niacin)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	12.5 mg	625%
Folate (as calcium L-5-methyltetrahydrofolate)†	400 mcg	100%
Vitamin B12 (as methylcobalamin)	100 mcg	1,667%
Biotin	250 mcg	83%
Pantothenic Acid (as D-calcium pantothenate)	37.5 mg	375%
Calcium (as microcrystalline hydroxyapatite concentrate and dicalcium phosphate)	416 mg	42%
Phosphorus (as microcrystalline hydroxyapatite concentrate and dicalcium phosphate)	234 mg	23%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium citrate, magnesium aspartate, magnesium bis-glycinate)	220 mg	55%
Zinc (as zinc citrate)	7.5 mg	50%
Selenium (as selenium aspartate)	50 mcg	71%
Copper (as copper citrate)	0.5 mg	25%
Manganese (as manganese citrate)	0.25 mg	13%
Chromium (as chromium polynicotinate)	100 mcg	83%
Molybdenum (as molybdenum aspartate complex)	25 mcg	33%
Microcrystalline Hydroxyapatite Concentrate (MCHC)	1 g	*
Berberine HCl (from Phellodendron amurense bark extract)	180 mg	*
Reduced Iso-Alpha Acids Complex (from hops extract, Humulus lupulus L.)	740 mg	*
Choline (as choline bitartrate)	12.5 mg	*
Inositol	12.5 mg	*
Lycopene	3 mg	*
Zeaxanthin	1 mg	*
Lutein	3 mg	*
Resveratrol (from Polygonum cuspidatum root extract)	5 mg	*
Proprietary Phytonutrient Blend of:	200 mg	*
Citrus bioflavonoid complex [standardised to 45% hesperidin], green coffee bean extract [standardised to 45% chlorogenic acid], pomegranate whole fruit extract [standardised to 21.6 mg gallic acid equivalents (GAE)], grape seed extract [standardised to 90% polyphenols], blueberry (Vaccinium spp.) fruit extract [standardised to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardised to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardised to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardised to 6% catechins], rosemary extract [standardised to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid]		
Marine Lipid Concentrate	2 g	*
EPA (Eicosapentaenoic acid)	600 mg	*
DHA (Docosahexaenoic acid)	400 mg	*

#### PhytoMulti:

**Other Ingredients:** Microcrystalline cellulose, cellulose, croscarmellose sodium, silica, stearic acid (vegetable), and coating (hypromellose, medium chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin).

#### OmegaGenics EPA-DHA 500:

**Ingredients:** Marine lipid concentrate [fish (anchovy, sardine, and mackerel) oil], gelatin, glycerin, purified water, natural lemon flavour, mixed tocopherols, rosemary extract, and ascorbyl palmitate.

**Contains:** fish (anchovy, sardine, and mackerel).

#### Oстера:

**Other Ingredients:** Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, calcium silicate, silica, and coating (hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

**Bone Builder with Magnesium:**

**Other Ingredients:** Microcrystalline cellulose, sodium starch glycolate, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

**Each packet** contains: 1 PhytoMulti tablet (green), 2 OmegaGenics EPA-DHA 500 softgels (golden yellow), 2 Ostera tablets (yellow), and 2 Bone Builder with Magnesium tablets (off-white).

**Directions:** Take 1 packet daily or as directed by your healthcare practitioner.

**Products included are non-GMO and gluten free.**

**Warning:** Do not use if pregnant or nursing or if taking cyclosporine or anticoagulant medication. If taking other medication, consult your healthcare practitioner before use. Do not use before surgery.



## Zinc A.G

### Essential Zinc for the Immune Response

**Zinc A.G.** provides zinc that is essential to many aspects of human health, especially the immune system.

**Patient benefits:**

- Zinc A.G. is formulated for enhanced absorption to address zinc depletion
- Promotes healthy immune function
- Supports white blood cell and natural cell killer cell production
- Supports enzymatic activity associated with energy metabolism and tissue synthesis
- Designed for enhanced zinc absorption utilising proprietary, patented amino acids

<b>Ingredients</b>	<b>Amt Per Serving</b>	<b>% Daily Value</b>
<b>Serving Size:</b>	1 Tablet	
<b>Servings Per Container:</b>	60	
Zinc (as zinc arginate and zinc glycinate)	20 mg	133%

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and magnesium stearate (vegetable).

**Directions:** Take 1 tablet 1 to 2 times daily.

This product is non-GMO, gluten free and vegetarian.



## Zinc Drink

### Liquid Zinc Supplement

**Zinc Drink** is a convenient liquid zinc supplement that can be mixed with water or juice.

**Patient benefits:**

- Supports the enzymatic activity of over 100 enzymes associated with energy metabolism, protein synthesis, heme biosynthesis, carbon dioxide transport, and many other biochemical reactions
- Supports healthy immune function

<b>Ingredients</b>	<b>Amt Per Serving</b>	<b>% Daily Value</b>
<b>Serving Size:</b>	1 Teaspoon (5 ml)	
<b>Servings Per Container:</b>	28	
Zinc (as zinc sulfate)	15 mg	100%

**Other Ingredient:** Deionised water.

**Directions:** 1 teaspoonful daily between meals or as directed

This product is non-GMO, gluten free and vegetarian.

FOR ORAL USE ONLY



## Zinc Tally

### Zinc Status Test

**Zinc Tally** is a simple screening method for evaluating zinc status. By placing 2 teaspoons of Zinc Tally in the mouth, a lack of taste or a delayed taste perception suggests a possible zinc insufficiency. An immediate taste perception suggests zinc status may be adequate.

**Patient benefits:**

- Quickly helps determine zinc status
- May also be taken as a supplement

<b>Ingredients</b>	<b>Amt Per Serving</b>	<b>% Daily Value</b>
<b>Serving Size:</b>	2 Teaspoons (10 ml)	
<b>Servings Per Container:</b>	12	
Zinc (as zinc sulfate)	2 mg	13%

**Other Ingredient:** Distilled water.

**Directions:** Hold 10 ml (equivalent to 2 teaspoons) in the mouth for at least 10 seconds. Liquid can be swallowed after tasting.

This product is non-GMO, gluten free and vegetarian.

**Storage:** Refrigerate after opening.



# Product Ingredient Index

## 2'-Fucosyllactose (2'-FL)

- MetaKids Nutrition Powder
- UltraGI Replenish

## 17-hydroxy-docosahexaenoic acid (17-HDHA)

- SPM Active

## 18-hydroxy-eicosapentaenoic acid (18-HEPE)

- SPM Active

## Acetyl L-carnitine HCl

- Ceralin Forte

## Acid Protease

- SpectraZyme Complete

## Alanine

- BioPure Collagen Protein
- BioPure Protein
- Concentrated Ultra Prostagin
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°

## Alpha-Amylase

- SpectraZyme Complete

## Alpha-Ketoglutaric Acid

- Collagenics

## Alpha-Linolenic Acid (ALA) (from flaxseed)

- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Advanced Protein
- UltraMeal Cardio 360° Soy Protein

## Alpha-Lipoic Acid

- Meta Lipoate 300
- MetaGlycemX
- Wellness Essentials Healthy Balance

## Amla Fruit (*Phyllanthus emblica*)

- Andrographis Plus
- Exhilarin

## Amylase

- SpectraZyme Complete
- SpectraZyme Pan 9x
- SpectraZyme Pan 9x ES

## Amylase (porcine pancreas)

- Protrypsin

## Andrographis (*Andrographis paniculata*)

- Andrographis Plus
- MetalloClear

## Apple Fiber (*Malus domestica*)

- MetaFiber

## Apple Fruit Powder

- MetaKids Multi
- Phytoganix

## Arginine

- Arginine Plus
- BioPure Collagen Protein
- BioPure Protein
- UltraClear RENEW

## Arjuna (*Terminalia arjuna*)

- Cardiogenics Intensive Care
- Venaplex

## Artichoke (*Cynara scolymus* L.)

- AdvaClear
- Lipo-Gen
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Wellness Essentials Women

## Ashwagandha (*Withania somnifera*)

- Chasteberry Plus
- Exhilarin
- HisSynergy
- Licorice Plus
- Wellness Essentials Men's Vitality

## Asian Ginseng (*Panax ginseng*)

- Adreset
- SeroSyn

## Bacopa (*Bacopa monnieri*)

- Exhilarin

## Bamboo Shoot Extract

- Phytoganix

## Beet Root Powder

- MetaKids Multi
- Phytoganix

## Berberine HCl

- CandiBactin-BR
- EC Matrixx

## Berberine HCl (from *Phellodendron amurense* bark extract)

- Oстера
- Wellness Essentials Women's Prime

## Beta Tocopherol

- E Complex-1:1

## Beta-Carotene

- AdvaClear
- EstroFactors
- GI Sustain
- Multigenics Chewable
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°
- Wellness Essentials Women
- Wellness Essentials Pregnancy

## Beta-Carotene (beta-carotene, mixed carotenoids)

- Multigenics
- Multigenics without Iron

## Beta-Hydroxybutyrate

- Exogenous Ketones

## Beta-sitosterol

- Meta-Sitosterol 2.0

## Beta-Tocopherol

- E Complex-1:1

## Betaine HCl

- HerSynergy
- Lipo-Gen
- Methyl Care
- Multigenics
- Multigenics without Iron
- SpectraZyme Metagest
- Testralin
- Wellness Essentials Men's Vitality

## Bifidobacterium animalis

- MetaKids Baby Probiotic

## Bifidobacterium animalis subsp. Lactis (BI-04)

- UltraFlora Restore

## Bifidobacterium lactis (BI-07)

- MetaKids Probiotic
- UltraFlora Restore
- UltraFlora Balance
- UltraFlora IB
- UltraFlora Immune Health

- UltraFlora Spectrum

- UltraFlora Synergy

## Bifidobacterium lactis (BI-04)

- UltraFlora Spectrum

## Bifidobacterium lactis (B420)

- UltraFlora Control

## Bifidobacterium lactis HN019

- UltraFlora Acute Care

## Bioflavonoid (Citrus limon) Fruit Extract

- Cortico-B5B6
- Wellness Essentials Women

## Bioflavonoids (Citrus limon) Fruit

- Echinacea Synergy

## Biota Seed (*Biota orientalis*)

- AdvaClear
- Axis Endo

## Biotin

- EC Matrixx
- GI Sustain
- Glycogenics
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Tran-Q
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

## Bitter Melon (*Momordica charantia*) Fruit Extract

- Fenugreek Plus
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Wellness Essentials Women

## Blackberry Fruit Powder

- Phytoganix

## Black Cohosh (*Actaea racemosa*) Root & Rhizome Extract

- Black Cohosh Plus
- Chasteberry Plus

## Black pepper fruit powder

- Golden Fusion

## Blueberry Fruit Powder

- MetaKids Multi
- Phytoganix

## Borage Oil (*Borago officinalis*) Seed

- Attencia

**Broccoli (Brassica oleracea L. var. italica) Seed****Extract**

- GlutaClear
- SulforaClear

**Broccoli (Brassica oleracea L. var.italica) Sprout and Floret Powder**

- Phytoganix
- SulforaClear
- UltraClear RENEW

**Bromelain**

- Protrypsin
- Sinuplex

**Burdock Fruit (Arctium lappa)**

- Essential Defense

**Calamari Oil**

- MetaKids DHA
- OmegaGenics DHA 600

**Calcium**

- Axis Endo
- Benesom
- BioPure Protein
- Bone Builder Chewable
- Bone Builder Forte
- Bone Builder Prime
- Bone Builder with Magnesium
- Cardiogenics Intensive Care
- Concentrated Ultra Prostagin
- Cortico-B5B6
- Coratin
- E-400 Selenium
- Endefen
- Endura
- GI Sustain
- Hemagenics
- Mag Citrate
- MetaKids Multi
- MetaKids Nutrition Powder
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- MyoCalm
- MyoCalm Plus
- Phytoganix
- SulforaClear
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Ultra Potent-C 1000
- Ultra Potent-C Powder
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

**Calcium beta-hydroxybutyrate**

- Exogenous Ketones

**Calcium D-Glucarate**

- Axis Endo

**Carnitine**

- L-Carnitine with Chromium
- MitoVive

**Carnosine**

- Endura
- MetaGlycemX
- Wellness Essentials Healthy Balance

**Carrot Root Powder**

- MetaKids Multi
- Phytoganix

**Casein Tryptic Hydrolysate (milk)**

- Benesom
- NuSera

**Catechins (from decaffeinated green tea extract)**

- AdvaClear
- MetaGlycemX
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- Wellness Essentials Healthy Balance

**Cauliflower Head Powder**

- Phytoganix

**Chasteberry (Vitex agnus-castus) Fruit Extract**

- Chasteberry Plus

**Chen Pi (Citrus reticulata) Extract**

- Lipo-Gen

**Chinese Cinnamon (Cinnamomum cassia) Bark Powder**

- Golden Fusion

**Chinese Skullcap (Scutellaria baicalensis L.) Root Extract**

- Benesom
- CandiBactin-BR
- SeroSyn

**Cassia Bark Powder**

- Phytoganix

**Chia Seed Powder**

- Phytoganix

**Chinese Yam (Dioscorea oppositifolia) Root**

- Licorice Plus

**Chloride**

- Endura
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice

**Choline**

- AdvaClear
- Glycogenics
- Lipo-Gen
- MetaKids Nutrition Powder
- Multigenics
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

**Chondroitin Sulfate**

- ChondroCare
- Wellness Essentials Active

**Chromium**

- Axis Endo
- Endura
- GI Sustain
- L-Carnitine with Chromium
- MetaGlycemX
- MetaKids Nutrition Powder
- MitoVive
- Multigenics
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

**Chrysin**

- EstroFactors

**Chymotrypsin**

- Protrypsin

**Cinnamon [Cinnamomum burmannii (Nees) and/or Cinnamomum cassia] Bark Powder**

- Endefen
- MetaGlycemX
- Wellness Essentials Healthy Balance

**Citric Acid**

- Cenitol
- Endura

**Citrus Bioflavonoid Complex**

- Cortico-B5B6
- Multigenics
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Ultra Potent-C 1000
- Ultra Potent-C Chewable
- Ultra Potent-C Powder
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Women
- Wellness Essentials Women's Prime

**Coconut milk powder**

- Golden Fusion

**Collagen (hydrolysed)**

- BioPure Collagen Protein
- Golden Fusion

**Coenzyme Q10**

- CoQ10 ST-100
- CoQ10 ST-200
- NutraGems CoQ10 300

**Conjugated Linoleic Acid (CLA)**

- Ultra CLA

**Copper**

- AdvaClear
- Bone Builder Chewable
- ChondroCare
- Collagenics
- GI Sustain
- Hemagenics
- MetaGlycemX
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

**Coptis (Coptis chinensis) Root & Rhizome**

- CandiBactin-BR

**Cordyceps (Paecilomyces hepiali) Mycelium Extract**

- Adreset
- ImmuCore
- Renagen DTX

**Cowage (Mucuna pruriens) Seed Extract**

- HisSynergy
- Wellness Essentials Men's Vitality

**Cranberry (Vaccinium macrocarpon) Fruit**

- MetaKids Multi

**Curcuma (Curcuma longa) Rhizome Extract**

- Golden Fusion
- Inflationoid
- Inflationoid Intensive Care
- UltraInflamX Plus 360°

**Cysteine**

- Biopure Collagen Protein
- BioPure Protein
- Collagenics
- Echinacea Synergy
- GI Sustain
- Ultra Potent-C 1000
- Ultra Potent-C Chewable
- Ultra Potent-C Powder
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°

**D-Mannose**

- Endefen

**D-Xylose**

- Collagenics

**Deglycyrrhizinated Licorice (Glycyrrhiza glabra)****Root Extract**

- Glutagenics

**Delta Tocopherol**

- E Complex-1:1

**DHA (Docosahexaenoic acid triglyceride)**

- MetaKids Baby DHA & D3
- OmegaGenics DHA 900
- OmegaGenics EPA-DHA 2400
- OmegaGenics EPA-DHA 300 Algae

**DHA (Docosahexaenoic acid)**

- Attencia
- MetaKids DHA
- MetaKids Nutrition Powder
- OmegaGenics EPA 500
- OmegaGenics DHA 600
- OmegaGenics EPA-DHA 1000
- OmegaGenics EPA-DHA 2400
- OmegaGenics EPA-DHA 500 EC
- OmegaGenics EPA-DHA 720
- OmegaGenics EPA-DHA 750
- OmegaGenics Mega 10
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

**Dong Quai Root (Angelica sinensis)**

- Phytoganix
- Serenagen

**Dried Melon (Cucumis melo L.) Pulp Juice****Concentrate**

- Axis Endo

**Dyer's Woad Root (Isatis tinctoria)**

- Essential Defense

**Echinacea (Echinacea purpurea L.) Root Extract**

- Echinacea Synergy

**Ellagic Acid (from pomegranate whole fruit extract,****Punica granatum)**

- UltraClear RENEW

**EPA (Eicosapentaenoic Acid)**

- Attencia
- MetaKids Baby DHA & D3
- MetaKids DHA
- OmegaGenics DHA 600
- OmegaGenics EPA-DHA 1000
- OmegaGenics EPA-DHA 2400
- OmegaGenics EPA-DHA 300 Algae
- OmegaGenics EPA-DHA 500 EC
- OmegaGenics EPA-DHA 720
- OmegaGenics EPA-DHA 750
- OmegaGenics Mega 10
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

**Epigallocatechin Gallate (EGCG) (from decaffeinated green tea leaf)**

- MetaGlycemX
- Wellness Essentials Healthy Balance
- Fenugreek (Trigonella foenum-graecum) Seed Extract
- Fenugreek Plus
- HerSynergy

**Fermented Soybean Extract (Glycine max)**

- Essential Defense

**Fibre**

- MetaFiber

**Fish Protein Powder**

- Vasotensin

**Flaxseed Hull**

- Axis Endo

**Flaxseed Oil (Linum usitatissimum) Extract**

- Testralin
- Wellness Essentials Men's Vitality

**Flax Seed Powder**

- Phytoganix

**Folate**

- Lipo-Gen
- MetaGlycemX
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- Testralin
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraMeal Original
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Pregnancy

**Folate (as calcium L-5-methyltetrahydrofolate)**

- AdvaClear
- Axis Endo
- Ceralin Forte
- Ceriva
- EC Matrixx
- EstroFactors
- FolaPro
- Glycogenics
- Hemagenics
- HerSynergy
- Intrinsic B12/Folate
- Lipo-Gen
- Meta-Sitosterol 2.0
- MetaGlycemX
- MetaRelax
- Methyl Care
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Renagen DTX
- SeroSyn
- Testralin
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy

- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Folate

- MetaKids Nutrition Powder

#### Folate (as folic acid and calcium L-5-methyltetrahydrofolate)

- EstroFactors
- Glycogenics
- Hemagenics
- Intrinsic B12/Folate
- Renagen DTX
- UltraMeal Original
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality

#### Folate [(6S)-5-Methyltetrahydrofolic acid, glucosamine salt]

- Blisphora
- MetaKids Multi

#### Folic Acid

- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°

#### Forsythia Fruit (Forsythia suspensa)

- Essential Defense

#### Fructooligosaccharides (FOS)

- UltraFlora Synergy

#### Fu-Ling (Poria cocos)

- ImmuCore

#### Gamma Tocopherol

- E Complex-1:1
- Multigenics
- Multigenics without Iron

#### Gardenia Fruit (Gardenia jasminoides)

- Tran-Q

#### Garlic Bulb Powder

- Phytoganix

#### Ginger (Zingiber officinale) Rhizome Extract

- CandiBactin-BR
- Echinacea Synergy
- Essential Defense
- Inflammation Intensive Care
- UltraInflamX Plus 360°

#### Ginger (Zingiber officinale) Root Extract

- UltraInflamX Plus 360°

#### Ginger Root Powder

- Golden Fusion
- Phytoganix

#### Ginkgo (Ginkgo biloba) Leaf Extract

- GinkgoRose

#### Ginseng (Panax ginseng) Root Extract

- SeroSyn

#### Glehnia (Glehnia littoralis) Root

- Andrographis Plus

#### Glucosamine Sulfate

- ChondroCare
- Wellness Essentials Active

#### Glutamic Acid

- BioPure Protein
- Concentrated Ultra Prostagren
- UltraInflamX Plus 360°
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°

#### Glutamine

- BioPure Collagen Protein
- GI Sustain
- Glutagenics

- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°

#### Glutathione

- Echinacea Synergy
- Ultra Potent-C 1000
- Ultra Potent-C Chewable
- Ultra Potent-C Powder

#### Glycine

- BioPure Collagen Protein
- BioPure Protein
- Collagenics
- Concentrated Ultra Prostagren
- GI Sustain
- Hemagenics
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX
- UltraInflamX Plus 360°
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°

#### Grape (Vitis vinifera) Seed Extract

- Ceralin Forte
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Green Tea Extract (Camellia sinensis)

- AdvaClear
- Celapro
- Endefen
- MetaGlycemX
- Phytoganix
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Trancor
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Women

#### Guggul Resin Extract (Commiphora mukul)

- Lipotain

#### Gymnema (Gymnema sylvestre) Leaf

- Fenugreek Plus

#### Hawthorn (Crataegus oxyacantha) Leaf and Flower 5:1 Extract (contains hyperosides)

- Cardiogenics Intensive Care

#### Heartwood Extract (Acacia nilotica)

- Insinase

#### Hemicellulase

- SpectraZyme Complete

#### Holy Basil (Ocimum sanctum) Leaf Extract

- Exhilarin

#### Hops (Humulus lupulus) Cone Extract

- Benesom
- EC Matrixx
- Insinase

- Inflammation
- Inflammation Intensive Care
- Kaprex
- Kaprex AI
- MetalloClear
- MyoCalm Plus
- OsteoVantiv
- UltraClear RENEW
- UltraInflamX Plus 360°

#### Horse Chestnut (Aesculus hippocastanum) Seed Extract

- Venaplex

#### Horseradish tree (Moringa oleifera) leaf powder

- Golden Fusion

#### Horsetail (Equisetum arvense) Stem and Leaf Extract

- Collagenics

#### Huperzine A (from Huperzia serrata whole plant extract)

- Ceriva

#### Hydroxyproline

- BioPure Collagen Protein

#### Indian cardamom fruit powder

- Golden Fusion

#### Indole-3-Carbinol

- Meta I-3-C

#### Inositol

- Cenitol
- Glycogenics
- Lipo-Gen
- Multigenics
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Thyrosol
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Intrinsic Factor

- Intrinsic B12/Folate

#### Invertase

- SpectraZyme Complete

#### Iodine

- Axis Endo
- MetaKids Multi
- MetaKids Nutrition Powder
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Thyrosol
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice

- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
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- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Ipriflavone**

- Bone Builder Prime

#### **Iron**

- Axis Endo
- Collagenics
- GI Sustain
- Hemagenics
- MetaKids Nutrition Powder
- Multigenics
- Multigenics Chewable
- Phytoganix
- PhytoMulti with Iron
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
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- Wellness Essentials Women's Prime

#### **Isoflavones**

- EstroFactors
- UltraMeal Original

#### **Isomalto-oligosaccharides**

- GI Sustain
- Phytoganix
- UltraGI Replenish

#### **Japanese Honeysuckle Flower (*Lonicera japonica*)**

- Essential Defense

#### **Japanese Knotweed Root Extract**

- Phytoganix

#### **Job's Tears Seed (*Coix lachryma-jobi*)**

- Tran-Q

#### **Jujube Fruit (*Ziziphus spinosa*)**

- Serenagen
- Tran-Q

#### **Kale (*Brassica oleracea sabellica*) Leaf**

- MetaKids Multi

#### **L-5-Hydroxytryptophan (5-HTP)**

- SeroSyn

#### **Lactase**

- SpectraZyme Complete

#### **Lactobacillus acidophilus NCFM strain**

- MetaKids Probiotic
- UltraFlora Balance
- UltraFlora IB
- UltraFlora Restore
- UltraFlora Spectrum
- UltraFlora Synergy

#### **Lactobacillus acidophilus VK3 Strain**

- Phytoganix

#### **Lactobacillus paracasei**

- UltraFlora Restore

#### **Lactobacillus plantarum**

- UltraFlora Immune Booster
- UltraFlora Intensive Care

- UltraFlora Spectrum

#### **Lactobacillus rhamnosus**

- MetaKids Baby Probiotic
- UltraFlora Acute Care
- UltraFlora Women's

#### **Lactobacillus salivarius**

- UltraFlora Spectrum

#### **Lactobacillus salivarius UCC118**

- UltraFlora Integrity

#### **Lemon Balm (*Melissa officinalis*) Leaf Extract**

- Benesom
- Black Cohosh Plus
- CandiBactin-AR
- MyoCalm Plus

#### **Licorice (*Glycyrrhiza glabra*) Root Extract**

- Echinacea Synergy
- Licorice Plus

#### **Licorice Root, Chinese (*Glycyrrhiza uralensis*)**

- Tran-Q

#### **Limonene**

- Celapro
- UltraInflamX Plus 360°

#### **Lipase**

- Protrypsin
- SpectraZyme Complete
- SpectraZyme Pan 9x
- SpectraZyme Pan 9x ES

#### **L-Lysine**

- MetaKids Nutrition Powder

#### **Lophatherum Leaf (*Lophatherum gracile*)**

- Essential Defense

#### **Luduxin**

- MetalloClear

#### **Lutein**

- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Lycopene**

- BioPure Collagen Protein
- Celapro
- Concentrated Ultra Prostagren
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Testralin
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Lysine**

- BioPure Protein
- Collagenics
- Echinacea Synergy
- GI Sustain
- Ultra Potent-C 1000
- Ultra Potent-C Chewable
- Ultra Potent-C Powder
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°

- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Rice

#### **Maca Root Powder**

- Phytoganix

#### **Magnesium**

- Axis Endo
- Benesom
- BioPure Protein
- Bone Builder Chewable
- Bone Builder with Magnesium
- Cardiogenics Intensive Care
- Cenitol
- Collagenics
- Cortico-B5B6
- EC Matrixx
- Endura
- Fibroplex
- GI Sustain
- HerSynergy
- Lipo-Gen
- Mag Citrate
- Mag Glycinate
- Mag L-Threonate
- MetaKids Nutrition Powder
- MetaRelax
- Mg/K Aspartate
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- MyoCalm
- MyoCalm Plus
- OsteoVantiv
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Thyrosol
- Trancor
- Ultra Glucose Control
- Ultra Potent-C 1000
- Ultra Potent-C Powder
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Magnesium L-Threonate**

- Mag L-Threonate

#### **Maitake (*Grifola frondosa*)**

- ImmuCore

#### **Maitake Mushroom Whole Plant Powder**

- Phytoganix

#### **Malic Acid**

- Endura
- Fibroplex

- MitoVive

#### **Manganese**

- AdvaClear
- Axis Endo
- Bone Builder Chewable
- ChondroCare
- Fibroplex
- GI Sustain
- MetaGlycemX
- Methyl Care
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraGI Replenish
- UltraClear RENEW
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
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- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Medium-Chain Triglycerides**

- MCT Oil
- MCT Powder
- Ketogenic Shake
- Ketogenic Soup

#### **Melatonin**

- Benesom

#### **Methionine**

- BioPure Protein
- GI Sustain
- Lipo-Gen
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°

#### **Microcrystalline Hydroxyapatite Concentrate (MCHC)**

- Bone Builder Chewable
- Bone Builder Forte
- Bone Builder Prime
- Bone Builder with Magnesium
- Wellness Essentials Women
- Wellness Essentials Women's Prime
- NuSera

#### **Milk Thistle (Silybum marianum) Seed Extract**

- AdvaClear
- Axis Endo
- Phytoganix

#### **Mixed Carotenoids**

- Axis Endo
- Multigenics
- Multigenics Chewable

- Multigenics without Iron

#### **Molybdenum**

- AdvaClear
- Methyl Care
- Multigenics
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Motherwort (Leonurus cardiaca) Extract**

- Black Cohosh Plus

#### **MSM (methylsulfonylethane)**

- ChondroCare
- Collagenics
- Wellness Essentials Active

#### **N-Acetylcysteine**

- AdvaClear
- Axis Endo
- Ceralin Forte
- GlutaClear
- Methyl Care
- Renagen DTX
- Sinuplex
- Trancor
- UltraClear RENEW

#### **Nettle (Urtica dioica) Root Extract**

- Concentrated Ultra Prostagren
- Sinuplex

#### **Niacin**

- AdvaClear
- Axis Endo
- Ceralin Forte
- EC Matrixx
- Echinacea Synergy
- GI Sustain
- GlutaClear
- Glycogenics
- ImmuCore
- Lipotain
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- Niatain
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Thyrosol
- Ultra Potent-C 1000
- Ultra Potent-C Chewable
- Ultra Potent-C Powder
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein

- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
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- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Niacinamide**

- AdvaClear
- Ceralin Forte
- EC Matrixx
- Echinacea Synergy
- Endura
- GI Sustain
- GlutaClear
- Glycogenics
- ImmuCore
- MetaGlycemX
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Rice
- Wellness Essentials Pregnancy
- Wellness Essentials Women

#### **Oleanolic Acid**

- ImmuCore
- Kaprex
- Testralin
- Wellness Essentials Active
- Wellness Essentials Men's Vitality

#### **Omega-3 Fatty Acids**

- MetaKids Baby DHA & D3
- OmegaGenics EPA-DHA 2400
- OmegaGenics EPA-DHA 300 Algae

#### **Omega-7 Oil**

- OmegaGenics Mega 10

#### **Ophiopogon Root (Ophiopogon japonicus)**

- Serenagen

#### **Oregano Oil (Origanum vulgare)**

- CandiBactin-AR

#### **Oregon Grape (Berberis aquifolium) Root Extract**

- CandiBactin-BR

#### **Oyster Mushroom (Pleurotus ostreatus)**

- ImmuCore

#### **Pantothenic Acid**

- Adrenogen
- AdvaClear
- Axis Endo
- Collagenics
- Cortico-B5B6
- Endura
- GI Sustain
- Glycogenics
- MetaGlycemX
- MetaKids Multi

- MetaKids Nutrition Powder
  - Multigenics
  - Multigenics Chewable
  - Multigenics without Iron
  - PhytoMulti
  - PhytoMulti Capsules
  - PhytoMulti with Iron
  - Ultra Glucose Control
  - UltraClear Plus
  - UltraClear Plus pH
  - UltraClear RENEW
  - UltraGI Replenish
  - UltraInflamX Plus 360°
  - UltraMeal Original
  - UltraMeal Advanced Protein
  - UltraMeal Cardio 360°
  - UltraMeal Daily Support
  - UltraMeal Rice
  - Wellness Essentials Active
  - Wellness Essentials Healthy Balance
  - Wellness Essentials Men's Vitality
  - Wellness Essentials Pregnancy
  - Wellness Essentials Women
  - Wellness Essentials Women's Prime
- Para-Aminobenzoic Acid (PABA)**
- Adrenogen
  - Glycogenics
  - Multigenics
  - Multigenics without Iron
- Parsley Leaf Powder**
- Phytoganix
- Passionflower (*Passiflora incarnata*) Flower Extract**
- Benesom
  - MyoCalm
  - MyoCalm Plus
- Pepsin (porcine)**
- SpectraZyme Metagest
- Perilla (*Perilla frutescens*) Seed Extract**
- Perimine
- Phellodendron Bark (*Phellodendron chinense*)**
- CandiBactin-BR
- Phosphatides**
- Endefen
- Phosphorus**
- Axis Endo
  - BioPure Protein
  - Bone Builder Chewable
  - Bone Builder Forte
  - Bone Builder Prime
  - Bone Builder with Magnesium
  - Concentrated Ultra Prostagen
  - Coratin
  - E-400 Selenium
  - Endura
  - GI Sustain
  - MetaKids Nutrition Powder
  - MitoVive
  - SulforaClear
  - UltraClear Plus
  - UltraClear Plus pH
  - UltraClear RENEW
  - UltraGI Replenish
  - UltraInflamX Plus 360°
  - UltraMeal Original
  - UltraMeal Advanced Protein
  - UltraMeal Daily Support
  - UltraMeal Rice
- Wellness Essentials Women
  - Wellness Essentials Women's Prime
- Pineapple Fruit Powder**
- Phytoganix
- Plant Sterols**
- Coratin
  - UltraMeal Cardio 360°
- Plantain (*Musa paradisiaca*) Fruit**
- Endefen
- Platycodon (*Platycodon grandiflorum*) Root**
- Essential Defense
  - Serenagen
  - Tran-Q
- Polygala (*Polygala tenuifolia*) Root**
- Serenagen
  - Tran-Q
- Poria Fungus (*Poria cocos*)**
- Tran-Q
- Poria Fungus (*Wolfiporia cocos*)**
- Serenagen
- Potassium**
- Axis Endo
- BioPure Protein**
- Cardiogenics Intensive Care
  - Endefen
  - Endura
  - GI Sustain
  - Ketogenic Shake
  - MetaKids Nutrition Powder
  - Mg/K Aspartate
  - MitoVive
  - Multigenics
  - Multigenics without Iron
  - Ultra Potent-C 1000
  - Ultra Potent-C Powder
  - UltraClear Plus
  - UltraClear Plus pH
  - UltraClear RENEW
  - UltraGI Replenish
  - UltraInflamX Plus 360°
  - UltraMeal Original
  - UltraMeal Advanced Protein
  - UltraMeal Cardio 360°
  - UltraMeal Daily Support
  - UltraMeal Rice
  - Wellness Essentials Active
- Proline**
- Biopure Collagen Protein
  - BioPure Protein
  - Ceriva
  - Collagenics
  - UltraInflamX Plus 360°
  - UltraMeal Advanced Protein
  - UltraMeal Cardio 360°
- Prolyl Endopeptidase (*Aspergillus niger*)**
- SpectraZyme Gluten Digest
- Protease**
- Protrypsin
  - SpectraZyme Pan 9x
  - SpectraZyme Pan 9x ES
- Protein**
- Axis Endo
  - BioPure Protein
  - Endefen
  - Golden Fusion
  - Ketogenic Shake
  - Ketogenic Soup
- MetaFiber
  - MetaKids Nutrition Powder
  - Phytoganix
  - Ultra Glucose Control
  - UltraClear Plus
  - UltraClear Plus pH
  - UltraClear RENEW
  - UltraGI Replenish
  - UltraMeal Original
  - UltraMeal Advanced Protein
  - UltraMeal Cardio 360°
  - UltraMeal Daily Support
  - UltraMeal Rice
- Prune (*Prunus domestica*) Skin Extract**
- PhytoMulti
  - PhytoMulti Capsules
  - PhytoMulti with Iron
  - UltraClear RENEW
  - Wellness Essentials Active
  - Wellness Essentials Healthy Balance
  - Wellness Essentials Men's Vitality
  - Wellness Essentials Women
  - Wellness Essentials Women's Prime
- Quercetin**
- Multigenics
  - Multigenics Chewable
  - Multigenics without Iron
  - Sinuplex
  - UltraInflamX Plus 360°
- Quercetin Dihydrate**
- Phytoganix
- Quinoa (*Chenopodium quinoa* Willd.) Sprout Powder**
- Phytoganix
- Raspberry Fruit Powder**
- Phytoganix
- Raw Pancreas (porcine) Concentrate**
- Protrypsin
- Red Clover (*Trifolium pratense*) Extract**
- EstroFactors
- Reduced Iso-Alpha Acids**
- Insinase
  - Kaprex Al
- Reduced Iso-Alpha Acids Complex**
- Oстера
  - Wellness Essentials Women's Prime
- Rehmannia Root (*Rehmannia glutinosa*)**
- Licorice Plus
  - Serenagen
  - Tran-Q
- Reishi (*Ganoderma lucidum*)**
- ImmuCore
- Reishi Mushroom Whole Plant Powder**
- Phytoganix
- Resveratrol (*Polygonum cuspidatum*) Root Extract**
- EstroFactors
- Rhapontic Rhubarb (*Rheum raphaniticum* L.) Root Extract**
- Estrovera
- Rhodiola (*Rhodiola rosea* L.) Root Extract**
- Adreset
  - Thyrosol
- Riboflavin**
- Adrenogen
  - Axis Endo
  - Ceralin Forte
  - Endura

- GI Sustain
- Glycogenics
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- Methyl Care
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Thyrosol
- Ultra Glucose Control
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Rice Protein

- GI Sustain
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°
- UltraMeal Rice

#### Rosemary (*Rosmarinus officinalis* L.) Leaf Extract

- Axis Endo
- EstroFactors
- GinkgoRose
- Kaprex
- Meta I-3-C
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- UltraInflamX Plus 360°
- Wellness Essentials Active
- Wellness Essentials Women

#### Rutin

- VenaPlex

#### Saccharomyces boulardii

- UltraFlora Acute Care
- UltraFlora Spectrum

#### Sage (*Salvia officinalis*) Leaf Extract

- CandiBactin-AR

#### Saw Palmetto (*Serenoa repens*) Berry Extract

- Concentrated Ultra Prostagren

#### Schisandra Fruit (*Schisandra chinensis*)

- Serenagen

#### Schizonepeta Herb (*Schizonepeta multifida*)

- Essential Defense

#### Scrophularia Root (*Scrophularia ningpoensis*)

- Serenagen

#### Selenium

- AdvaClear

- Cardiogenics Intensive Care
- ChondroCare
- E-400 Selenium
- EC Matrixx
- GlutaClear
- ImmuCore
- Kaprex AI
- MetaGlycemX
- MetaKids Nutrition Powder
- MitoVive
- Multi-Min Chelate
- Multigenics
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Testralin
- Thyrosol
- Ultra Glucose Control
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Shiitake (*Lentinus edodes*)

- ImmuCore

#### Shiitake Mushroom Whole Plant Powder

- Phytoganix
- Sodium
- Axis Endo
- Golden Fusion
- Ketogenic Shake
- Ketogenic Soup
- MetaKids Multi
- MetaKids Nutrition Powder

#### Sodium beta-hydroxybutyrate

- Exogenous Ketones

#### Spinach Leaf Powder

- Phytoganix

#### Spirulina Whole Algae Powder

- Phytoganix

#### Soy isoflavone Extract (*Glycine max*)

- Testralin

#### Stigmasterol

- Meta-Sitosterol 2.0

#### Strawberry Fruit Powder

- Phytoganix

#### Streptococcus thermophilus St-21

- UltraFlora Spectrum

#### Tangerine Peel (*Citrus reticulata*)

- Tran-Q

#### Taurine

- AdvaClear
- Cardiogenics Intensive Care
- Collagenics
- Endura
- Lipo-Gen
- MetaGlycemX
- MetaRelax
- MitoVive
- Trancor

- UltraClear RENEW
- Wellness Essentials Healthy Balance

#### Tetrahydro Iso-Alpha Acids [from hops (*Humulus lupulus* L.) cone extract]

- OsteoVantiv

#### Theanine

- Attencia
- SeroSyn

#### Thiamin

- AdvaClear
- Axis Endo
- Ceralin Forte
- Endura
- Fibroplex
- GI Sustain
- Glycogenics
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
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- UltraMeal Rice
- Wellness Essentials Active
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- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Threonine

- BioPure Protein
- GI Sustain
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraInflamX Plus 360°
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Rice

#### Thyme (*Thymus vulgaris*) Oil

- CandiBactin-AR

#### Tribulus (*Tribulus terrestris*) fruit extract

- HisSynergy
- Wellness Essentials Men's Vitality

#### Trypsin

- BioPure Collagen Protein
- Protrypsin

#### Tryptophan

- BioPure Protein

#### Turkey Tail Mushroom (*Coriolus versicolor*)

- ImmuCore

#### Turmeric (*Curcuma longa* L.) Rhizome Extract

- Axis Endo

- Celapro
- EstroFactors
- MetalloClear
- Phytoganix
- Testralin
- UltraInflamX Plus 360°
- Wellness Essentials Men's Vitality

#### **Turmeric rhizome powder**

- Golden Fusion

#### **Valerian (Valeriana officinalis L.) Root Extract**

- Benesom
- MyoCalm
- MyoCalm Plus

#### **Vitamin A**

- AdvaClear
- Axis Endo
- BioPure Protein
- EstroFactors
- GI Sustain
- MetaKids Multi
- MetaKids Nutrition Powder
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Thyrosol
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Vitamin B6**

- Adrenogen
- AdvaClear
- Axis Endo
- Ceralin Forte
- Collagenics
- Concentrated Ultra Prostagren
- Cortico-B5B6
- EC Matrixx
- Endura
- EstroFactors
- Fibroplex
- GI Sustain
- Glycogenics
- HerSynergy
- Lipo-Gen
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- MetaRelax
- Methyl Care
- MitoVive

- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Renagen DTX
- SeroSyn
- Testralin
- Trancor
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
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- Wellness Essentials Women's Prime

#### **Vitamin B12**

- AdvaClear
- Axis Endo
- Blisphora
- Ceralin Forte
- EC Matrixx
- EstroFactors
- GI Sustain
- Glycogenics
- HerSynergy
- Intrinsic B12/Folate
- Lipo-Gen
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- MetaRelax
- Methyl Care
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Renagen DTX
- SeroSyn
- Testralin
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance

- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Vitamin C**

- AdvaClear
- Axis Endo
- Collagenics
- Cortico-B5B6
- Echinacea Synergy
- Endefen
- Endura
- GI Sustain
- GlutaClear
- Glycogenics
- ImmuCore
- Lipo-Gen
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- MitoVive
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- Phytoganix
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Sinuplex
- Ultra Glucose Control
- Ultra Potent-C 1000
- Ultra Potent-C Chewable
- Ultra Potent-C Powder
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### **Vitamin D**

- AdvaClear
- Axis Endo
- Bone Builder Chewable
- Bone Builder Forte
- Bone Builder Prime
- Bone Builder with Magnesium
- Concentrated Ultra Prostagren
- D3 1000
- D3 2000 Complex
- D3 5000
- D3 5000+K
- D3 Liquid
- EstroFactors
- GI Sustain
- ImmuCore
- Kaprex AI
- MetaGlycemX

- MetaKids Baby DHA & D3
- MetaKids D3 Liquid
- MetaKids Multi
- MetaKids Nutrition Powder
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- Ostera
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Testralin
- Thyrosol
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Vitamin E

- AdvaClear
- Axis Endo
- Ceriva
- CoQ10 ST-100
- E Complex-1:1
- E-400 Selenium
- Endura
- EstroFactors
- GI Sustain
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Thyrosol
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW
- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Vitamin K

- Axis Endo
- Coratin
- D3 5000+K
- EstroFactors
- MetaKids Nutrition Powder
- Ostera
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Watercress (*Nasturtium officinale*) Extract

- AdvaClear
- PhytoMulti
- PhytoMulti Capsules
- UltraClear RENEW
- Wellness Essentials Women

#### Whey

- BioPure Protein

#### White Mulberry (*Morus alba*) Leaf

- Andrographis Plus

#### Zeaxanthin

- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Women
- Wellness Essentials Women's Prime

#### Zhejiang Fritillaria (*Fritillaria thunbergii*) Bulb

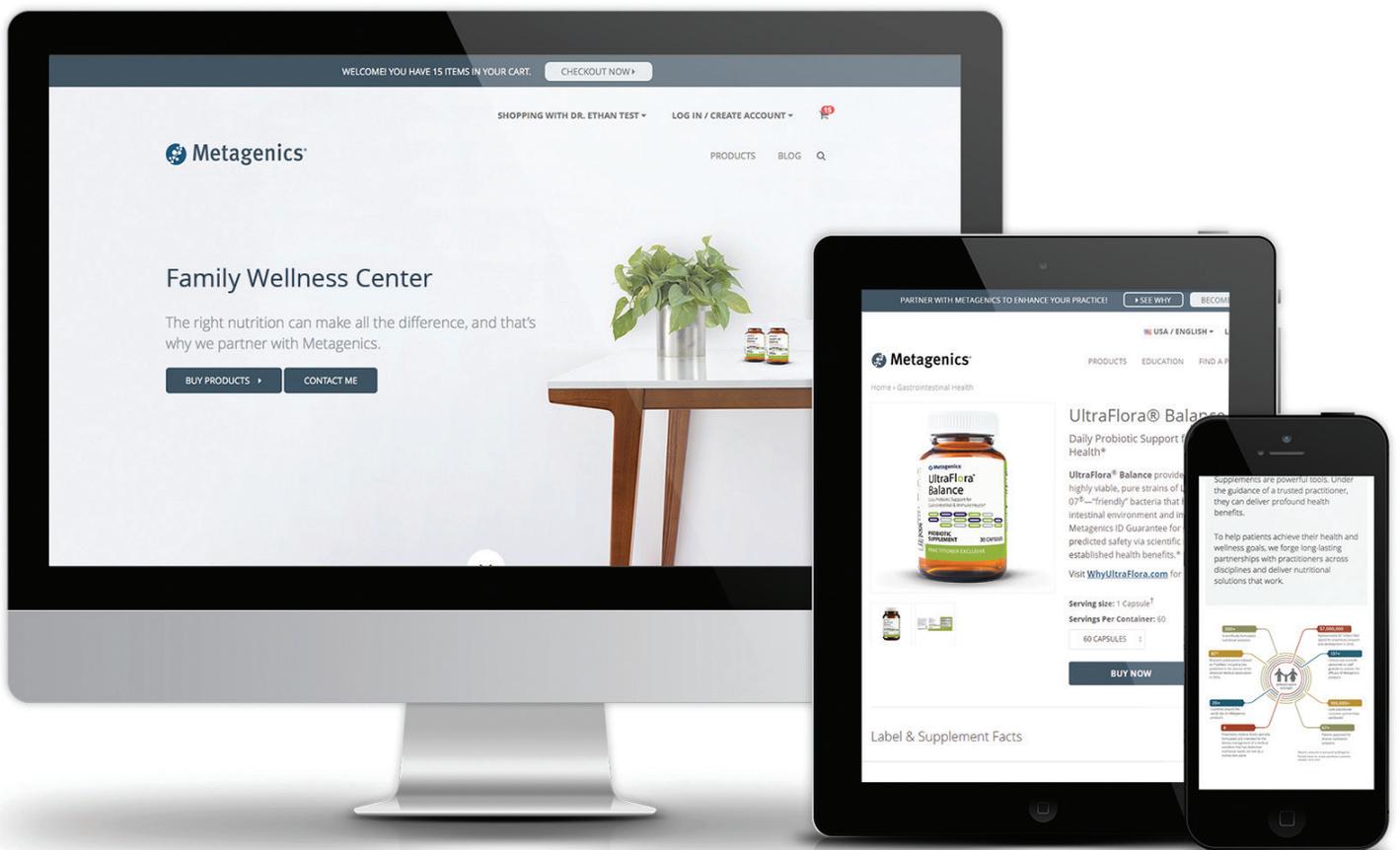
- Andrographis Plus

#### Zinc

- AdvaClear
- Attencia
- Axis Endo
- Bone Builder Chewable
- ChondroCare
- Collagenics
- Concentrated Ultra Prostagren
- EC Matrixx
- GI Sustain
- HerSynergy
- ImmuCore
- Kaprex AI
- MetaGlycemX
- MetaKids Multi
- MetaKids Nutrition Powder
- Methyl Care
- MetalloClear
- Multigenics
- Multigenics Chewable
- Multigenics without Iron
- PhytoMulti
- PhytoMulti Capsules
- PhytoMulti with Iron
- Testralin
- Thyrosol
- Ultra Glucose Control
- UltraClear Plus
- UltraClear Plus pH
- UltraClear RENEW

- UltraGI Replenish
- UltraInflamX Plus 360°
- UltraMeal Original
- UltraMeal Advanced Protein
- UltraMeal Cardio 360°
- UltraMeal Daily Support
- UltraMeal Rice
- Wellness Essentials Active
- Wellness Essentials Healthy Balance
- Wellness Essentials Men's Vitality
- Wellness Essentials Pregnancy
- Wellness Essentials Women
- Wellness Essentials Women's Prime
- Zinc A.G.
- Zinc Drink
- Zinc Tally
- Zinlori 75

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